

BEENLEIGH EVENTS CENTRE

Address: Kent Street & Crete Street, Beenleigh QLD 4207

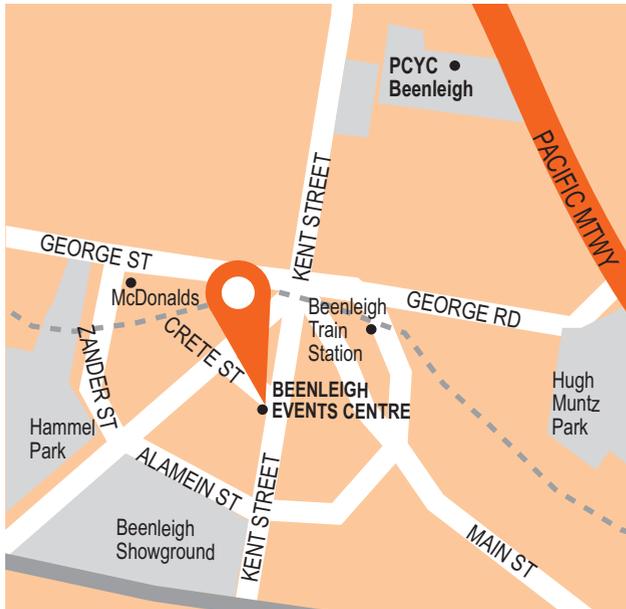
Facilities: Free parking, air conditioning, wheel chair access

Dance on Saturday Night includes rock band!

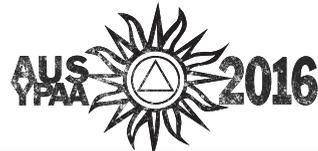
AA: Registration: Martinia 0416 228 428 info@ausypaa2016.org

General: Luke 0405 679 535 www.ausypaa2016.org

Al-Anon: Trish 0418 799 479



RELAX TAKE IT EASY



AA Preamble

Alcoholics Anonymous is a fellowship of men and women who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from alcoholism.

The only requirement for membership is a desire to stop drinking. There are no dues or fees for A.A. membership; we are self-supporting through our own contributions.

A.A. is not allied with any sect, denomination, politics, organization, or institution; does not wish to engage in any controversy, neither endorses nor opposes any causes.

Our primary purpose is to stay sober and help other alcoholics to achieve sobriety.

A CONVENTION FOR ALL AA MEMBERS ESPECIALLY THE YOUNG AT HEART



Australian Young People in AA National Convention
with Al-anon & Alateen participation

Beenleigh Events Centre | QUEENSLAND
Friday 29 | Saturday 30 | Sunday 31 | July 2016

RELAX TAKE IT EASY

A CONVENTION FOR ALL AA MEMBERS

FRIDAY FREE | SATURDAY \$15 | SUNDAY \$10 | WHOLE WEEKEND \$20
SATURDAY DINNER \$30 | DANCE INCLUDED IN SATURDAY REGISTRATION

PRE-REGISTRATION FOR SATURDAY DINNER IS ESSENTIAL

info@ausypaa2016.org OR www.ausypaa2016.org

Alcoholics Anonymous 3 Day Program

Al-Anon & Alateen 3 Day Program

Alcoholics Anonymous 3 Day Program			Al-Anon & Alateen 3 Day Program		
FRIDAY 5.00-7.00pm	Registration & Fellowship		FRIDAY 5.00-7.00pm	Registration & Fellowship	
7.00-7.30pm	Opening Ceremony		7.00-7.30pm	Opening Ceremony	
7.30-9.00pm	Public Information Meeting Guest Speaker, +AA, Al-Anon		7.30-9.00pm	Public Information Meeting Guest Speaker, +AA, Al-Anon	
SATURDAY 8.00-9.00am	Room 1 (AA - Main Room)	Room 2 (AA - Small Room)	SATURDAY 7.30am	Room 3 (Al-Anon)	Room 4 (Alateen)
9.15-10.30am	The Two Alternatives	Early Birds - God Directed Thinking How we established our relationship with God	9.15-10.30am	Registration Opens Relax and Take it Easy	
10.30-11.00am	Morning tea	Morning tea	10.30-11.00am	Morning tea	
11.00-12.30pm	The Cornerstone – Step 2	How to treat spiritually sick people	11.00-12.30pm	Growing up with Alcoholism	
12.30-1.30pm	Lunch	Lunch	11.30- 12.30pm		Alateen (Closed Meeting)
1.30-3.00pm	Quit playing God – Step 3	Removing Fear	12.30-1.30pm	Lunch	
3.00-3.30pm	Afternoon tea	Afternoon tea	1.30-3.00pm	To the Parent	
3.30-4.30pm	Facing indecision: Ask God then relax and take it easy	Constructively review our day	3.00-3.30pm	Afternoon tea	
5.00-6.00pm	(Beenleigh Meeting)	(Beenleigh Meeting)	3.30-4.30pm	Carrying the Message	
6.30-7.30pm	Dinner (2 course meal)	Dinner (2 course meal)	5.00-6.00pm	(No Al-Anon Meeting. Feel free to attend the AA Meeting or have fellowship time)	
7.30-Late	Dance	Dance	6.30-7.30pm	Dinner (2 course meal)	
SUNDAY 9.00-10.30am	Room 1 (AA - Main Room)	Room 2 (AA - Small Room)	7.30-Late	Dance	
10.30-11.00am	Receiving strength inspiration and direction	Willingness, honesty and humility	SUNDAY 9.00-10.30am	Room 3 (Al-Anon)	
11.00-12.30pm	Morning tea	Morning tea	10.30-11.00am	Freedom to be me	
12.30-1.30pm	Joy of living	Working with others	11.00-12.30pm	Morning tea	
1.30-3.00pm	Lunch	Lunch	12.30-1.30pm	Spiritual Concepts	
3.00-3.30pm	Long timers Meeting in Main Room		1.30-3.00pm	Lunch	
	Sobriety count down & farewell in Main Room		3.00-3.30pm	Long timers Meeting in Main Room	
				Sobriety count down & farewell in Main Room	

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In thinking about our day we may face indecision. We may not be able to determine which course to take. Here we ask God for inspiration, an intuitive thought or a decision. **We relax and take it easy.** We don't struggle. We are often surprised how the right answers come after we have tried this for a while. What used to be the hunch or the occasional inspiration gradually becomes a working part of the mind.

Being still inexperienced and having just made conscious contact with God, it is not probable that we are going to be inspired at all times. We might pay for this presumption in all sorts of absurd actions and ideas. Nevertheless, we find that our thinking will, as time passes, be more and more on the plane of inspiration. We come to rely upon it. **Page 86 Alcoholics Anonymous**

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Al-Anon Declaration: Let It Begin With Me. When anyone, anywhere, reaches out for help - let the hand of Al-Anon and Alateen always be there, and Let It Begin With Me.