

# How to use your inhaler with an AeroChamber with Mask™

## Steps:

1. Shake the inhaler for 5 seconds.
2. Remove the cap from the inhaler.
3. Attach the inhaler mouthpiece into the open end of the AeroChamber™ with mask.
4. Apply the face mask to the child's face so the nose and mouth are covered.
5. Push the inhaler canister once so the medication will go into the chamber while keeping the mask firmly in place.
6. Keep the mask in place and count 6 breaths.
7. Wait at least 1 minute between each puff and repeat.
8. Always swish and spit or brush your teeth after using your controller medication.



## Cleaning:



Wash the mask and chamber once a week in clear dish soap, rinse well and air dry.

Information provided by Nemours Children's Specialty Care, Jacksonville  
Division of Pulmonology



A collaborative program for children of