

## Radiation Treatment Skin Care Products

Skin reactions from radiation treatment often appear after two weeks of therapy. Common skin reactions include:

- redness;
- dry, flaky skin (dry reaction);
- open, weeping skin (moist reaction); and
- itching or discomfort.

Report any symptoms including skin reactions to your doctor or nurse.

### Aquaphor®

Your radiation oncology nurse will give you instructions on how to take care of your skin. You will receive Aquaphor, a petroleum-based cream. Begin using Aquaphor as soon as your radiation oncology nurse tells you to. Use Aquaphor **only** if you are instructed to do so by your doctor or nurse.

- Put a small amount of the Aquaphor in the palm of your hand. Rub until the cream is warm and thin. Apply the Aquaphor lightly to the treated area with your fingertips.
- **Do not** apply the Aquaphor over any markings the therapist may have drawn on your skin.
- Apply Aquaphor **after** your last treatment of the day and before you go to sleep at night. Use only if instructed by your doctor or nurse.

### Lantiseptic® Cream

Lantiseptic is a barrier cream to be used around the anal and or vaginal area. Use this as directed by your radiation oncology nurse.

### Silvadene® Cream

Silvadene is an antibacterial cream to be applied to an area of moist, damaged skin as directed by your radiation oncology doctor or nurse. Tell your nurse if you are allergic to sulfa drugs.

## **CoolMagic™ Gel Sheet**

Cool Magic dressing is a thin, transparent dressing that helps soothe moist, damaged skin. Your radiation oncology nurse will teach you how to apply this dressing.

If your skin becomes moist and weeps, you will receive additional instructions for skin care.