

Lymphedema Bandage Care

Follow the instructions below to clean and care for your lymphedema bandages. It is important to **use liquid soap** to wash the finger webbing, low-stretch bandages, knitted lining and foam.

Finger Webbing

Hand wash finger webbing. Rinse the webbing well with clear water. Any remaining soap residue may cause skin irritation.

Low-Stretch Bandages

- Hand wash low-stretch bandages in hot water **or** place in a lingerie bag and wash in a washing machine.
- **Do not** use bleach or Woolite[®].
- Make sure to rinse the bandages thoroughly with clear water. Remove any remaining water from the bandages by rolling them up in a dry towel and gently squeezing them.
- Allow the bandages to **air dry on a flat surface. Do not hang to dry.**
- Bandages should be washed after **every third** application.
- Do not iron the bandages.
- Replace the bandages after **every two to three months** of use.

Knitted Lining

- **Hand wash** the soft white knitted lining. Rinse thoroughly with clear water. Any remaining soap residue may cause skin irritation.
- Allow to air dry.

Foam

- Roll foam into a tight roll and submerge into soapy water. Squeeze several times.
- Rinse in clear water and allow to air dry.

Padding

The thick white padding is **not** washable.