

## BMDA Instructions for Penile Self Injections General Urology Clinic

### Home Care

1. You are currently using \_\_\_\_\_ cc of \_\_\_\_\_.
2. You **MUST** wait at least 48 hours between injections
3. If you have an erection that lasts longer than four hours, you need to call our clinic immediately or go to Emergency Room.
4. If you do not get an erection after injecting the medication, **DO NOT REINJECT**. You must wait 48 hours before trying again.
5. Syringes can be used one time only. Dispose the syringes carefully in an appropriate **biohazard** container after use. Do not dispense in regular trash.
6. To prevent scar tissue build up, it is best to rotate or alternate the injection site from side to side.
7. **DO NOT** increase the dose of your medication without calling our urology clinic first.

### Special Instructions

1. Call if you have any questions or concerns regarding treatment.
2. Keep medication in refrigerator and in the box in which you received it.
3. You will need to call the clinic for refills.

### Follow-up Care

We will continue to see you in clinic for follow-up.

### Emergency Center

In case of any emergency, call 911 or go to the nearest emergency center.

*For non-emergencies during business hours, call our triage line at 904-202-7300 option 3.*