

XIAFLEX

General Urology

Xiaflex is a prescription medicine used to treat adult men with Peyronie's Disease with an abnormally curved penis and a plaque that can be felt.

Home Care

After Treatment:

- Within 24 hours after treatment, your penis may appear bruised and/or swollen and you may have mild to moderate penile pain.

Special Instructions

- Do not have sex or any other sexual activity between the first and second Xiaflex injections of a treatment cycle
- Do not have sex or any other sexual activity for at least 2 weeks after the second Xiaflex injection of a treatment cycle and after any pain and swelling have gone away or until given permission by your healthcare provider

For the six weeks after each treatment cycle, you will need to perform the following gentle penis stretching and straightening activities. Your doctor will tell you exactly when to start and how long to continue.

1. Penis Stretches (when penis is not erect)
 - Grasp the tip of your penis with the fingers of one hand and hold the base of your penis with the fingers of your other hand
 - **Gently** pull your penis away from your body to its full length
 - Hold the stretch for 30 seconds
 - Let go and allow your penis to return to its normal, unstretched length
 - Do this stretching 3 times each day, only when the penis is **not** erect.
2. Penis straightening (when penis is erect)
 - If you have a spontaneous erection, not related to sexual activity, attempt to straighten your penis by gently bending the shaft in the opposite direction of the curve, but so forcefully so as to produce significant pain or discomfort.
 - Hold the penis in this more straightened position for 30 seconds, then let go.
 - Do this straightening only one time each day. If you do not have a spontaneous erection, do not attempt the penis straightening activity

Follow-up Care

Call your doctor or nurse when you have any of the following symptoms of penile fracture or other serious injury to the penis:

- Severe purple bruising and swelling of your penis
- Severe pain in your penis
- A popping sound or sensation in an erect penis
- Sudden loss of the ability to maintain an erection
- Difficulty urinating or blood in the urine

Emergency Center

In case of any emergency, call 911 or go to the nearest emergency center. *For non-emergencies during business hours, call our triage line at 904-202-7300 option 3.*