

ENDORSEMENTS

"I will always be grateful for the committed and experienced instructors who led the Ignatian internship. I learned and practiced tools which will help my directees grow in their relationship with God. After graduating, I am confident about being able to use what I have learned in order to work with others on their spiritual journey."

- Diane O.

"I was surprised to be a member of the first intern class at Bellarmine; I should say God surprised me. I had been praying in an Ignatian way for many years, but the practice of spiritual direction really helped me see how God is truly present in all circumstances and all things."

- Robert B.



APPLICATION PROCESS

Application forms may be downloaded by visiting www.jesuitretreat.org/pages/7 or calling the Bellarmine office at 847-381-1261.

Send your completed application form to the attention of Fr. Richard McGurn, SJ to the mailing address below or email it to rmcgurn@jesuitretreat.org. Applications must be accompanied by a \$50 application fee. All applications must be post-marked by June 1 to be accepted. Please make checks payable to Bellarmine Jesuit Retreat House, Inc.

After applications have been reviewed, candidates will be contacted to schedule an interview. Interviews will occur between June 11, 2018 and July 20, 2018. Classes will begin on September 17, 2018.

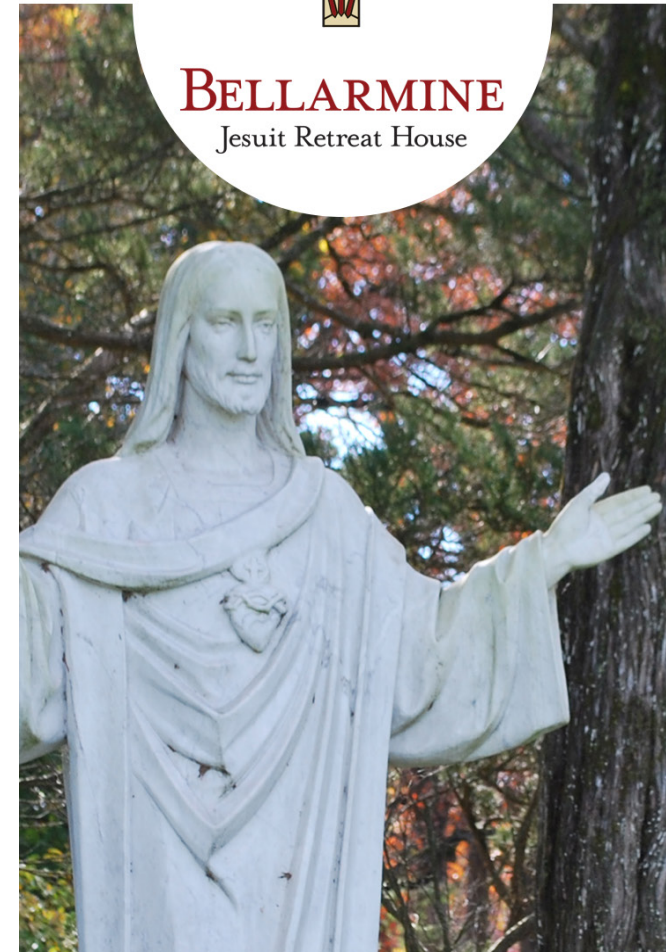


BELLARMINE
Jesuit Retreat House

420 W County Line Road • Barrington, IL 60010
847-381-1261 • info@jesuitretreat.org
www.JesuitRetreat.org

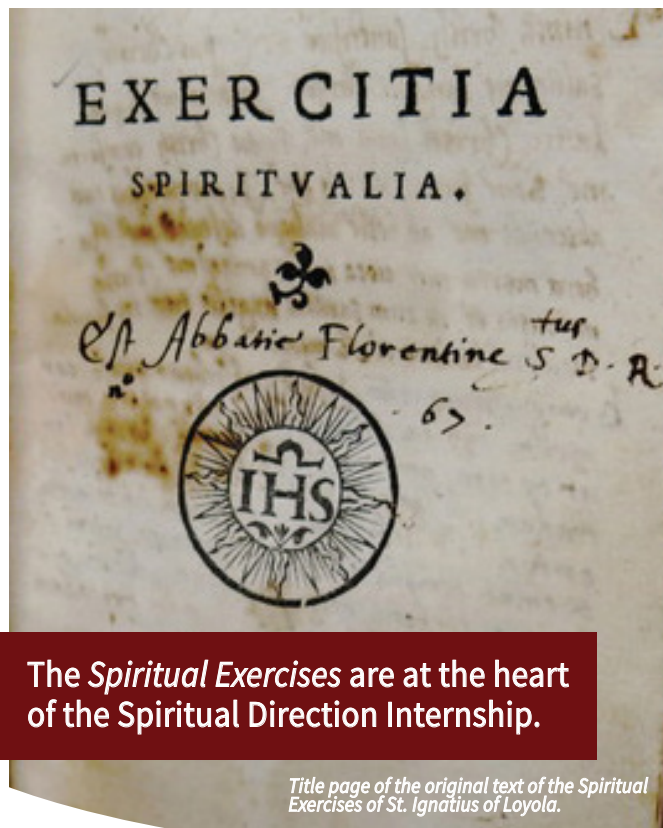


BELLARMINE
Jesuit Retreat House



**Spiritual Direction
Internship Program**

*A 2-Year Training Program
in the Ignatian Tradition,
with Optional 3rd Year*



Title page of the original text of the *Spiritual Exercises* of St. Ignatius of Loyola.

BEGINNING SEPTEMBER 2018

Our three-year program focuses on the dynamics of the spiritual direction conversation in the tradition of St. Ignatius Loyola's *Spiritual Exercises*. A spiritual director in training will learn how to help a person listen contemplatively to God's movement in his or her life.

We will present the foundational principles in Ignatian Spirituality and Christian decision-making. Theory and practice will combine to develop skills in fostering intimacy with God and discernment of God's presence and action, both in your life and in the lives of those whom you assist.

YEAR 1

Classes will meet twice per month and will focus on teaching the theory of spiritual direction, as well as interactive training in listening and responding skills. Participants will begin a Spiritual Direction Practicum with individual supervision after the first of the year.

(Year 1 Tuition - \$1,000)



YEAR 2

Classes will meet twice per month. Course work will focus on a thorough study of the text and dynamics of the *Spiritual Exercises* of St. Ignatius Loyola. Participants will be asked to pray the *Spiritual Exercises* over a period of nine months and to continue the Spiritual Direction Practicum begun in Year One. Individual and group supervision will be provided.

(Year 2 Tuition - \$1,000)



OPTIONAL YEAR 3

Classes will meet once per month, and will highlight further theory and practice of St. Ignatius' discernment of spirits in relation to specific issues in spiritual direction, e.g. aspects of women's spirituality, experiences of mourning and suffering, advanced degrees of prayer. Participants will have the opportunity to offer the Exercises to individuals and/or small groups. Individual and group supervision will be provided.

(Year 3 Tuition - \$1,000)

MEET THE DIRECTORS



Lynn Sprehe is a spiritual director trained in the Ignatian Tradition. She is a Counselor with graduate degrees in Pastoral Studies and Clinical Psychology. She is married and the mother of three sons.



Fr. Richard McGurn, SJ, MA Psych, MDiv, was ordained in 1975. He directed the internship for spiritual directors at the Jesuit retreat house in Cincinnati. He has served the Chicago Jesuits overseeing the formation of Jesuits preparing for ordination and ministry.

Class Sessions for Year 1 Mondays at 6:30-9:00 pm

Sept 17, 2018	Jan 8, 2019
Oct 1	Jan 21
Oct 15	Feb 4
Oct 29	Feb 18
Nov 12	Mar 4
Nov 26	Mar 18
Dec 10	Apr 1
	Apr 15
	Apr 29
	May 6