

"Yoga for Gratitude: Sin, Grace & Acceptance"

February 1-3, 2019

Retreat Master Bobby Karle, SJ An Ignatian, Silent Yoga Retreat for Women

Ignatian Yoga is a collaborative ministry of Jesuits and lay people that integrates the spirituality of St. Ignatius and the practices of yoga and meditation. Ignatian Yoga invites participants to reflect on God's presence in their life experiences, connecting mind, body, and spirit with a diverse array of old and new practices. The retreat will offer an explanation and experience of Ignatian spirituality and yoga, as well as periods of personal prayer and group reflection.

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Meet Bobby Karle, SJ

Bobby Karle is a Jesuit from the Midwest Province and founder of Ignatian Yoga. He is originally

from the Detroit area. He began practicing yoga in 2009, in between serving as a Jesuit Volunteer in Belize and entering the Jesuits in 2010. He is a 500-hour yoga teacher, has a Masters degree in Philosophy from Fordham University, and Bachelors degree in Anthropology from DePaul University. He currently teaches at Brebeuf Jesuit Prep.

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To register, visit us online at **www.jesuitretreat.org**, call the office, or complete this form and mail it to the address above accompanied with your **\$85 deposit**. If you are interested in *Flexible Funding*, please call the office at 847-381-1261.

| I am registering for the followin | g retreat (list date): | February 22-24 | , 2019 Men's Weekend Retreat |
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| Name:Address: | Enclosed is my check payable to: Bellarmine Jesuit Retreat House, Inc. (Checks are preferred) | |
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| City/State/Zip: | Please charge my credit card: \$ | |
| Phone: | Credit Card Type, <i>if applicable:</i> Visa Amex MC Discover Card #: | |
| Email: | Expiration date: | |
| Dietary Requests: | Signature: | |
| Room Requests: | Suggested retreat contribution: Weekend Retreat is \$285 per person (\$85 deposit); 4-Day Retreat is \$360 per person | |
| Captain/Group Name (if applicable): | 85 deposit); Overnight Retreat is \$185 per person (\$85 deposit) | |