



Written and performed by Matt Sax Developed in collaboration with and Directed by Eric Rosen

> Sep 13–Oct 14, 2007 Kirk Douglas Theatre

Center Theatre P.L.A.Y. Group Performing for Los Angeles Youth



### How to Use the Discovery Guide



#### TO THE TEACHER

The *Clay* Discovery Guide is designed to help you lead students through an exploration of the music and theatrical conventions used by Matt Sax in *Clay*. The initial portion of the guide is aimed at deepening students' understanding of the history of and cross-cultural relationships between different musical styles and types of storytelling. It is with this awareness of the interconnectedness of human expression that students can become even stronger critical thinkers, whether examining classical literature or modern day hip hop. The latter portions of the Discovery Guide are aimed at helping students find their particular voices through accessing personal experience, exercising poetic expression and exploring characterization. These Teaching Instructions also offer suggestions for alternate exercises, which will stimulate further discussion and the development of future creative work.

A chart is provided with a few examples that cross-reference instructional strands from the state Theatre Arts standards with English-Language Arts and English Language development standards.

The Discovery Guide is a starting

**point.** Please adapt the material and extend the learning activities to meet the needs of your particular community of learners. Our hope is that the content is not merely useful, but also inspirational, and that you and your students will find joy in the process of learning through the multi-faceted art of theatre.

The Discovery Guide is not designed as an independent workbook. It is a resource for learners to develop skills in storytelling, literary analysis and collaboration that are essential in Theatre Arts, Language Arts, History/Social Sciences and other content areas. Oral discussion and writing prompts are designed so that students may relate key ideas to their personal experiences and the world around them. Teachers are expected to adapt or extend the prompts. Teachers may choose some prompts for small group discussion and others for the whole group.

**Scope and Sequence of the Lessons** In order to provide a comprehensive and sequential unit of study, we suggest that students have the opportunity to explore the whole variety of lessons in the Discovery Guide.

The activities are designed for completion in sequence. Introduce the vocabulary before students encounter it in the reading. The activities on pages 4 through 10 are to be completed before the students see the production of *Clay*. The discussion and writing prompts on pages 11 through 14 and the Internet links and books on page 15 are intended to stimulate reflection, analysis and further inquiry after students attend the play.

### THE GOALS

Regardless of grade level, the unit is designed to teach *enduring understandings* that students will take with them for life. One set of these understandings is about the art of theatre. The other is drawn from the play's themes. Charted below are some *essential questions* that can be raised before, during and after students' experience at the performance to guide them toward the enduring understandings.

	THEATRE KNOWLEDGE AND SKILLS	SOCIAL AND LITERARY THEMES
Enduring Understandings	Knowing the basics of poetic language gives one the keys to understanding many forms of theatre, from a Shakespeare play to a hip hop musical. The basic archetypes of storyline and character are profoundly similar in both classical myths and contemporary drama.	The need for poetic expression and musicality is a fundamental human quality, not exclusive to any particular community of people. The basic themes in drama, such as the young person's journey into self-discovery and adulthood, are universal in every culture. The ability of the individual to channel personal challenges and hardship into artistic creativity is vital to the empowerment of that person.
Essential Questions	How does rhythm affect the intentions and impact of poetic language? Which elements of the main character's journey seem to be present in most myths and archetypal drama? Within the world of the play, how does a character's use of language, intellect and wit empower that character?	In what ways might audiences learn about their own lives by watching the journey of a character onstage? How might writing or rapping about difficulties or obstacles in one's life empower that person? What are the similarities between rap music and poetry?

#### ENGLISH-LANGUAGE ARTS Literary Response and Analysis:

Structural Features of Literature 3.2 Compare and contrast the presentation of a similar theme or topic across genres to explain how the selection of genre shapes the theme or topic.

Narrative Analysis of Grade-Level-Appropriate Text 3.6 Analyze the way in which authors through the centuries have used archetypes drawn from myth and tradition in literature, film, political speeches and religious writings.

#### Writing Strategies:

Organization and Focus 1.1 Establish a controlling impression or coherent thesis that conveys a clear and distinctive perspective on the subject and maintain a consistent tone and focus throughout the piece of writing.

1.2 Use precise language, action verbs, sensory details, appropriate modifiers and the active rather than the passive voice.

#### Writing Applications:

- 2.1 Write short stories:a. Relate a sequence of events and communicate the significance of the events to the audience.
- b. Locate scenes and incidents in specific places.

c. Describe with concrete sensory details the sights, sounds and smells of a scene and the specific actions, movements, gestures and feelings of the characters.

d. Pace the presentation of actions to accommodate changes in time and mood.

e. Make effective use of descriptions of appearance, images, shifting perspectives and sensory details.

### THEATRE Artistic Perception:

Development of the Vocabulary of Theatre 1.1 Use the vocabulary of theatre, such as acting values, style, genre, design and theme, to describe theatrical experiences.

### Historical and Cultural Context:

Role and Cultural Significance of Theatre

3.1 Identify and compare how film, theatre, television and electronic media productions influence values and behaviors.

### **Aesthetic Valuing:**

Derivation of Meaning from Works of Theatre

4.2 Report on how a specific actor used drama to convey meaning in his or her performances.



All of the questions posed to the individual student reader throughout this section of the Discovery Guide also provide strong material for pre-play and in-class group discussion.



Page 4

### Page 4: The Seeds of Rhythmic Speech

Rationale: In Clay, performer Matt Sax uses hip hop music to tell a story. Although students may end up acquiring a deeper knowledge of hip hop, much of this Discovery Guide is aimed at deepening their understanding of hip hop's relationship to other forms of music, literature and storytelling. Because certain aspects of popular contemporary music may be "too close to home," it is important that students are presented with a broader view of the roots and history of the music. By tracing the lineage and relationships of rhythm, musicality and poetic language, particularly across different cultures, students can begin to appreciate the universality of the language of hip hop and apply this knowledge to other forms of drama and literature.

**Exercise:** Have students discuss their experiences of attending events such as hip hop shows, rock concerts or church services. Ask them how the rhythm and musicality of the events affected their experience.

**Exercise:** Read and discuss the descriptions of "The Griots of West Africa" and "Native American Tribal Chant." Just as these forms of rhythmic and musical speech served valuable functions within their respective societies, such as passing on tribal history and imparting wisdom, what functions might rap or other contemporary music serve within our daily lives?

**Exercise:** Play the fist two selections from the provided CD, "Nege Sirimang" and "Sun Dance Song." The first excerpt is an example of West African griots music. There is also a video of griots on YouTube: type in "Griots of Yelekela." The second excerpt is an Apache sun dance. The sun dance ceremony celebrates renewal, spiritual rebirth and the regeneration of the earth. Have students write down what images come to mind for them. Then, ask the students to write down how the rhythm contributes to the overall experience of the song. Discuss what elements of rhythmic speech may be universal, regardless of language.





Page 6

### Pages 5–7: The Roots and Branches of Hip Hop

Rationale: Just as with studying any style of theatre or literature, it is important to familiarize one's self with the language, structure and themes of that style. Deeply intertwined with the history of hip hop is the history of both the United States and the many immigrant cultures that have commingled. The passion and struggles of the people can be heard in the voices and beats of the music. It is this through line of rhythm and basic human needs that makes hip hop so universal. As Matt Sax points out with *Clay*, regardless of race or circumstances, everyone has inner struggles and everyone must find a way to express those feelings and overcome them.

**Exercise:** Have students informally discuss their familiarity with current hip hop. Ask if any students know anything about the history of hip hop. If some students prefer different types of music, have them talk about what aspects of those types of music they respond to.

**Exercise:** Read and discuss the "Roots and Branches of Hip Hop" section, paying particular attention to the vocabulary words. Have students talk about their or their parents' familiarity with some of the older roots of hip hop, such as jazz and blues. It may be helpful for the teacher to share his or her particular musical taste and familiarity with these other forms.

### **Exercise: Listening Section** Play the selected excerpts from the songs on the CD provided.

**First Listen:** As you play each song excerpt for the first time, have students write down words as they come to mind. The purpose is for students to respond instinctually to the music.

**Second Listen:** As you play each song excerpt for the second time, have students answer the specific questions provided. This time, encourage students to think more critically about what and how the speaker is communicating. There is room in the Discovery Guide for only three responses. Choose three selections, or have students use a seperate sheet for additional songs.

The excerpts on the CD are from the following songs:

- Nege Sirimang (Traditional) Alhaji Amara Sahone: Griots: Ministers of the Spoken Word Smithsonian Folkways Recordings, 1975
- 2. Sun Dance Song (Traditional) Pow Wow Songs – Music of the Plains Indians (Apache) 1975
- 3. **Kyema Mimin** (Traditional) Choying Drolma & Steve Tibbetts: *Chö* Rykodisc, 1997 Tibetan Buddhist chant, passed down from master to student over thousands of years

	le words or slarg do you here the speaker using? the speaker using in place of words? What feeling do the sounds conver? the song contribute to what the speaker is trying to express?
iong Title	
Message	
Invented Words/Slang:	and the second
Sounds:	
. Bydra	
iong Title	
Message:	
Invented Words/Slang:	
. Sounds:	
Bythre	
iong Title	
Message.	A.
Invented Words/Slang:	
. Sounds:	

Page 7

- 4. She Began to Lie (Greg Hale Jones; contains "Sea Lion Woman" sung by Christine & Katherine Shipp) Carter Burwell: *The General's Daughter* Motion Picture Soundtrack Milan Records, 1999
  "Sea Lion Woman" is an African-American work song, recorded in the 1930s.
- 5. **The Message** (Grandmaster Flash & the Furious Five) Grandmaster Flash & the Furious Five: *The Message* Sugar Hill Records, 1982
- 6. **I'm Bad** (L.L. Cool J) L.L. Cool J: *Bigger and Deffer* Def Jam/Columbia, 1987
- 7. **La Raza** (Kid Frost) Kid Frost: *Hispanic Causing Panic* Virgin Records, 1990
- 8. Ladies First (Queen Latifah) Queen Latifah featuring Monie Love: All Hail the Queen Tommy Boy Records, 1989
- Fight the Power (Shocklee, Sadler and Ridenhour)
   Public Enemy: Do The Right Thing Motion Picture Soundtrack
   Tamla Records, 1989
- 10. 8 Mile (Eminem) Eminem: Music from and Inspired by the Motion Picture 8 Mile Shady Records, 2002

 I'm Raw (Lyrics Born) Lyrics Born: Same !@#\$ Different Day Quannum Projects, 2005 Lyrics Born is a Japanese-American rap artist.

Alternate Exercise: Have students do the above exercise with other songs of your choosing.



Page 8

### Pages 8–10: Uncovering the Myth

Rationale: Just as all styles of music share certain common elements. so do many styles of storytelling. Particularly in the case of myths, which speak to very basic themes of human nature, the same types of characters and story arcs continually reappear, regardless of cultural difference. It is important for young people to see the continuity between classical tales and modern day stories. A basic grasp of fundamental character types and themes can be invaluable to a student, not only as a writer or performer, but also as a critical thinker in our often chaotic modern world.

**Exercise:** Read and discuss the archetype vocabulary. Have students break down the character types and story events within both *Star Wars* and *The Matrix*. Ask students if there are other modern stories (books, plays, movies) which may have similar elements. Consider the *Harry Potter* series, *Lord of the Rings* or similar contemporary stories.

Alternate Exercise: Choose a classic play or other work of fiction, such as *Hamlet* or *Catcher in the Rye*, which has similar archetypal elements. It may prove beneficial to pick a work which the students are already studying in English class. Draw parallels to the contemporary films already discussed. Whether examining works from classic literature or popular culture, this type of critical thinking will help students become more active participants in their environment.



Page 9





#### Pages 8-10: cont'd

**Exercise:** After you see the play, have students fill in the "Clay" column in the archetype grid. The answers are as follows, although students may have alternate interpretations, which they should be allowed to defend:

THE HERO	Clifford
THE MENTOR	Sir John
THE ORACLE	The Chorus
THE GODDESS	Jackie
THE MENTOR TRAINING	Rhyming, Beat Boxing Battle,
	Knowledge of Hip Hop
MENTOR'S ADVICE	
TEMPTATION AWAY	Clifford tempted to stay w/ Jackie
FROM PATH	
HERO FINDS HIS POWER	Clifford becomes "Clay"

Compare Clifford's journey to the journeys of the main characters from the film examples and other works you have chosen to include.

**Exercise:** Have students break into pairs. Give them a short amount of time to interview one another and answer the given questions. The purpose of doing this portion of the Discovery Guide in pairs is twofold:

- Working with a partner will allow students to practice stepping into the shoes of a character. The ability to understand another's experiences and desires is crucial to being able to write in another character's voice or to perform that character in a theatrical setting.
- Working in pairs enables students to develop a deeper understanding of each other's background and unique qualities. Through recognition of similar life experiences, students tend to feel less "alone," and are more willing to share and articulate their own personal stories. These exercises are particularly effective when an atmosphere of fun and mutual respect is encouraged.

### AFTER THE PLAY



Page 11

### Page 11: Stepping into the Flow

**Rationale:** During the process of developing *Clay*, Matt Sax spent a great deal of time improvising the language and storylines. It wasn't until a fair amount of revision, both alone and with director Eric Rosen, that the final play took its shape. One of the most important steps in beginning such verbal creative expression is freeing up any preconceived restrictions in the mind and allowing the ideas and words to come naturally.

With the Free Association exercises, the initial point is less about developing polished pieces and more about getting the student into closer contact with how they think and process language. The more a student is familiar with the way his or her mind works, the easier it will be to apply that mind to different modes of literary expression or performance. Whether a student is ultimately drawn to writing short stories, poetry, music lyrics or non-fiction, or performing through public speaking, rap or music, the starting point is affirming the student's unique voice and unique way of thinking.

#### **Exercise: Free Association**

Allow students, either in class or at home, to fill in the Free Association page. This is their space to recount a personal experience without any restrictions of form. In many cases, the process of writing words and phrases loosely, or out of rational order, gets one's mind closer in touch with the creative and poetic instinct, allowing emotional truth to surface more quickly. In Clay, the character of Clifford is able to transcend his dark, painful and confusing emotions by first confronting them and articulating them. Encourage students to be as honest as possible. The more honest the exploration, the more the student will have to draw from creatively.

## AFTER THE PLAY



Page 12



#### Pages 12–13: Finding the Form

**Rationale:** One valuable way to deepen students' knowledge and familiarity with different forms of classic poetry and prose is to reveal the relationship between the classic forms and current forms, such as rap. It is easy to forget that poetic skill is an enduring human art form. Sometimes the commercial or other material aspects of the music industry can obscure the profound talent and lyrical skill that contemporary performers possess.

**Exercise:** Have students read and examine the examples of verse from Shakespeare's *A Mid Summer Night's Dream* and Eminem's song "Til I Collapse." Have them label any examples they can find of assonance, consonance, end rhyme, internal rhyme, simile or metaphor. The focus can be less about writing a perfect structural analysis and more about beginning the process of identifying similar structural elements.



### AFTER THE PLAY



Page 14

### Page 14: Bringing It All Together

Rationale: In Clay, Matt Sax's main character is able to empower himself by turning raw emotion and experience into poetic language. By speaking his truth and articulating his sense of self through intelligence and wit, he takes charge of his past and reinvents himself as the "hero" of his own story. By taking on the characterization of his or her partner, each student can practice dramatizing another persona through poetic language. Frequently, when taking on the stories of other people or fictional characters, we tend to say just as much about ourselves in the process.

**Exercise:** Using what students learned about their partners in the interview section of the guide, have them write a rap, poem or free flow of words describing an experience in which their partner had to struggle or overcome a difficult obstacle. Students will undoubtedly have varying levels of ability with rhyming or poetry, should they choose these forms. This is to be expected. The main point is to allow students to use whatever poetic language comes to them without any pressure to create the perfect composition.

**Exercise:** Ask the students to do the same exercise as above (rap, poem, or free flow of words) but have this piece describe their partner's abilities, skills or powers from the interview section. Not unlike the "hero's journey," this is a vision of their partner in the future. The student may be envisioned as an incredible artist, athlete, political leader or even

a super hero. Whether realistic or fantastical, the choices can reflect some truth of hidden potential in the student.

**Exercise:** Assemble the class as a group. It is usually valuable to have the students gather in a circle so that everyone is visible to one another. Have the students take turns reading aloud their "Free Association" exercise from page 11 in their Discovery Guide.

#### **Exercise: The Rhythm**

Creating the beat can be as simple as someone tapping out a rhythm on a desktop. If there is access to a drum, other musical instruments or even recordings of beats, feel free to use them. If any of the students know how to beat-box (create beats vocally), that rhythm can be a powerful choice as well. While assembled in the circle, have the students take turns speaking the following:

- Their poem, rap or word flow about their partner's struggle
- Their poem, rap or word flow about their partner's future powers or skills

Some pieces may fall in line with the beat more naturally than others. If the piece is a rap, working with the beat will be essential. If the piece is a poem or flow of words, you can allow the beat to drop into the background or simply remove the beat and allow the student to speak his or her piece *a cappella*. The main point is to have fun with this exercise, keep everything loose and tailor it as you see fit.