

Manly Beach



Mindful Yoga Camp

**Yoga, Kayaking, Hiking, Surfing,
Snorkeling, healthy food &
more.**

**3 to 14 day respite yoga retreat
supported adventure.**

Yogability Australia's Mindful Yoga
Camps are Respite Adventures.
MYCamps are yoga intertwined activity
based short term accommodation
adventures designed to develop
capacity & provide participants with
fundamental independence
development.



**SUPPORT RATIO & PRICING NEGOTIABLE
PRICES BASED ON NDIS PRICE GUIDE**

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