

# ***Cru***

**1521 Griffith Park Blvd. Los Angeles, CA 90026  
tel. 323.667.1551**

**open wednesday thru monday 5:30 -10pm  
closed tuesday**

**Call [800] 774.3663, Press 2, Then Enter Ext. 825  
or Phone [323] 667.1551**

**Email This Menu At:  
YourRestaurantConnection.com**

## **first course**

### **lighter fare**

**vegetable miso soup 5**

**chilled cucumber bisque 5**

**spicy curried squash soup 6**

**house salad-field greens, avocado, tomatoes, cucumbers, cilantro, and  
sunflower seeds with chili lime dressing 7/10**

**caesar salad-romaine, avocado, and pine nuts with a creamy caesar  
dressing 7/10**

**deep green salad-rubbed marinated kale topped with avocado, tomatoes,  
sprouts and a chili lime dressing 7/10**

**winter citrus salad-ruby red grapefruit segments and rich avocado with a  
sweet & tangy lemon poppy seed dressing over field greens 7/10**

**treviso bruschetta-two raddichio leaves filled with savory kale, creamy pine  
nuts and sweet carmelized onions 6**

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## **heartier offerings**

**herbed cashew cheese and fig pate 8**

**antipasto plate-orange caper olive tapenade, italian caponata, cashew cheese, radishes heirloom carrots, cucumbers and flax crackers 9**

**mezze platter-cucumber tzatziki salad, Tunisian beet and apple salad, fig pate, cashew cheese, flax crackers and garlicky rubbed kale 11**

**caponata bruschetta - italian chopped vegetable spread in an herbed sundried tomato sauce with cashew cheese on buckwheat crisps 8**

**pomegranate chorizo sausage with an avocado lime salad 8**

## **Sides**

**flax crackers 5**

**avocado 3**

**cashew cheese 3.50**

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## **second course**

**yellow thai curry-mildly spicy creamy coconut curry with julienned vegetables, cashews, lime and cilantro 14**

**pizza duo-one slice cashew cheese and sweet shiitake mushroom pizza and one pesto and fresh veggie pizza served with a side of mixed greens 15  
rosemary shiitake skewers -3 skewers with crispy marinated mushrooms, fresh zucchini and kalamata olives with arugula salad 16**

**greek keftedes-walnut mushroom balls with an herbed yogurt sauce, Mediterranean chopped salad and a side of mixed greens 15**

**ravioli cruda -7 cashew cheese raviolis with an herbed heirloom tomato sauce 15**

**pesto ravioli -7 cashew cheese raviolis with cilantro pesto sauce and a savory arugula salad 15**

**shiitake mushroom ravioli-7 cashew cheese raviolis with a sweet miso cream sauce rich shiitake mushrooms and our favorite arugula salad 15**

**pesto wrap-cashew cheese, cilantro pesto, cabbage, field greens, sweet onions, cucumber, Caesar dressing and alfalfa sprouts in a collard leaf with crispy sweet potato chips 10**

**shiitake wrap-sweet shiitake mushrooms, red bell peppers, basil, sprouts, field greens and Caesar dressing in a collard leaf with crispy sweet potato chips 10**

**greek wrap-dill yogurt sauce, cucumbers, tomato, alfalfa, field greens, olives, mint, avocado and onions with sweet potato chips 10**

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## les cuits

### cooked vegan dishes

pan seared kabocha squash with red beets, carmelized onions, walnuts and spinach over quinoa 15

channa masala –a rich hearty Indian stew of chickpeas, tomatoes, and spinach with freshly made curry sauce over quinoa with a surprising raw cucumber raita 15

mediterranean roasted chickpeas with sautéed red chard 10

teriyaki shiitake mushrooms with onions and bitter greens over organic japanese somen noodles 15

side of quinoa 3

side of daily greens 4

### third course

chocolate brownie a la mode 8

raspberry chocolate crepes with fruit sorbet 8

gelato 4

chocolate fudge cake 8

banana split 10

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## **beverages**

**iced tea 3**

**hot herbal tea 3**

**ginger limeade 3**

**perrier 3**

**chocolate maca smoothie 7**

**green smoothie 7**

**spinach apple cucumber ginger juice 6**

**lemon ginger shot 3**

## **hot beverages**

**espresso 3**

**cappuccino with steamed sunflower seed milk 5**

**latte 5**

**caffeine free teecino latte 5**

**chai latte 3**

**hot tea 3**