



Maria's Italian Kitchen is proud to offer Vegetarian (V) and Gluten Free (GF) menu options. However, we are NOT a Gluten Free nor Vegan Environment. We have highlighted our menu options that can be modified to exclude Gluten. Please notify your server upon ordering of any modifications.

Appetizers

- V GF **Italian Fries** crispy shoestring potatoes tossed with parmesan, Italian herbs & spices. 2.99
- V **Zucchini Fritti** handmade breaded zucchini sticks, served with marinara sauce. 5.99
- V **Bruschetta** fresh tomatoes, basil, olive oil & sliced garlic with grilled garlic herb bread. 5.99
- V GF **Broccoli Limone** fresh broccoli with lemon, roasted garlic vinaigrette and roasted red peppers. 5.99
- V GF **Capri Salad** fresh milk mozzarella, basil, fresh tomatoes, olive oil & balsamic vinegar. 7.99
- V **Formaggio Fritti** soft flavorful cheese, breaded and quick fried served with marinara sauce. 6.99
- Calamari Fritti** calamari dusted with flour, quick fried & served with marinara sauce. 8.99
- GF **Mediterranean Black Mussels** steamed with fresh garlic, shallots & white wine broth. 9.99
served with grilled garlic herb bread for dunking. *Gluten Free- Ask for NO BREAD.*
- Crispy Coconut Shrimp & Crispy Pineapple** with a sweet & spicy asian bbq sauce. 6.99
- V GF **Eggplant Cannelloni** roasted eggplant, pesto, herbed ricotta, mozzarella & marinara sauce. 6.99
- V **Old Fashioned Garlic Toast** crispy, crunchy with fresh butter and fresh garlic. 3.99
- V **Pizza Bread** our delicious garlic toast topped with mozzarella & served with marinara sauce. 4.99

Soups

- V **Minestrone Soup** hearty italian vegetable soup, Purely Vegetarian! 4.99
- Fresh Soup of the Day** made from scratch. 5.99

Salads

All Maria's Dressings Are Homemade Recipes

- | | Half | Full |
|---|------|-------|
| Soup and Half Italian OR Caesar Salad | 8.99 | |
| V GF Italian Green Salad mixed lettuce, tomato, garbanzos, cucumber, olives, carrots, pepperoncini & cheese. | 4.99 | 8.99 |
| V GF Chopped Italian Salad chopped iceberg lettuce, tomatoes, garbanzos, zucchini, carrots, pepperoncini, olives & cheese with our house italian dressing. Purely Vegetarian! | 5.99 | 8.99 |
| GF Caesar Salad romaine, homemade croutons, classic caesar dressing & shaved parmesan cheese.
<i>Gluten Free- Ask for NO CROUTONS.</i> | 5.99 | 8.99 |
| V GF Cleopatra Salad feta cheese, red onions, olives, tomatoes & romaine in our balsamic vinaigrette. | 6.99 | 10.99 |
| GF Turkey Club Salad turkey breast, crispy pancetta, tomatoes, iceberg lettuce, smoked mozzarella, italian parsley & ranch dressing topped with crispy onion straws. <i>Gluten Free- Ask for NO ONION STRAWS</i> | 8.99 | 12.99 |
| GF Barbeque Chicken Chopped Salad chopped iceberg lettuce, bbq chicken, roasted corn, cilantro, cucumbers, tomatoes, smoked mozzarella, crispy onions straws, wontons & homemade bbq ranch dressing.
<i>Gluten Free- Ask for NO WONTONS & NO ONION STRAWS</i> | 8.99 | 12.99 |
| Rustic Salad grilled chicken, arugula, fresh orange segments, pine nuts, currants, pulled grilled bread, herbed vinaigrette & parmesan cheese. | 8.99 | 12.99 |
| GF Baby Spinach, Pancetta & Gorgonzola Salad baby spinach, crispy pancetta, mushrooms, gorgonzola cheese, glazed toffee walnuts & balsamic vinaigrette. | 8.99 | 12.99 |
| GF Chopped Antipasto Salad chopped italian cold cuts and cheeses with chopped iceberg lettuce and our house italian dressing. | 8.99 | 12.99 |

- Add to any dish: Chicken** (Grilled, Sesame, BBQ,) 3.99
- Scoop of Albacore White Tuna** 3.99
- Grilled Fish** 9.99



Chicken

Half Full

Gluten Free- Specify No Flour & Request Mashed Potatoes Instead of Pasta

Add to any entree: SIDE Caesar Salad OR Chopped Italian Salad 1.99
Tossed with Pasta:

<i>GF</i> Maria tender pieces of chicken breast sautéed with fresh mushrooms, roasted peppers, white wine and garlic butter sauce.	9.99	15.99
<i>GF</i> Fra Diavolo chicken breast pieces in a spicy marinara sauce.	9.99	15.99
Bruno chicken breast pieces sautéed with sliced mushrooms, shallots, fresh garlic, olive oil and homemade marsala wine brown sauce made with veal stock.	9.99	15.99
<i>GF</i> San Marcos chicken breast pieces sautéed with butter, white wine, and fresh garlic, tossed with fresh basil, sun-dried tomatoes and pine nuts.	9.99	15.99
<i>GF</i> Santa Rosa chicken breast pieces sautéed with fresh garlic, butter, sun-dried tomatoes and finished with a splash of white wine, a touch of cream & dijon mustard.	9.99	15.99
*Full Portions Served with Pasta & Seasonal Vegetables:		
*Sesame sesame coated breast, quick fried with lemon parsley butter or dry with lemon.	9.99	15.99
*Matteo sesame coated chicken breast quick fried, topped with our eggplant parmigiana.	9.99	15.99
*Parmigiana sesame coated breast, quick fried, topped with marinara, parmesan & mozzarella.	9.99	15.99
*Marsala breast with fresh mushrooms & marsala wine brown sauce made with veal stock.	9.99	15.99
<i>GF</i> *Piccata chicken breast sautéed in lemon butter, white wine and capers.	9.99	15.99
Florentine breast dusted with flour, sautéed with marsala wine sauce made with veal stock, topped with sautéed spinach & mozzarella cheese.	9.99	15.99

Risotto Arborio Rice Dishes Prepared in the Traditional Manner

<i>V GF</i> Mushroom Risotto a medley of field mushrooms, creamy and delicious.	8.99	16.99
<i>V GF</i> Risotto Primavera seasonal veggies, homemade vegetable stock, white wine & parmesan.	8.99	14.99
<i>GF</i> Spicy Shrimp & Roasted Corn Risotto with sun-dried tomatoes, chili flakes & cream.	10.99	17.99
Chicken Florentine Risotto Spinach, mushrooms, breast pieces, veal stock & cream.	9.99	17.99

Seafood

Clams with Linguine served in a big steamy bowl with tomato (red) or white wine broth.	16.99
Calamari Fra Diavolo tender calamari in a spicy marinara sauce tossed with pasta.	9.99 15.99
Mussels with Linguine black mussels served in a big steamy bowl with red sauce.	16.99
Shrimp Maria scampi-style shrimp, fresh garlic, butter, lemon & white wine tossed with pasta.	10.99 16.99
Shrimp Fra Diavolo shrimp simmered in spicy marinara sauce tossed with pasta.	10.99 16.99
Shrimp Parmigiana breaded butterflied shrimp, quick fried, topped with marinara sauce and mozzarella served with pasta marinara.	10.99 16.99



<i>Pasta</i>	Imported Dry Italian Pasta - Choice of: Spaghetti, Angel Hair, Linguine, Fettuccine, Fusilli or Penne, Whole Wheat Penne available	<u>Half</u>	<u>Full</u>
	Substitute Risotto (<i>Gluten Free</i>) Full Portions Only		3.00
	Spaghetti and Meatball(s) Maria's Signature Dish. Delicious!	7.99	12.99
✓	Marinara Sauce authentic naples sauce, light and delicious.	5.99	9.99
	Meat Sauce we grind fresh beef & pork & simmer for hours with garlic, tomatoes & herbs.	6.99	11.99
	Penne with Sausage & Peppers homemade italian sausage, sauteed peppers, onions, mushrooms, garlic, oregano, chili flakes, wine & light marinara sauce.	7.99	12.99
	Bolognese Sauce our meat sauce sautéed with mushrooms, onions, fresh garlic & marsala wine.	7.99	12.99
✓	Alfredo fresh cream with pecorino and parmesan cheese.	7.99	12.99
✓	Fresh Broccoli Al Pesto with or without cream.	8.99	13.99
✓	Pasta Pomodoro chopped, skinless fresh tomatoes, fresh basil & sliced garlic cloves	7.99	10.99
✓	lightly sautéed with olive oil (no salt or oil upon request).		
✓	Pasta Primavera sautéed seasonal vegetables.	7.99	11.99
✓	Pasta Michelangelo fresh mushrooms & spinach lightly sautéed with olive oil & sliced garlic.	7.99	11.99
	Carbonara "charcoal style" pancetta (italian bacon), egg yolk, cream and peas.	8.99	14.99
✓	Gnocchi a la Marinara handmade ricotta dumplings, light and delicious.		10.99
✓	Ravioli a la Marinara delicious paper thin pasta pillows filled with ricotta.	6.99	10.99
	Meat Ravioli "Hoboken Style" stuffed with beef and served with marinara or our meat sauce.	7.99	11.99
	Chicken Ravioli with smoked mozzarella tossed in a roasted red pepper cream sauce.	8.99	14.99
	Add to any entree: SIDE Caesar Salad OR Chopped Italian Salad 1.99		
	Handmade Meatballs fresh ground beef & pork, homemade breadcrumbs, imported pecorino & italian parsley.		2.50ea
	Handmade Italian Sausages made from fresh ground pork with natural casings, without nitrates or preservatives.		2.50ea

Baked Dishes Please Allow 20 Minutes.

✓	Eggplant Parmigiana sliced eggplant, lightly floured, seasoned and quick fried, layered with mozzarella and marinara sauce and of course, imported pecorino and parmesan.	10.99
	Mama's Meat Lasagna our homemade meat sauce layered with pasta, seasoned ricotta and grated whole milk mozzarella baked until bubbly and oh so delicious!	11.99
✓	Vegetarian Lasagna layers of fresh spinach pasta, béchamel sauce, smoked mozzarella, grilled zucchini, sautéed portabella mushrooms & sautéed broccoli atop our marinara sauce.	11.99
✓	Baked Mostaccioli pasta with ricotta and marinara sauce, tossed with crispy eggplant and topped with whole milk mozzarella.	10.99
	Baked Ziti layers of tube shaped pasta with ricotta, meat sauce and mozzarella. "An Easier To Eat Meat Lasagna!"	10.99

Take a Walk... on the Lighter Side ...

*GF	Chicken Breast (Low Carb) seared chicken breast with broccoli.	14.99
*GF	Chicken Primavera tender pieces of chicken breast, sautéed with vegetables.	14.99
*GF	Chicken Michelangelo tender pieces of chicken breast sautéed spinach & mushrooms.	14.99

9161 Reseda Blvd. • Northridge CA 91324 • (818) 341-5114
 Call (800) 774-3663, PRESS 2 THEN ENTER EXT. 497
 Email This Menu At: www.YourRestaurantConnection.com
 Menu Items and Prices Subject To Change Without Notice



Pizza Best Pizza in Town Since 1975

New Item! 8" Gluten-Free Pizza

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| ✓ Cheese traditional naples style thin crust pizza with whole milk mozzarella. | 10.99 |
| ✓ "No Cheese" our delicious pizza crust with marinara sauce. | 8.99 |
| ✓ Pizza Bianchi fresh spinach sautéed with sliced garlic and topped with mozzarella. | 12.99 |
| Barbeque Chicken topped with red onions, cilantro and smoked mozzarella. | 13.99 |
| Hawaiian canadian bacon and pineapple and topped with mozzarella. | 13.99 |
| ✓ Vegetarian fresh mushrooms, onions, bell peppers, olives and tomatoes. | 13.99 |
| Boulevard meatball, pepperoni, mushrooms, onions, olives and bell peppers. | 13.99 |
| Toppings 1.60 | |
| Mushroom, Onion, Olives, Bell Peppers, Fresh Tomato, Pepperoni, Meatball, Sausage, Feta Cheese, Artichoke Hearts, Gorgonzola, Smoked Mozzarella, Anchovy, Canadian Bacon, Pineapple, Extra Cheese, Sun Dried Tomatoes | |

**12" Regular Pizza
OR 8" Gluten-Free**

Calzone Trouser Leg. Made from Pizza Dough and Stuffed with Various Fillings...

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| Cheese stuffed with fresh seasoned ricotta and mozzarella. | 9.99 |
| ✓ Sautéed Spinach & Cheese stuffed with fresh sautéed spinach, seasoned ricotta & mozzarella. | 10.99 |
| Hoboken stuffed with sausage, peppers, onions, seasoned ricotta and mozzarella. | 11.99 |
| Barbecue Chicken bbq chicken, red onions, cilantro and smoked mozzarella. | 12.99 |
| Create Your Own using the above pizza toppings | |

Hot Sandwiches On A Big Roll Hoboken Style

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| ★ Add Pasta Salad OR Italian Fries | 1.00 |
| Add to any entree: SIDE Caesar Salad OR Chopped Italian Salad | 1.99 |
| Chicken Parmigiana sesame breaded filet, quick fried with marinara, parmesan, pecorino & mozzarella. | |
| Hand Rolled Meatball topped with marinara sauce and mozzarella (we grind our own beef & pork). | |
| Sausage and Peppers our own italian sausage served with or without marinara sauce. | |
| ✓ Eggplant Parmigiana with marinara sauce and mozzarella. | |

Cold Sandwiches On A Big Roll or on Focaccia

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| ★ Add Pasta Salad OR Italian Fries | 1.00 |
| Add to any entree: SIDE Caesar Salad OR Chopped Italian Salad | 1.99 |
| Grilled Chicken Panini tender white meat marinated with fresh italian herbs, olive oil & garlic with lettuce, tomato, roasted red peppers and pesto mayonnaise. | |
| ✓ Caprese Panini fresh whole milk mozzarella, tomatoes, fresh basil, olive oil and balsamic vinegar. | |
| ✓ Herbed Ricotta & Vegetable Panini roasted red peppers, sautéed spinach & herbed ricotta cheese. | |
| Chicken Sesame sesame breaded filet quick fried with lettuce, tomato, and italian dressing. | |
| Albacore Tuna albacore tuna salad, lettuce and tomatoes | |
| Turkey Club Sandwich with tomato, lettuce, pancetta (italian bacon), ranch dressing & onion straws. | |
| Classic Turkey Sandwich with red onions, tomato, lettuce, mayonnaise and brown mustard. | |
| Submarine mixed italian cold cuts, provolone, lettuce, tomatoes and italian dressing. | |