



## Main Course Salads

**The Whale & Ale Entrée House Salad** of baby mixed lettuces with sliced mushroom, crumbled blue cheese, chopped walnuts & creamy homemade salad dressing 9.85

**Herb Chicken-Breast Salad:** Mixed baby lettuces tossed with kalamata olives, feta cheese, cucumber, avocado & lemon-herb vinaigrette 13.25

**Our House Cobb Salad tossed with shrimp or chicken** diced tomato, blue cheese, walnuts, & chopped egg over baby mixed lettuces tossed with light house dressing. 12.95 with shrimp 14.85

**Roast Lamb Salad:** tender, slow-roasted leg of lamb, diced, sautéed, over a mound of tossed baby lettuces with crispy potatoes, kalamata olives, diced tomato, breaded onion, balsamic dressing 17.55

**Miso slow-roasted Duck Salad:** Sliced lean duck over shredded cabbage & mixed lettuces, carrot, green onion, mushroom, won tons, then tossed in light, tangy miso dressing 18.85

**Cilantro Salmon Salad:** Pumpkinseed cilantro dressing tossed with romaine, corn, cucumber, tomato, feta cheese, asparagus & sautéed filet of fresh Scottish Salmon 17.95

**Children's meals...For the Nippers... ten years & under**

Choice of: Fish & Chips, Grilled Cheddar Sandwich,

Banger & Mash, Roast Turkey Plate

Includes a Soft Drink & Vanilla Ice Cream ☺ 9.95

Splitting dishes (\$2.50) & substitutions incur a supplement. For parties of eight or more we normally add 17% service charge. Sorry, but discounts cannot be applied to 'separate checks', special dishes nor to special menus.

Visit [www.whaleandale.com](http://www.whaleandale.com)