

LUNCH

All of our beef is USDA Choice, aged to perfection and hand-cut on premises.

Served with •BENIHANA SOUP (25 CALORIES) •HIBACHI VEGETABLE RICE (410 CALORIES) •HIBACHI VEGETABLES (40 CALORIES)

ENTRÉES

HIBACHI CHICKEN

CHICKEN BREAST AND MUSHROOMS GRILLED WITH BUTTER AND SESAME SEEDS.
(200 Calories) 13.

FILET MIGNON

TENDERLOIN* AND MUSHROOMS LIGHTLY SEASONED AND GRILLED TO PERFECTION.
(200 Calories) 17.

SPICY HIBACHI CHICKEN

CHICKEN BREAST GRILLED WITH GREEN ONIONS AND MUSHROOMS IN A SPECIAL SPICY HOMEMADE SAUCE.
(260 Calories) 13.

BEEF JULIENNE

TERIYAKI BEEF* WITH GREEN ONIONS AND MUSHROOMS GRILLED IN A HOMEMADE TERIYAKI SAUCE.
(160 Calories) 15.

HIBACHI SCALLOPS

TENDER SEA SCALLOPS GRILLED HIBACHI STYLE WITH BUTTER AND LEMON.
(90 Calories) 15.

Dinner menu items also available.

HIBACHI SHRIMP

HIBACHI SHRIMP GRILLED WITH BUTTER AND LEMON.
(150 Calories) 14.

YAKISOBA

JAPANESE SAUTÉED NOODLES WITH VEGETABLES IN A SPECIAL SAUCE.
Chicken (600 Cal.) 12.5 | Steak* (590 Cal.) 13. | Hibachi Shrimp (570 Cal.) 12.6

HIBACHI STEAK

NEW YORK STRIP STEAK* AND MUSHROOMS TEPPANYAKI GRILLED TO YOUR SPECIFICATION.
(200 Calories) 15.5

LUNCH DUET

SELECT TWO OF THESE BENIHANA FAVORITES:
BEEF* JULIENNE (110 CALORIES) | CHICKEN (130 CALORIES)
CALAMARI (120 CALORIES) | YAKISOBA (260 CALORIES)
SCALLOPS (70 CALORIES) | HIBACHI SHRIMP (70 CALORIES)
16.5



LUNCH BOAT

SERVED WITH SOUP (25 CAL.), BENIHANA SALAD (90 CAL.), EDAMAME (64 CAL.), SASHIMI* (70 CAL.), HALF CALIFORNIA[†] ROLL (210 CAL.), SHRIMP AND VEGETABLE TEMPURA (161 CAL.), STEAMED RICE (300 CAL.) AND FRESH FRUIT (35 CAL.).

Chicken (130 Cal.) 12. | Salmon* (110 Cal.) 12.
Beef* Julienne (110 Cal.) 13.

*We are required by the Health Department to inform you that the items indicated contain raw fish and consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions. †Kani kama crab & kani kama crab mix contain imitation crab.

2,000 calories a day is used for general nutrition advice, but calorie needs vary.
Additional nutritional information available upon request.