



Volunteers wanted

for a research study investigating how knee injuries occur during landing and the effectiveness of knee braces in preventing injury

If you are between the ages of 18 and 30 and regularly participate in recreational sports, you may be eligible to participate.

What will you have to do?

Undergo motion testing at Victoria University (Footscray Park Campus). This will involve placing small reflective markers and electrodes on your body in order to record your motions and muscle activity while you perform landing tasks from various heights with and without a knee brace. Your movements will also be videotaped. Testing will take approximately 4 hours.

You will not be eligible if:

You have a history of lower extremity injuries or diseases
You have had a lower limb injury or surgery in the past six months

Ethics approval has been granted by the Human Research Ethics Committee at the University of Melbourne (1034932.3).

If you are interested, please contact Katie Ewing

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