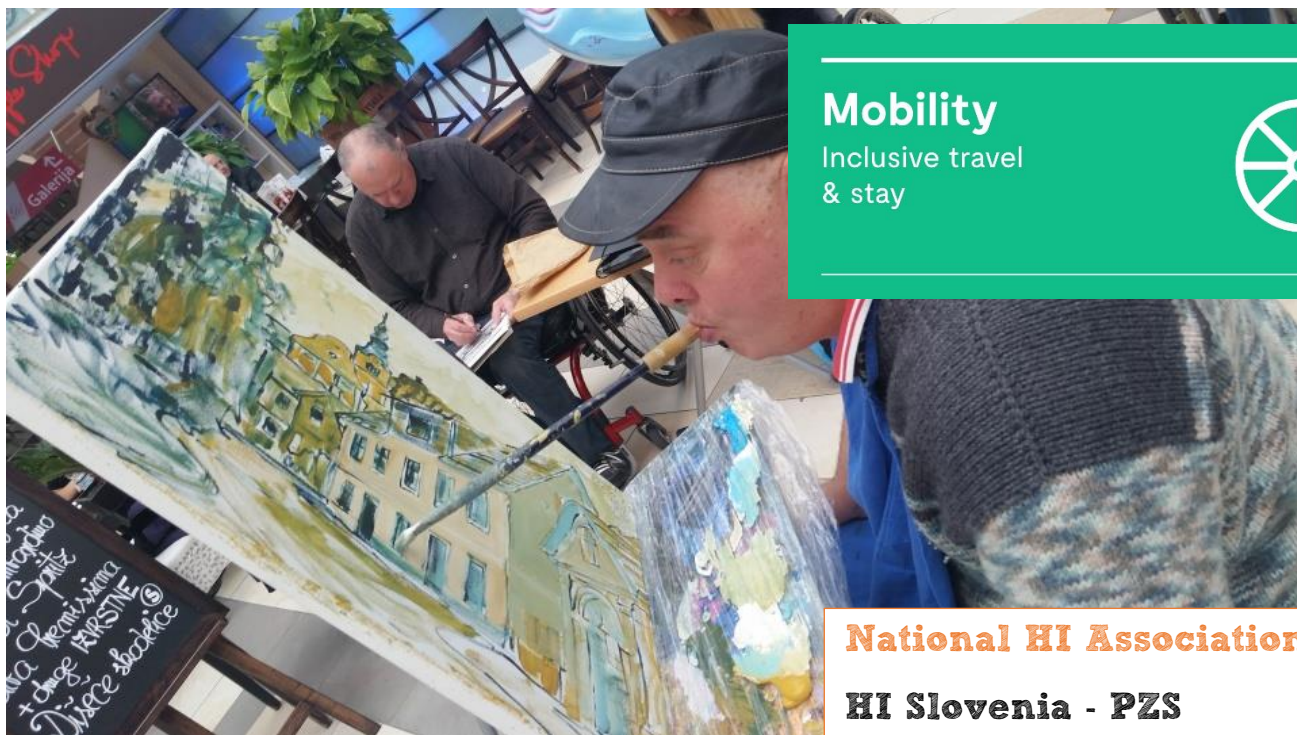


# Inclusive experiences at HI Slovenia' Ars Viva Hostel



## Mobility

Inclusive travel  
& stay



**National HI Association**

**HI Slovenia - PZS**

**Hostel**

**Ars Viva Hostel**

**SDG Contribution**



## Summary

Bike Tours for people with special needs, giving people with special needs a chance to test out adaptive bikes and experience the impressive bike routes of the Green karst.

Mouth and Foot Painting Artists Summer camp Express your inner creativity and join the Mouth and Foot Painting Artists in the summer camp at Ars Viva. Get inspired by the beautiful cultural and natural heritage of Notranjska region.

## Objectives

Promoting sports activities for people with special needs.  
Promoting creative expression for people with special needs.

### Economic

Supporting the HI Mission

EU Funding

### Social

People development

Non-formal education

Developing Key Competences

### Environmental

Eco activities at the hostels



## Methodology

In our wheelchair accessible youth hostel Ars Viva, we organize:

- bike tours with adaptive hand bikes and
- Mouth and Foot Painting Artists Summer camp



### Few simple steps to get started with such an initiative:

- contact partners
- inform the public
- test out the tour beforehand
- prepare logistics (staff, volunteers, tools etc.)

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## Technical details

**Overnights of the hostel:** 7740

**Target audience:** HI Members/ Guests/ General Public /Differently abled people/ Children/ Families

**Reach:** Local/ Regional/ National/ International

**Duration:** All year

**Frequency:** By request

**Communication:**

**How did you communicate to find participants?**

- NA eNewsletter
- Posters in the hostel



- Press release
- Partners
- Web page
- Email to members
- Social media
- Hostel staff promoting among guests
- Flyers at the hostel or supplied to guests
- Information given when check in the hostel

### **How did you communicate your activity to your members/ stakeholders?**

- Email
- Press release
- Social media
- Other: national TV

### **Partners involved:**

1. Slovenian tourism organisation-financial and promotional support
2. Slovenian Paraplegic foundation- participants
3. Slovenian painter's foundation - participants
4. Local bike community - organisation
5. RTV- national television- promotion

### **Estimated number of participants per year:**

- Guests: 200
- Staff: 4
- Community groups: 10
- External Partners: 4
- General Public: 60

### **Percentage of participants per age range:**

- % Under 18 : 10
- % 18 - 35 : 30
- % 36 - 55 : 50
- % 56 - 70 : 8
- % 70+ : 2

### **Estimated cost of the activity:**

- Overall cost: 33.000 euro
- Per participant: 27 euro

### **Funding:**

- % by the hostel : 30%
- % by external partners : 30%
- % by the participants : 40%





## **Human Resources:**

### **How many people are required to organise the activity?**

- Number of staff members: 2
- Number of volunteers: 5

### **How many people are required to run the activity?**

- Number of staff members: 2
- Number of volunteers: 3

### **What equipment is necessary to carry-out this activity? (rooms, tables, chairs, projector, etc):**

- adaptive hand bikes
- painting materials
- hall

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**Would like to know more about this initiative?**

**Contact: Ursa Telic Miler, Director**

**Email: [youthostel.arsviva@gmail.com](mailto:youthostel.arsviva@gmail.com)**

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**Read more about Ars Viva [here](#) and HI Slovenia [here](#)**

**Check out the Say HI to Slovenia [blog](#)**

**Follow HI Slovenia on **

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