



Name: _____

Team: _____

Date: _____

COACH SELF- EVALUATION

5 – at all times **4** – almost always **3** – sometimes **2** – not often
1 – not at all **NA** – not applicable/ not able to answer

STRATEGIC PLANNING RATING		rating
1	I strive to remain current in advanced methods and technique of my sport by reading, attending seminars-clinics, etc.	
2	I am confident in my knowledge of the skills and tactics necessary for my sport.	
3	I instruct and coach sport-specific skills effectively.	
4	I know where to go for knowledge, resources, expertise and information that I may not have.	
5	I have a strong commitment to producing well-organized, focused and appropriate workouts.	
6	I have developed an annual and seasonal plan and have shared that with my assistants.	
7	I develop and follow a daily training plan with goals and objectives for each workout.	
8	Clear goals and expectations for performance have been set.	
9	My assistant(s) or discipline coaches are involved in the development of team training plans.	
10	I am an active participant with my administration in the creation of strategic planning or short- and long-term objectives/ performance goals.	
11	I am a good judge of talent.	
12	My athletes/ team shows a pattern of improvement throughout the training cycle.	
13	My athletes/ team have achieved the performance goals for the year.	
14	My athletes/ team have improved their performance record, placing at major competitions, or achieving individual's markers from the previous year.	
15	My methodology and teaching has had a positive impact on these results.	
16	I understand and adhere to the KYSA- USYSA anti-doping policies.	
17	Ensure that team is warmed and prepared to play. Arrive on time to check field and conditions. Athletes and opposing teams are treated with respect at all times. Officials and parents, even those acting irrationally, are treated with	

	respect at all times. Communicate positively about the game results and pass on expectations for the next date.	
Total for this section:		

Additional notes and considerations specific to your ability to strategically plan:

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1 – not at all NA – not applicable/ not able to answer

ATHLETE AND TEAM MANAGEMENT RATING		rating
1	I engage each athlete as an individual physically, mentally and emotionally.	
2	I communicate the goals and objectives for workouts to the athletes.	
3	I actively listen to my athletes.	
4	I provide feedback to my athletes in a timely fashion.	
5	I provide feedback so my athletes can make corrections to incorrect habits by providing them with instructional cues.	
6	I see mistakes as opportunities for improvement rather than as a cause for reprimand or punishment.	
7	I provide clear instructions and invite questions and respond with respect.	
8	I effectively deal with conflict and disagreement.	
9	I deliver praise in front of the team and give constructive criticism privately.	
10	I regularly seek input from athletes.	
11	I accept constructive feedback from athletes.	
12	I strive to develop leadership skills in my athletes.	
13	I am aware of athletes or the teams morale and environment.	
14	I value and promote my athletes welfare outside of sport.	
15	There is a good level of retention and advancement with my athletes and teams.	
16	I inform the administration when I have concerns about an athlete’s behavior or development.	
17	I effectively and comfortably delegate routine tasks and decisions.	
18	I promote core values that include accountability, teamwork, integrity and respect.	
19	Ensure that field and equipment are shut down properly and cleaned of all debris and left in good condition.	
Total for this section:		

Additional notes and considerations specific to your athlete and team management skills:

5 – at all times 4 – almost always 3 – sometimes 2 – not often
 1 – not at all NA – not applicable/ not able to answer

STAFF MANAGEMENT RATING		rating
1	I communicate the goals and objectives for workouts to appropriate coaches.	
2	I can handle unexpected requests from staff and others.	
3	I gather sufficient information from available sources before making a decision.	
4	I communicate and treat assistant coaches and other team personnel with respect.	
5	I manage team personnel (trainers, assistant coaches, etc.)	
6	I present my athletes and coaching staff with the opportunity to learn, grow and develop.	
7	I remain composed, focused and effective under pressure and expect that of my staff.	
8	I feel that I balance/ prioritize various responsibilities in my professional life and want that for my staff as well.	
9	I understand and adhere to the KYSA Coaching Code of Ethics.	
10	I demonstrate good sporting behavior in dealing with other teams, coaches and officials.	
11	I conduct myself with integrity and professionalism on and off the field.	
12	I concentrate my efforts on the most important priorities.	
13	I provide clear direction and define priorities for the team and coaching staff.	
14	I monitor the athletes' and coaching staff's ability to deliver.	
15	I encourage teamwork and cooperation between the coaching staff.	
16	I remove obstacles and provide resources as needed to assist athletes and staff in achieving their development goals.	
17	Follow game with proper cool down. Ensure that all required payments, paperwork and ID cards are taken care of.	
Total for this section:		

Additional notes and considerations specific to your staff management skills:

5 – at all times 4 – almost always 3 – sometimes 2 – not often
 1 – not at all NA – not applicable/ not able to answer

ADMINISTRATIVE DUTIES RATING		rating
1	I handle tasks, projects, paperwork and assignments on time and with quality.	
2	I manage personal and program/ team travel arrangements in a timely manner.	
3	I provided requested budget information in a timely manner.	
4	I feel I am organized in the logistical administration and managing of my team and program.	
5	I am consistently within stated team/ program budgets.	

6	I attend all appropriate practices, team functions whenever possible.	
7	I actively promote our team/ program by engaging in community events or developmental activities.	
8	I promote our team/ program by speaking at schools/ clinics and write articles.	
9	I maintain good relationships with key personnel in the administration.	
10	I can marshal resources (people, funding, material, support) to get things done.	
11	I understand the direct correlation between my fulfilling administrative responsibilities and its impact on my team and staff.	
Total for this section:		

Additional notes and considerations specific to your administrative skills:
