

Pirate Wrestling Club



WE BUILD CHAMPIONS®

AdvoCare Distributor

Sports Nutrition Information

What is ADVO CARE?

AdvoCare is a family-oriented company that produces nutritional and performance supplements. Advocare products are safe, tested, and geared toward the health-conscious athlete, as well as the average consumer. The company provides a wide array of products for people who simply want to lead a healthier lifestyle.

Why ADVO CARE?

I got involved with AdvoCare for two reasons. The first, being a health-conscious and fitness driven person, I wanted to put safe, healthy products in my body. The second reason, is for the well-being and performance of my athletes. As someone who wrestles year-around with kids of all ages, I found the Rehydrate to be superior to anything I have taken in the past to replenish my fluids. I also drink Spark everyday, particularly before my workouts.

I first tried some AdvoCare product in 2010 from my close friend Tim Didion, who later became a distributor with me in the Spring of 2012. I have tried most of the athletic/fitness related products, and firmly believe in this company and its products. I have been involved in sports my entire life, and I've never found anything that was the total package until now. AdvoCare says what it does, then does what it says!

Be sure to check out the link to a spreadsheet I created, comparing AdvoCare REHYDRATE and SPARK with the leading sports nutritional drinks on the market today. These products have become the backbone of our hydration and energy support system for our wrestling program. Take a look for yourself. I urge you to research anything you put in your own body, or anything you provide for your son/daughter. I whole-heartedly endorse these products, so please ask if you have any questions or concerns.

Thank you- Coach Thom



Jeff Thom