



Malta Sailing Academy in collaboration with Royal Malta Yacht Club will once again be delivering the renowned 1- day ISAF sea survival course this October 2018 in preparation for the Rolex Middle Sea Race.

This brilliant 1 day course was developed following the report into the 1998 Sydney Hobart Race, where tragically 6 lives were lost. The aim is to provide the essential practical skills and theoretical knowledge to react effectively when facing rough weather, emergency problems and abandonment at sea. In addition to yacht skippers and crews who have to meet the requirements of the ISAF Special Regulations G, the course is excellent for all seafarers.

For the Rolex Middle Sea Race **at least 30%** of the crew including the Person in Charge must have completed training to Section 6 of the ISAF Offshore Special Regulations. Appendix G to the regulations provides a model training course. In the Two-Handed class both crewmembers must have received training.

This is a highly informative course, during which participants will be shown how to open a life raft (in a controlled environment), letting off of pyrotechnics and fire extinguishers amongst other things.

In addition at least one member of the crew shall hold a current Senior First Aid Certificate or equivalent (in accordance with OSR 6.05.2) and should be familiar with the management of medical emergencies that may occur at sea including Hypothermia, and radio communications operations for obtaining medical advice by radio. For any interested participants, the RYA First Aid course will also be held at Malta Sailing Academy.

COURSE SCHEDULE

ISAF Sea Survival €270 (Refresher euro 165)

16th October 07:45hrs-18:00hrs

18th October 07:45hrs-18:00hrs

19th October 07:45hrs-18:00hrs

RYA First Aid €170 15th October

RYA VHF €220 17th October

For bookings or information kindly contact Malta Sailing Academy on 21 496 496/7937856 or send them an email on info@maltasailingacademy.com.

