



## **Sea Survival Courses**

Crews intending on taking part in the Rolex Middle Sea Race are reminded that as per Item 2.9 in the Notice of Race - *“At least 30%, but not less than two members of the crew including the Person in Charge shall have undergone training in survival at sea as required by OSR 6.01. Any training course covering the topics included in the WS Approved Offshore Personal Survival Training Course given by suitably qualified and experienced instructors will be considered as satisfying this requirement. As required by OSR 6.05 at least one crewmember should be familiar with the management of medical emergencies that may occur at sea and hold a qualification in First Aid or be a practicing medical practitioner”*.

In view of the above, we remind crews that a number of Sea Survival Courses will be organised by the Malta Sailing Academy as per dates below.

### **RYA First Aid**

Date: 14/10/19

Duration: 09:00 - 17:30

Cost: EUR 170

Validity: 3 years.

### **RYA VHF**

Date: 16/10/19

Duration: 09:00 - 17:30

Cost: EUR 220

Validity: Does not expire

### **World Sailing Sea Survival**

Date: 15/10/19 *or* 17/10/19 *or* 18/10/19

Duration: 07:45 - 18:30

Cost: EUR 270

Validity: 5 years

Bookings for these courses are to be made directly to the Malta Sailing Academy via email on [info@maltasailingacademy.com](mailto:info@maltasailingacademy.com) and copying in the Royal Malta Yacht Club via email – [info@rmyc.org](mailto:info@rmyc.org).