

# Relaxed Lincoln Center Campus Tours



Check-In Location: David Geffen Hall Welcome Center

Building Address: Lincoln Center Plaza, on Columbus between 63rd and 64th Streets, New York, NY 10023

Dates & Times: Varies (90 minutes long)

Cost: \$25 per person

This visual guide helps you know what to expect when you come to **Relaxed Campus Tours at Lincoln Center.**

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# Event Guide

## What is a Relaxed Event?

At Lincoln Center, we believe the arts are for all.

Relaxed Events are open to everyone, and especially welcoming to people with autism, sensory or communication disabilities, or learning disabilities. We make small changes to the social and sensory environment and expectations, so the space feels more comfortable and flexible.

Relaxed Events can also be helpful for neurodivergent people, families with young children, and anyone who finds traditional event rules do not work for their needs.

### **At this event:**

- You can **take a break** during the tour, if you need to.
- You can **move, make sound, and respond** to the tour in your own way.
- We ask everyone to help create a **no “shushing” zone**.
- If there are **bright lights, loud sounds, or surprising sensory moments**, we describe them in this visual guide. Please keep reading below.
- **Noise-reducing headphones** and **fidgets** will be available to borrow.
- Staff are trained in inclusive and accessible practice.

For more information about relaxed performances, visit [lincolncenter.org/relaxed](https://lincolncenter.org/relaxed).

## About Relaxed Campus Tours

Relaxed campus tours provide a behind-the-scenes perspective of the past and present of Lincoln Center. Relaxed tours are led in English and take place indoor and outdoor, rain or shine.

Led by a Lincoln Center tour guide, guests will:

- Learn about Lincoln Center's history
- Explore the front of house areas and behind the scenes of some of the iconic arts organizations that call Lincoln Center home
- Experience our vibrant campus the way only artists and staff do.

Every day is unique at Lincoln Center and so are our tours! Each tour itinerary will be different based on the day's activity at our many performance halls. You will not know which areas of campus you will visit in advance.

This is a 90-minute group walking tour.

Your group will travel to two or three areas of Lincoln Center's campus during the tour. You will not know which venue(s) you will visit until you arrive at Lincoln Center. You will be part of a small group with 2 to 4 other families and together, you will travel the distance of about two city blocks around campus.

Tour guides will share information about Lincoln Center. Groups might visit auditoriums, backstage areas, and other rooms where different people work at Lincoln Center.

Because these are working venues and there are many fragile items, please do not touch any items unless the tour guide announces that you can. You are welcome to bring a fidget or something to hold on the tour, or borrow one when you check in.

Stops on the tour **might** include:

- New York Philharmonic (David Geffen Hall)
- The Metropolitan Opera (Met Opera House)
- New York City Ballet (David H. Koch Theater)
- Lincoln Center Theater (Vivian Beaumont Theater)
- Chamber Music Society (Alice Tully Hall)
- Film at Lincoln Center (Elinor Bunin Munroe Film Center)
- Lincoln Center Campus Public Areas (Josie Robertson Plaza, Damrosch Park, and Hearst Plaza)

## Sensory Guide

If you need support with sensory moments, you can borrow noise-reducing headphones and fidgets during check in or during the tour.



### Sound

- In outdoor areas at Lincoln Center, you may hear the fountain, people, and city sounds.
- In indoor areas, you may hear people talking, construction noises such as drilling or hammering, and amplified sounds like music and loudspeaker announcements.



### Light

- Some areas of campus, especially backstage areas, may be brightly lit with spotlights, and others may be dimly lit.



### Movement

- You will be moving for most of the tour going from venue to venue and won't have a place to sit or lean all of the time. We encourage you to wear clothes and shoes that you are comfortable moving in.
- As a group, you will visit different areas of Lincoln Center's campus by walking and taking stairs or an

elevator. You may need to stand close to people in elevators, which are not always very big.



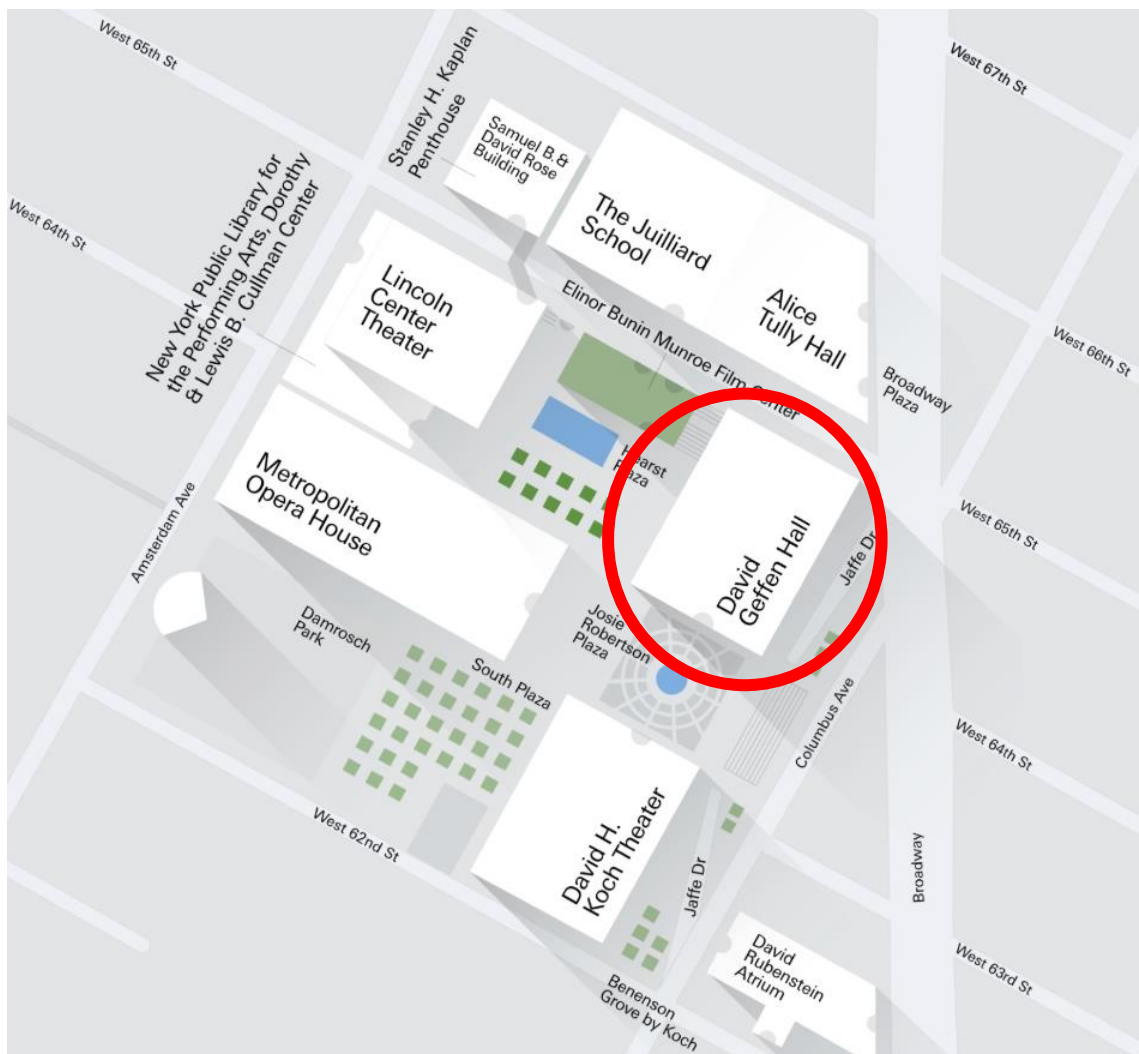
## **Audience participation**

- Throughout the tour, you will have the opportunity to participate by asking questions. Tour guides will also hand out objects that you can touch including a map of campus.
- It is your choice to participate or just listen.

If you need to take a break during the tour, you can let your tour guide know and an Access Representative will bring you to a safe place to wait until you are ready to return to the tour.

To request additional accommodations or to share access requests in advance, please contact the Access team at [access@lincolncenter.org](mailto:access@lincolncenter.org) or 212.875.5275

# Getting to David Geffen Hall



Address: 10 Lincoln Center Plaza, New York, NY 10023

David Geffen Hall is located between West 64th Street and West 65th Street on Columbus Avenue.

The main entrance is at 10 Lincoln Center Plaza. The entrance has automatic doors.



## By Subway

- You can take **1 train** to **66 St–Lincoln Center** (with shorter distance)
- You can also take **A / B / C / D / 1 trains** to **59 St–Columbus Circle** (with slightly longer distance)
- Both subway stations are accessible via the elevator.



## *By Bus*

You can take: **M5, M7, M10, M11, M20, M66, M104**. (within one block of David Geffen Hall.)

## **Access-A-Ride Pick-Up/Drop-Off:**

If you need an address for Access-A-Ride, 20 Lincoln Center Plaza (Lincoln Center's designated Access-A-Ride stop) is on Columbus at 64<sup>th</sup> Street.

## Parking at Lincoln Center

Lincoln Center partners with Metropolis.

If you can, register before you arrive. You can add your payment information and license plate number on your phone (through [this link to the Metropolis website](#) or the Metropolis app.)

Or, when you arrive, scan a QR code in the garage to sign up.

When you enter, cameras scan your license plate. When you exit, payment is processed automatically.

Daily and monthly reservations are available to book online.



- **The 62nd Street entrance (between Columbus Ave and Amsterdam Ave)** is best for southbound and westbound traffic. The entrance is mid-block on the north side of the street. It is open 24/7.
- **The 65<sup>th</sup> Street entrance (between Amsterdam Ave and Columbus Ave)** is best for north and eastbound traffic. The entrance is on the south side of 65<sup>th</sup> street. It is open 8:00 am - 12:00 am, 7 days a week.

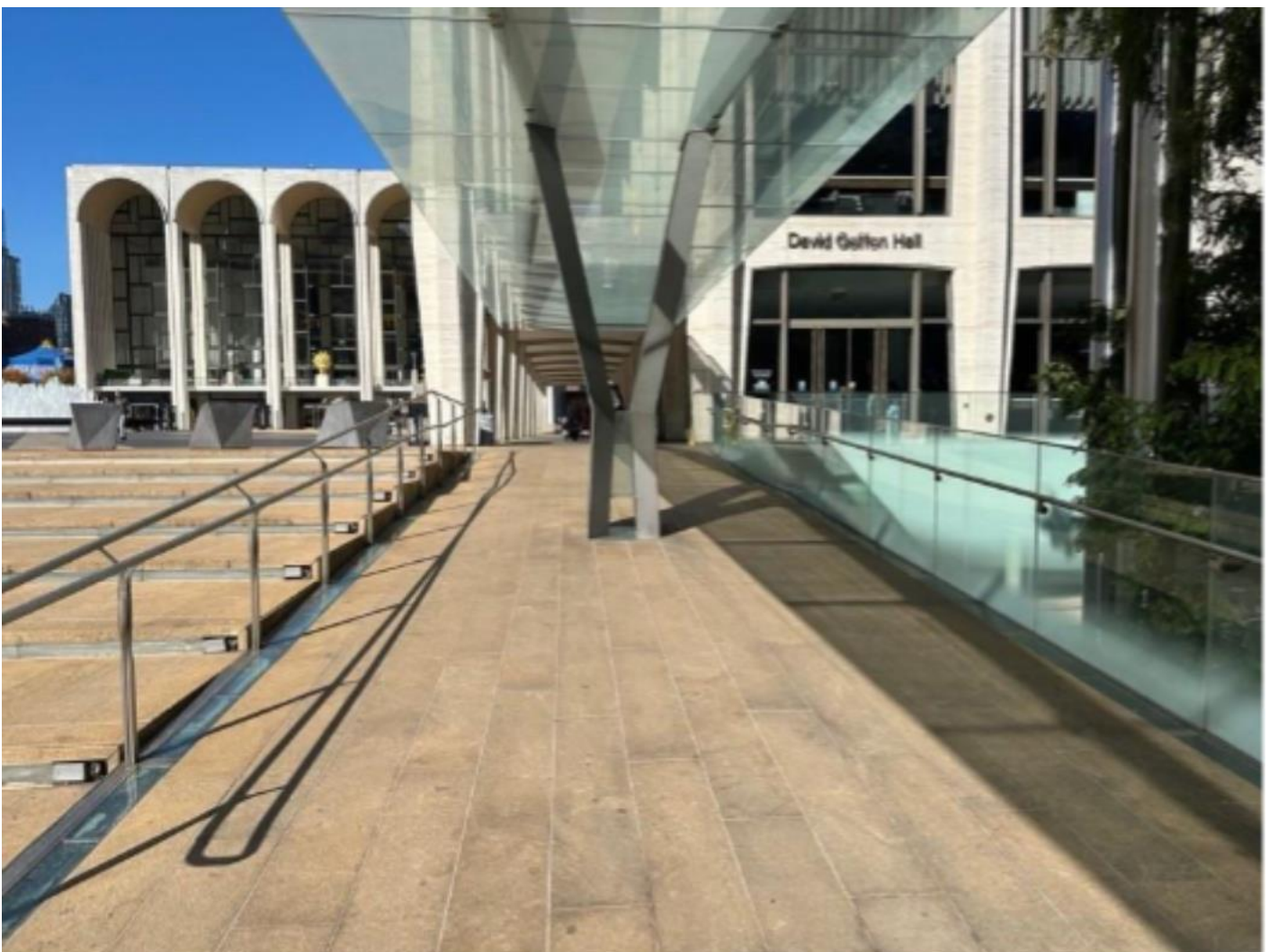
**Designated accessible spaces** are in the Blue Section of the Plaza Garage. The recommended entrance is at 62nd Street for accessible parking.

## Entering David Geffen Hall

You can enter the David Geffen Hall lobby from Josie Robertson Plaza.

Josie Robertson Plaza is accessible via ramps (pictured) from Columbus Ave at W 63rd St, W 64th St and W 65<sup>th</sup> St.

You can also reach the entrance of the building from the concourse level (below the plaza) using the escalators or elevators.



## When You Arrive

When you get to David Geffen Hall lobby, you will check in with the Tour Manager. If you have trouble finding him, you can ask a member of the Guest Experience Team for directions.

The Tour Manager will ask you for the name your group registered under and check you off the list. He will give each person a Lincoln Center Tours sticker for you to wear during the tour.

You are welcome to use the bathroom or eat a snack that you brought with you before the tour. You may not have access to a bathroom once the tour begins.





## Who You'll Meet

During your visit, you may see:

**Tour Manager** wearing a black name badge and holding a clipboard.

He will:

- Check you in by asking for your name
- Direct you to your tour guide



## Tour Guides

They will:

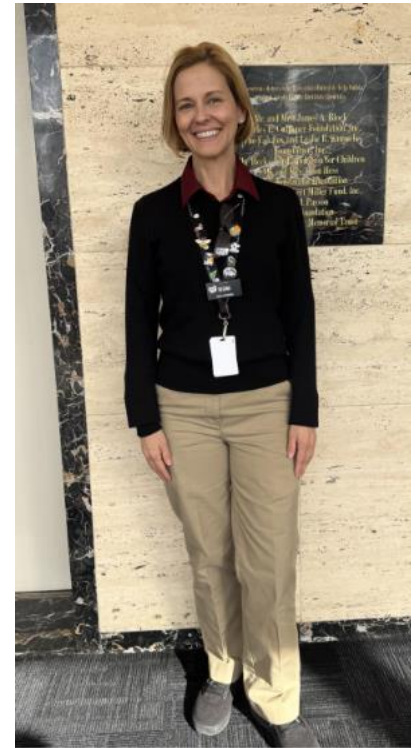
- Lead your group to different places across Lincoln Center
- Share information about Lincoln Center's campus
- Answer questions



**Access Representatives** with a black name badge on their chest.

They can help you with:

- Finding your tour guide
- Borrowing sensory tools (headphones, fidgets, etc.)
- Taking a break and returning to your tour



**Security staff** wearing a dark blue uniform. They may ask to check your bags when you arrive at David Geffen Hall.

## Before the Tour – What You Can Do

Please arrive for your tour at least 15 minutes before the tour start time to allow time for your group to be checked in and become oriented ahead of the tour's departure.

If you arrive earlier than 30 minutes before the tour, you can explore some public spaces on campus:

### **Welcome Center at David Geffen Hall**



A place to get information about programs, ask questions, book tickets, or get a coffee or light snack.

## Hearst Plaza



An outdoor area with green space and seating where you can sit, relax, or have a quiet moment before a performance.

**Staff can help you find these spaces if you are not sure where they are.**



## Access Services & Accommodations

At Lincoln Center, we offer several access services that may be helpful during your visit:

### Accessible Routes

Tours are located along an accessible route.



### Assistive Listening Devices

FM assistive listening devices (ALD) with headsets and neck loops are available for all tours. You are also welcome to bring your own standard-jack headphones. Tour guides will ask if you would like an ALD at the beginning of the tour.



### Sensory tools

We offer noise-reducing headphones, earplugs, and small fidgets. You can borrow them from staff before and during the tour.



### Access Concierge Service

You can request 1:1 support from our Access Reps in advance.



To learn more or schedule this service in advance, contact: **212-875-5456** or

[questexperience@lincolncenter.org](mailto:questexperience@lincolncenter.org).

You can always ask any staff member if you would like help finding these services. To request additional accommodations or to share access requests in advance, please contact the Access team at [access@lincolncenter.org](mailto:access@lincolncenter.org) or 212.875.5375.

# Feedback

If you would like to share feedback about your experience with this visual guide, you can:

- Scan the QR code below
- Fill out the survey at <https://forms.office.com/r/EESB5719dC>
- Talk with a staff member if you would like help sharing feedback.

Your comments help us improve future Relaxed Performances and visual guides.

