

I'm Going to Big Umbrella Day at Lincoln Center!



Big Umbrella Day is a FREE event at Lincoln Center full of relaxed spaces with multi-sensory experiences, performances, installations, and workshops for neurodivergent audiences and their families.

I can choose to come all day or just visit for a short while.

I can participate in workshops and make visual art, watch performances indoors and outdoors, and visit the Garden to plant my own seeds.

If I want to stay late, I can join in a Silent Disco on the Dance Floor.

What I Need to Know

Big Umbrella Day is at Lincoln Center's campus, located between West 62nd Street and West 65th Street, between Columbus and Amsterdam Avenues.

I can join activities and watch performances at:

The Dance Floor



The Garden



David Geffen Hall –
Sidewalk Studio



Hearst Plaza



David Geffen Hall –
Grand Promenade



David Geffen Hall – Lower Lobby



If I need to take a break, I can walk around the David Geffen Hall Lobby or outdoors at Lincoln Center, or I can visit a Chill Out Space. There are two Chill Out Spaces:

Outdoors at The Garden at Damrosch Park, close to the interactive gardening activity






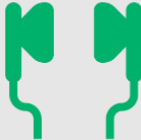

Indoors in David Geffen Hall



I can use the bathrooms in the lobby of David Geffen Hall or on the Grand Promenade of David Geffen Hall.



When I am preparing to come to Lincoln Center, I can plan to bring:

A refillable water bottle and my favorite snack	
Sunglasses and sunscreen for when I am outside	
My favorite fidget or noise-reducing headphones (I can borrow at Lincoln Center)	
Standard jack headphones if I would like an assistive listening device (I can borrow at Lincoln Center)	
My phone or camera to take some pictures of me and my family at Lincoln Center	

When I arrive at Lincoln Center, I can visit the Welcome Center and ask for a map and visual schedule with information about the day's activities. I can borrow noise-reducing headphones and fidgets to take around with me.

When I Arrive

I can plan to travel to the Welcome Center at David Geffen Hall, near the corner of West 64th Street and Columbus Avenue.

This is a good place to arrive and find out information about the day's events, where there are restrooms and places to sit and relax. The Welcome Center will open at 10am on Big Umbrella Day.



I do not need a ticket to come to Big Umbrella Day – I can just show up!

If the event I am interested in or the art station I want to explore is busy when I arrive, I can check the schedule to see if there is time to come back later.

American Ballet Theatre Dance Workshops at 1pm and 4pm



If I registered for “Waltzing with Flowers: An Adaptive Dance Workshop with American Ballet Theatre”, I should plan to check in at the Sidewalk Studio 15 minutes before the workshop begins.

The Sidewalk Studio is inside David Geffen Hall. When I enter the lower lobby, there will be signs and staff to help direct me to the Sidewalk Studio.



If I did not register in advance for a dance workshop, I can check in with the Lincoln Center Team to see if there will be space when I arrive at Big Umbrella Day.

Accommodations

All events are located on accessible routes with accessible seating locations.	
American Sign Language interpretation is available for all spoken language in performances, some musical performances, and available upon request for workshops.	
Spanish Language interpretation is available for all spoken remarks. Precious Perez's performances will be bilingual in English and Spanish.	ESP
Assistive Listening Devices are available for all events where performers and speakers will use microphones.	
Closed Captioning in English and Spanish is available for Precious Perez.	

If I need any additional accommodations, I can contact Access@LincolnCenter.org or call 212.875.5375

Getting to Lincoln Center

Travel Options:

The Lincoln Center Campus is on the Upper West Side of Manhattan between West 62nd and 65th Streets and Columbus and Amsterdam Avenues.

BY SUBWAY: David Geffen Hall is a short distance from the **1** train at West 66th Street and a slightly longer distance from the **A, B, C, D** or **1** trains at 59th Street—Columbus Circle. Both subway stations are accessible via elevator.



BY BUS: The **M5, M7, M10, M11, M66,** and **M104** bus lines all stop within one block of Lincoln Center.

Access-A-Ride:

If you need an address for Access-A-Ride we suggest **20 Lincoln Center Plaza** (our designated Access-A-Ride drop-off on Columbus Avenue between West 63rd and West 65th Street).

Pick-Up/Drop-Off:

Guests can be dropped off and picked up on Columbus Ave between 62nd and 65th street.

Parking:

Main Campus Parking (operated by ICON) is available.



- Designated accessible parking spaces are located in the yellow section of the garage.
- Entrance for Reserved Parking Section is on Amsterdam Avenue at 64th Street.
- Parking permit and/or sticker must be displayed.
- Advance reservations for parking include a \$5 service charge.
- Height restrictions for vans apply.

To reserve parking, call CenterCharge at 212-721-6500 or visit online at [Tickets.LincolnCenter.org/parking](https://tickets.lincolncenter.org/parking)