

#CONCERTSFORKIDS

Activity Guide



Photo by Krysta Brayer

Sonia De Los Santos

¡Buenos días! We hope you enjoy this performance from Sonia De Los Santos. Sonia was born in Monterrey, Mexico and has toured all over the world, singing in English and Spanish and playing guitar and jarana. Are you ready to listen and sing along?

Warm Up

Let's warm up! Take a long breath in and let a long breath out. Let's do it again. Take a long breath in and let a long breath out. One more time: take a long breath in and let a long breath out.

Now take three very short breaths in and three very short breaths out.

Call and Response

STEP 1

"Buenos días" means "Good morning" in Spanish.

Try saying, "Buenos días".

Now try to say it in different ways. Can you say it in a high voice? Can you say it in a very low voice? Can you say it quickly, slowly, or with a pause between words?

Can you say it as if you are sad? Happy? Angry? Excited?

How does that change the sound of the words?

STEP 2

This part you can do with a family member! You will say “Buenos días” and the other person will try to copy you and say “Buenos días” in the exact same way.

Now switch! The other person will say “Buenos días” and you will try to copy them.

Take turns saying “Buenos días” in different ways. Can you sound the same way? What happens if you say it in a different way?

STEP 3

Next, replace the words “Buenos días” with clapping. Can you make a pattern with your claps?

Have your family members try to copy your clapping rhythm.

Now switch! They will clap and you will try to copy them. Try this a few times. Have fun!

Now one person will clap a pattern and you will clap a DIFFERENT pattern in return. Can you make a song out of it?

Call and Response with *Chocolate*

What we just did is **call and response**. Call and response is when musicians say a phrase or make a sound and the audience says something or makes a sound back.

Here’s an example from Sonia De Los Santos’ song *Chocolate*:

<https://youtube.com/VGGRfbzjDU4?t=59>

Sonia sings “Uno, dos, tres” (that means “one, two, three” in Spanish) and the audience says one part of a word after another until they say a full word. Can you guess what word it is?

SONIA: Uno, dos, tres-

AUDIENCE: CHO-

SONIA: Uno, dos, tres-

AUDIENCE: CO-

SONIA: Uno, dos, tres-

AUDIENCE: LA-

SONIA: Uno, dos, tres-

AUDIENCE: TE!

Family Discussion Questions

What are some games or songs that this activity reminds you of? Why?

Now that you've done this activity, what might you listen for during the performance?

What other choices could you have made if we were to do the activity again?

What languages did you hear? Did you learn any new words?

What are different languages you've heard in your home or community?