

Magnet Theatre's BOUNCED

at Lincoln Center

Relaxed Performance Visual Guide



Three performers, Siphenathi Siqwayi, Azola Mkabile, and Sipho Kalako, hold large colorful exercise balls overhead while jumping; photo by Mark Wessels

Show times (Relaxed Performances): **Saturday, January 24th at 2:00pm**

Where: **Clark Studio Theater (Rose Building, 7th Floor)**

Address: **165 W 65th St, New York, NY 10023**

How long: **About 45 minutes, with no intermission**

Recommended age: **Ages 4+**

This visual guide helps you know what to expect when you come to **BOUNCED** at Lincoln Center.

What is a Relaxed Performance?

At Lincoln Center, we believe the arts are for all.

Relaxed Performances are open to everyone, and especially welcoming to people with autism, sensory or communication disabilities, or learning disabilities.

The performance itself stays the same. We make small changes to the theater's social and sensory environment and expectations, so the space feels more comfortable and flexible.

Relaxed Performances can also be helpful for neurodivergent people, families with young children, and anyone who finds traditional theater rules do not work for their needs.

At this performance:

- You can **enter and leave** the theater during the show, if you need to.
- You can **move, make sound, and respond** to the performance in your own way.
- We ask everyone to help create a **no “shushing” zone**.
- The **house lights are kept on at a low level** so the space is never completely dark.

- If there are **bright lights, loud sounds, or surprising sensory moments**, we describe them in this visual guide. **Please keep reading below.**

We also share key reminders in the pre-show announcement.

- **A Chill Out Space with sensory support materials** is available if you need a break—you can return when you're ready.
- **Noise-reducing headphones** and **fidgets** will be available to borrow.
- Staff are trained in inclusive and accessible practice.

For more relaxed performances, visit lincolncenter.org/relaxed.

About This Performance

What is *Bounced* about?



Three performers, Siphenathi Siqwayi, Azola Mkabile, and Sipho Kalako, hold large colorful exercise balls overhead while jumping; photo by Mark Wessels

BOUNCED is a playful theater show about **four friends**.

They use **movement**, **singing**, and **bouncing balls** to tell the story. Balls are a big part of the show!

The story explores how we include each other, how we sometimes leave someone out, and how we can find our way back to connection and shared joy.

From the artists: “**There is a simple narrative arc in the performance which moves from exclusion to inclusion. Joy shared is joy multiplied.**”

Sensory Guide

If you need support with sensory moments, you can borrow noise-reducing headphones and fidgets in the lobby or take a break in the Chill Out Space.

Here are some sensory moments you can plan for:

 **Sound**

- The overall volume **changes**. Sometimes it is quiet, sometimes it is loud.
- There is **live singing**.
- There are rhythms made by **drumming on the balls**.

 **Light**

- The stage is well-lit. The audience's seating area has low light.
- There is **one moment where lights get dimmer** to suggest “night.”



Movement

- At a few moments, **performers may throw balls onto the stage from behind the audience.**
- Performers may come **close to the audience**, and there may be moments of **interaction**.



Emotional content

- The show includes **understated bullying / exclusion**.
- The story moves toward **inclusion, and joy**.



Audience participation

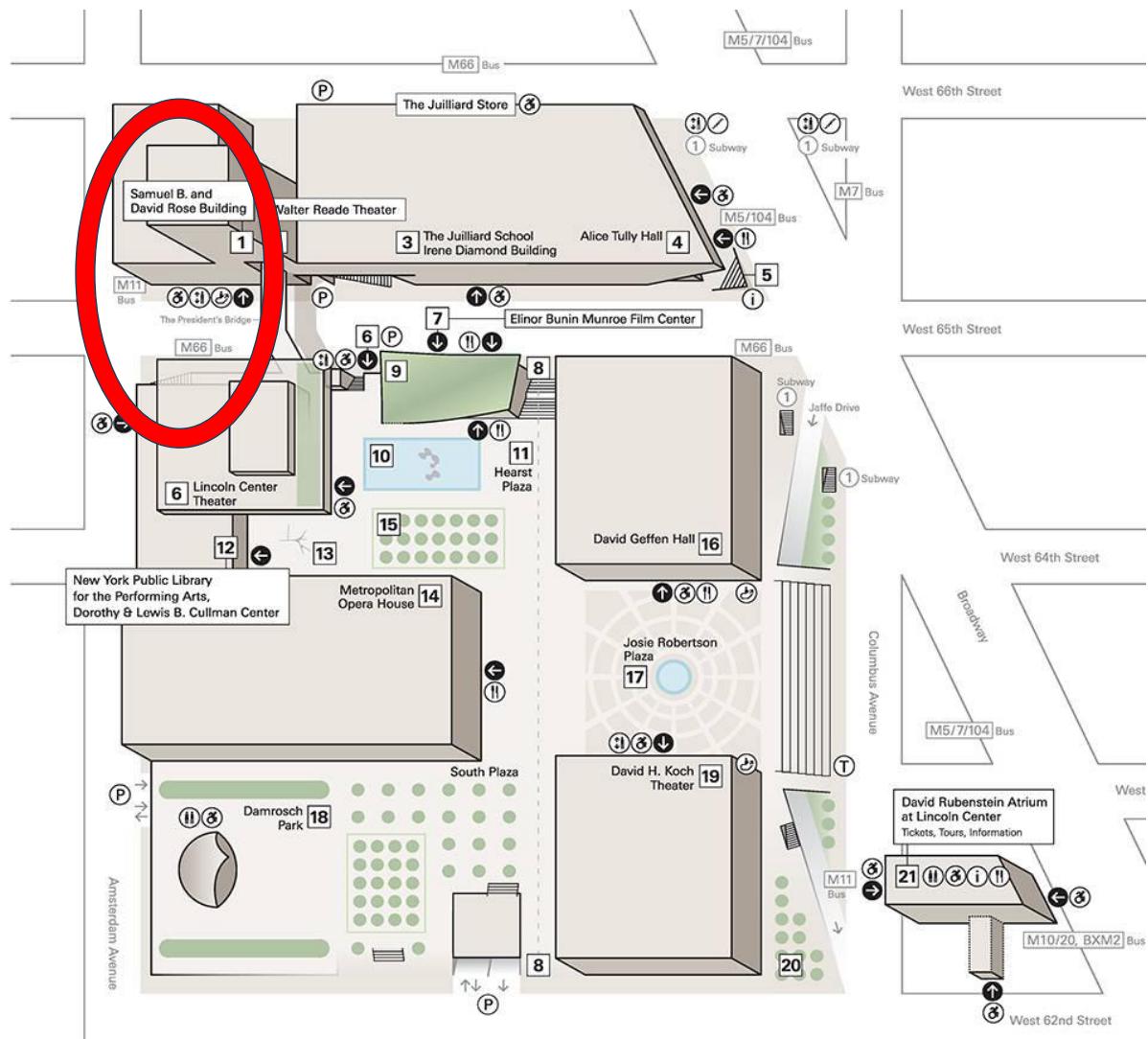
- Near the end, you may be **invited to stand and move onto the circular performance space floor mat.**

It is your choice to participate or stay seated and watch!

Getting to Lincoln Center/ Rose Building

Address: Clark Studio Theater is on the **7th Floor** of the **Samuel B. & David Rose Building**, 165 W 65th Street, New York, NY.

It is next to the Walter Reade Theater and the Irene Diamond Building of The Juilliard School and across the street from Lincoln Center Theater and the Elinor Bunin Monroe Film Center.



By Subway

- You can take **1 train to 66 St–Lincoln Center** (with shorter distance)
- You can also take **A / B / C / D / 1 trains to 59 St–Columbus Circle** (with slightly longer distance)
- Both subway stations are accessible via the elevator.



By Bus

You can take: **M5, M7, M10, M11, M20, M66, M104.** (within one block of the Clark Studio Theater.)

Access-A-Ride / drop-off

Access-A-Ride drop-off and pick-up is at: **165 W 65th Street** (north side of the street, near Amsterdam Avenue).

Parking

If you drive, we have parking optional for you:

- Main Campus Parking (ICON) is located beneath Lincoln Center's plaza.
- Entrance for reserved parking section is on Amsterdam Avenue at 64th Street.
- It includes accessible parking spaces in the yellow section of the garage.
- You need display the parking permit and/or sticker.
- We recommend you reserve parking in advance.
- Reservations include a **\$5 service charge**
- There will be height restrictions for vans.
- To reserve: call **CenterCharge at 212-721-6500** or visit online at **LincolnCenterParking.org**.



Entering the building

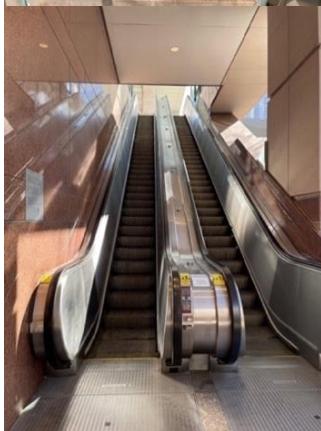
You can reach the entrance of the Rose Building by **elevator**, **stairs**, or **escalator**.



The **street-level elevator entrance** is near the **northeast corner of 65th St & Amsterdam Ave.**



The stairs say "**Rose**" on the steps. It is in the middle block on West 65th Street, facing towards Columbus Avenue.



The escalators are next to the elevator.

When You Arrive



Once you come up from the street, you will see the **entrance** into the Rose Building.

Security check



- When you walk into the Rose Building, you will go through a **security check**.
- You may need to wait in a short line.

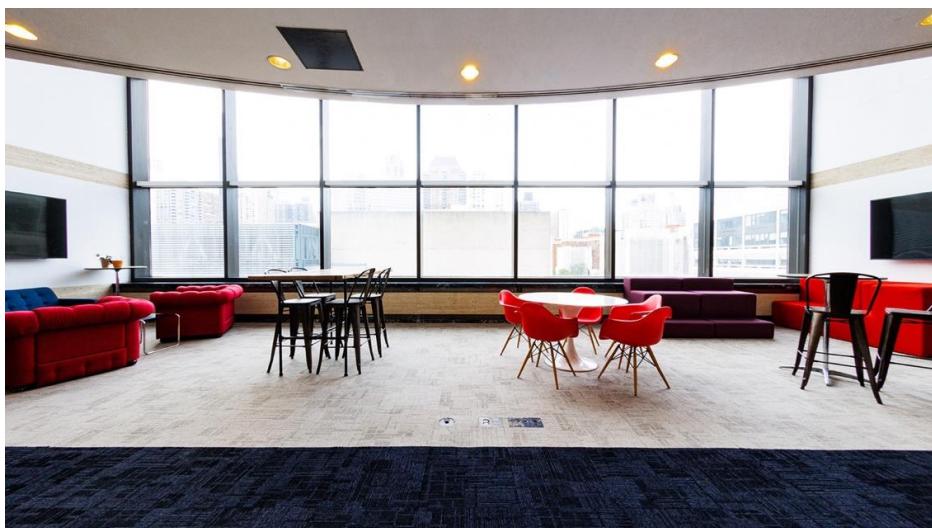
Box Office

The box office table is just past the Security checkpoint.

- If you need to **pick up tickets**, the Box Office staff can help you.
- If you have questions, you can always ask the staff.

Go up to the 7th floor (Clark Studio Theater)

- A staff member can help you find the **elevator** to the **7th floor**.
- When you arrive on the 7th floor, you can take your time in the lobby.



On the 7th floor

Before you enter the theater, you can:

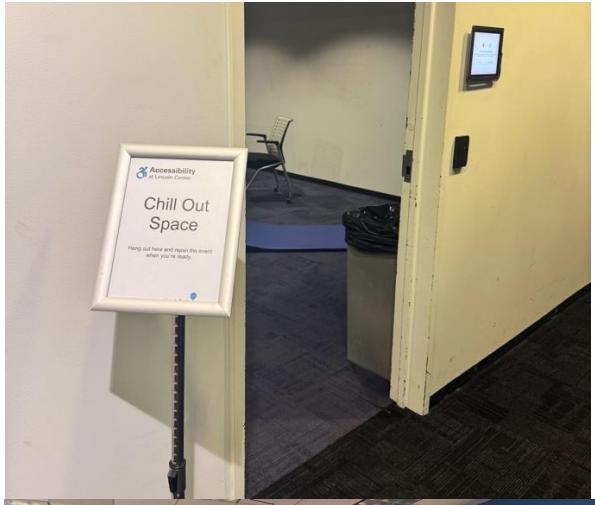
Use the restroom

- **Go down the hall to the right.** It is in the hallway outside the theater.
- There are gendered **men's and women's restrooms**.



- Each restroom has an **infant changing table** and **one accessible stall**.
- We welcome you to use the restroom that best aligns with their **gender identity or expression**.

Use the Chill Out Space



The Chill Out Space is on the 7th Floor, at the end of the hallway near the restrooms.



You can take a break and return when you're ready.

If there is a screen in the chill-out space, it will be turned off and there will be no music playing.



Borrow sensory tools

- We have noise-reducing headphones, earplugs, fidgets**

You can always ask staff for help anytime

When the house opens

The house opens **30 minutes before the show starts**.

Once the house is open, you can go into the theater.

Seating (inside the theater)

The Clark Studio Theater is a black box theater. For this show, you can choose to sit on:

- **Riser seating:** Chairs further back from the performance space on elevated risers.
- A **carpet area** on the floor directly in front of the performance space.
- You can sit anywhere with an open seat or on the carpet.
- Accessible seating is available. If you need an accessible seat, an aisle seat, or help find a seat that works for you, please ask a staff member wearing red shirts to assist.
- Accessible seating locations and companion seats are marked with bands on the chairs.

The Performance Space



A performer stands on a large circular floor mat with bright, colorful stripes. Several props and colorful boxes are placed around the edge of the mat in a black box theater.

- **The performance takes place on a large, brightly colored circular floor mat.** A few brightly colored boxes with performance items sit next to the mat.
- **This floor mat is for the performers only.** Before and during the show, please do not step onto the floor mat or touch the performance items next to it.
- At the end of the show, the performers may invite audience members to join them on the floor mat.

Who You'll Meet

During your visit, you may see:

- Guest Experience staff wearing red shirts and khaki pants, with a black name badge on their chest.
- Security staff wearing a dark blue uniform.

You can ask **Guest Experience staff** for help with:

- Finding the theater, restrooms, or the Chill Out Space
- Finding a seat that works for you (including accessible seating)
- Borrowing sensory tools (headphones, fidgets, etc.)
- Taking a break and returning to your seat

Before / During / After the Show – What You Can Do

Before the show

- We recommend arriving at the Clark Studio Theater about 30 minutes before the show starts (when the house opens.)
- Once the house is open, you can enter the theater and take a moment to look around the theater space, but please stay in the audience seating area. Do not step onto the performance area.
- If you arrive earlier than 30 minutes before the show, you can explore some public spaces on campus:



Welcome Center at David Geffen Hall

A place to get information about programs, ask questions, book tickets, or get a coffee or light snack.



Hearst Plaza

An outdoor area with green space and seating where you can sit, relax, or have a quiet moment before the performance.

Staff can help you find these spaces if you are not sure where they are.

During the show

- You can enjoy the performance in the way that works best for you. You can watch quietly, or you can move and make sound if you need to.
- You can borrow our sensory tools (headphones, fidgets, etc.)
- You can leave the space at any time and come back when you are ready.

After the show

- People may clap or cheer at the end.
- You can leave when you are ready.

Access Services & Accommodations

At Lincoln Center, we offer several access services that may be helpful during your visit:

Accessible routes and seating

The venue is on an accessible route, has elevators, and designated wheelchair and companion seating.



Assistive listening

FM assistive listening devices with headsets and neck loops are available for all performances.

You are also welcome to bring your own standard-jack headphones.



Chill-out space

A chill-out space is available at 7th floor at the end of the hallway, near bathrooms.



Sensory tools

We offer noise-reducing headphones, earplugs, and small fidgets. You can borrow them from staff.

Access Concierge Service

You can request 1:1 support from our Access Reps.

To learn more or schedule this service in advance, contact: **212-875-5456** or

guestexperience@lincolncenter.org.



You can always ask any staff member if you would like help finding these services.

Feedback

If you would like to share feedback about your experience, you can:

- Scan the QR code
- Fill out the survey at <https://forms.office.com/r/EESB5719dC>
- Talk with a staff member if you would like help sharing feedback.

Your comments help us improve future Relaxed Performances and visual guides.

Visual Guide Feedback – Relaxed
Performance at Lincoln Center

