I am going to a show at Lincoln Center!

The event is presented by Restart Stages at Lincoln Center for the Performing Arts.

Program Title: Concerts for Kids: Let Your Soul Glow
When: Saturday, August 14th, 2021
Where: Hearst Plaza
Start Time: 12:00pm
End Time: Around 1:00pm
Arrival Time: I will arrive at the time listed on my ticket

I may want to bring:
- Water
- Sunscreen
- Sunglasses
- My favorite fidget
- Noise-cancelling headphones
- A fan

I can ask the staff in blue shirts to borrow:
- Assistive Listening Devices
- Ear Plugs
About the Performance:

Today’s performance is called **Let Your Soul Glow**, with performances from **Soul Science Lab**.

Let Your Soul Glow as you dance, play and sing along with Soul Science Lab, as they chronicle the joys of world travel, adventure, and cultural exploration. This upbeat and interactive performance will explore building a brighter future together and universal messages of self-empowerment.

The dynamic Soul Science Lab duo, Chen Lo and Asante Amin are bringing their signature big band blend of hip-hop, funk and soul on this funky fresh afrofuturist journey in the tradition of griots!

[Click here](#) to learn more about Soul Science Lab.

[Click here](#) to watch Chen Lo and Asante Amin in a #ConcertsForKids online performance.
The performance is in **Hearst Plaza** which is located between the Metropolitan Opera House and the Laurie M. Tisch Illumination Lawn. The stage is in front of The New York Public Library for the Performing Arts.
When I arrive:

I can take the train or bus, drive, or walk to Lincoln Center. My e-ticket includes an arrival time. If I am early, I may want to visit The GREEN.

The GREEN is an installation of grass-like material surrounding the Josie Robertson Plaza.

I can sit in this space and relax. I can get food or drinks from the snack bar.

Click here to learn more about The GREEN.
Restrooms:

If I arrive early, I can use the restrooms before sitting in my pod.

The restrooms are in the Concourse level of Lincoln Center. I can enter on West 65th Street through the glass doors under a large awning for Lincoln Center Theater.

I will walk down a long hallway with black floor tiles and large white poles until I reach another set of glass doors.

After the long hallway, I will walk through the glass doors to a crosswalk and check to make sure there are no cars before crossing.
Then, I will safely cross the street and turn left past some bike racks.

I will keep walking along the sidewalk until I see a glass wall on the right.

I will walk past the glass wall and the restrooms will be on the right.
Ticketing Entrance:
The ticketing entrance is located on West 65th Street (between Amsterdam Avenue and Broadway) between the Elinor Bunin Munroe Film Center and the Lincoln Center Theater.

When I arrive I may need to wait in line. Lincoln Center staff will let me know when I can go up to the plaza level.

I can take the stairs or the large glass elevator which will bring me up to the plaza level.

If I am not vaccinated for Covid I will need to wear a facemask in line and during the performance.
Ticket Check & Security:

On the plaza level I will be greeted by Lincoln Center staff who will scan my ticket.

Then I will walk through the security checkpoint. They may ask to check my bag.
If I need any accommodations like an Assistive Listening Device or earplugs, I can ask at the Accessibility Table, which is just past the security checkpoint.

Getting to my seat:

When I am past the security checkpoint I will walk around the Paul Milstein Reflecting Pool past the white tents. If I have questions or need an accessible entrance, I can ask Lincoln Center staff.

Photo by Justin Chao
Event Schedule:

1. I can take the train or bus, drive, or walk to Lincoln Center. The show will start at 12:00 pm and I will plan to arrive early. My e-ticket has my timed entry. If I am early, I may want to use the restroom, get a snack, or visit The GREEN.

2. When I get to 65th Street, between Amsterdam and Columbus Avenues, I’ll show my e-ticket and take either the stairs or elevator to the Plaza level. I may need to wait in line here.

3. I may go through a security screening and/or bag check. If I need earplugs, I can ask for them at the Accessibility Table. Then I will go to my assigned pod.

4. I will enjoy the performance from my pod. Each performance lasts about an hour.

5. **Last**, when the performance is over, I will **applaud** and say goodbye!
During the program I will meet...

Security Guards
They keep our campus safe. They may need to check our bags when we arrive.

Lincoln Center Staff
They will check my ticket at the entrance and help me find my seat. I can ask for directions and where to find the restroom.

Key Words:

Pod
A pod is a socially distanced, designated seating area for small groups of people.

Each pod includes armless chairs. They are a minimum of 3 ft distance from other pods. All seats are located on accessible routes and can be removed to make space for mobility devices.
What should I notice during the program:

1. What do I notice about the performers?
   - What stories are they telling?
   - How do they move while they are performing?
   - What do they sound like?

2. What do I notice about myself?
   - How am I moving in the space?
   - What sounds am I hearing?
   - What stories are my favorite?

3. What do I notice about the space?
   - What am I seeing in the outdoor space?
   - What are other people’s reactions to the performance?
   - What movements are they making?

Extension Questions:

When I think about this performance...
   - What was my favorite part of this performance?
   - What did I learn during the performance?
   - What surprised me during the performance?