

Iftaar-us-Saim 2013 (1433)

Project Completion Report

For Kashmiri refugees and needy families of Khuiratta and Dhanwan, Azad Kashmir



Implemented by

RAHMA Islamic Relief Pakistan

Introduction and Background:

RAHMA Islamic Relief every year performs seasonal projects such as Qurbani and Ramazan food package distribution.

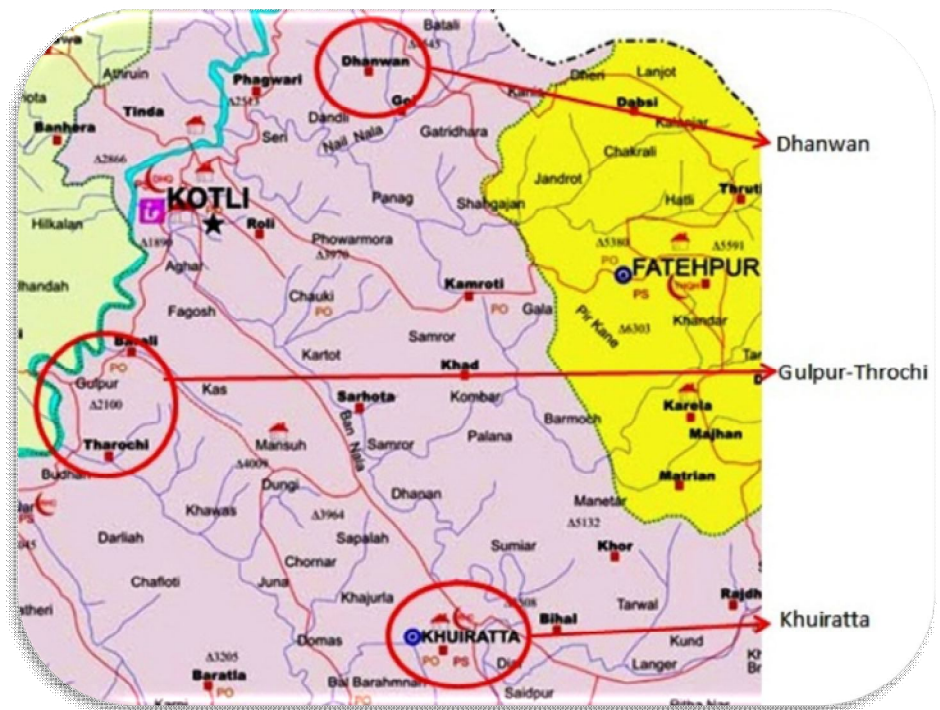
In 2013, following the muslims yearly celebrations of Ramazan, RAHMA utilized its resources with in the country and outside, to engage poverty stricken needy people in the celebrations of Ramazan. Pakistani diaspora living abroad and muslims in Norway with the help of RAHMA Islamic Relief Fund have always played philanthropic role whenever is required by humanity across borders.

RAHMA Islamic Relief Pakistan while understanding the needs of people through development projects also ensures the proper identification of most vulnerable families with whom RAHMA could continue its support in a long run in every field of life. Consequently, on the eves of Ramazan and Qurbani; these identified families, gets included in RAHMA beneficiary list. These people are normally those, who cannot afford the basic necessities of life and are unable to fulfill their nutritional needs in the month of Ramazan, especially when prices of edibles goes on sky heights. This year RAHMA has distributed food packages to most vulnerable identified families of Union Council, Khuiratta, Dhanwan and Throchi-Gulpur.

Distributed food packages contained basic food items which were essential to fulfill nutritional needs of families for the whole month of Ramazan.

Geographic Focus:

Since 2010, RAHMA Islamic Relief has been actively involved in District Kotli through its activities such as provision of health and vocational training facilities to marginalized communities. To supervise the activities of projects and build strong relationship with poor people, RAHMA has also established its field office in district Kotli. The office leads the activities of Khuiratta and Dhanwan Health Projects as well as vocational training project. District Kotli is a far flung mountainous area where access to basic necessities of life is scarce. Health, education, water and sanitation and bread earning are the facilities in which these people are marginalized. People have no choice rather than travelling for



hours on high mountains to access hospitals and clean drinking water. Such miserable life was the key for RAHMA to step in the area and to play its part to eradicate sufferings of people.

In Ramazan 2013, RAHMA focused district Kotli, where there are 3 long term development projects, one on vocational skills and two on primary health are being executed. During the execution of project activities, RAHMA identified most vulnerable families from all of the projects. Some of most vulnerable families are being provided free health facilities through sahoalat cards and some of them receive quality vocational training. Therefore, for the year 2013, locations where most vulnerable families are identified were chosen to be focused areas for the distribution of Ramazan food packages.

Objectives of the project:

There are several aspects and objectives of the project however here are some major objectives of the short term project:

- Fulfill nutritional needs of the poor people during the holy month of Ramazan.
- Support poor people who do not afford purchase of basic food items from their limited sources of income during Holy month of income.

Target group and the package:

This short term intervention during the Holy month of Ramzan was particularly designed for under privileged and poor people who do not afford expenses of basic food items during Holy month to fulfill their nutritional needs. Majority of the beneficiaries were identified from Gulpur refugee camp, where RAHMA already providing training to more than 200 young refugee girls. In Gulpur, 300 families (2400 individuals' approximately) were identified from the refugee camp with the help of local notables and committees.

Basic health center Khuiratta and Phagwar Mohra are already providing free of cost support to those needy people hence most deserving people were identified with the help of local village health committees. This process of participation ensures identification of most deserving for this short term support. These Village health committees are in better position to know their people therefore these forums helps in identification and later in distribution. Village health committees from Khuiratta and Dhanwan health projects played significant role in identification and selection of beneficiaries from their villages for this support. From each project 50 (approximately 800 individuals) most deserving families from sahoalat card holder were identified to be supported from Ramazan food package. Hence total of 400 (3200 individual beneficiaries) deserving families were identified for Ramazan food distribution.

Package which was distributed amongst people was a complete package full of edible items to spend one whole month of Ramazan and to sustain their immune system and physical condition.

Following is the detail of distributed items:

S.No	Items
1	What Flour
2	Rooh Afza (Energy Drink)
3	Sugar
4	Rice
5	Spices
6	Gram Flour (Basin in Urdu language)
7	Tea
8	Lentils/Pulses
9	Dates
10	Cooking Oil

This package was for 8 member family for 30 days of Holy month of Ramazan which was handed over to families who were identified before Ramazan.

Total 400 families were benefited from this package, 50 from basic health center Khairatta, 50 from Basic health center Dhanwan, Phagwar Mohra and 300 from Gulpur Refugee camp.

Project Execution:

Implementation strategy of the project was finalized during the identification process of beneficiaries. Area office, district Kotli, while contacting local notables/committees and according to the dwelling areas of beneficiaries finalized three distribution points. As all three distribution points were different in location, therefore project distribution activity took 3 days. One day was spent for each location.

With the help of local committees, project volunteer team distributed tokens to most vulnerable identified families, a week before the distribution. As RAHMA has vast experience of conducting such projects therefore local community was easily handled during token distribution and identification.

After finalizing the execution pre requisites; RAHMA procurement department purchased food items and transported to district Kotli, where Area Coordinator of RAHMA received them in a timely manner.

After receiving the food items, distribution was made according to the plan in which 400 poor families were provided with the basic food items to ensure happy celebration of their holy Ramazan. The complete project execution took almost one month. Below the execution process is defined in elaborative way;

Execution of Project				
Process	Week 1	Week 2	Week 3	Week 4
Identification of beneficiaries				
Token distribution				
Selection of distribution points				
Procurement				
Transportation				
Distribution				

In the execution process, not only RAHMA staff participated voluntarily but also the local community played a vital role from identification process till distribution. All efforts were made on volunteer basis with the zeal and enthusiasm of charity work for vulnerable people.

Challenges:

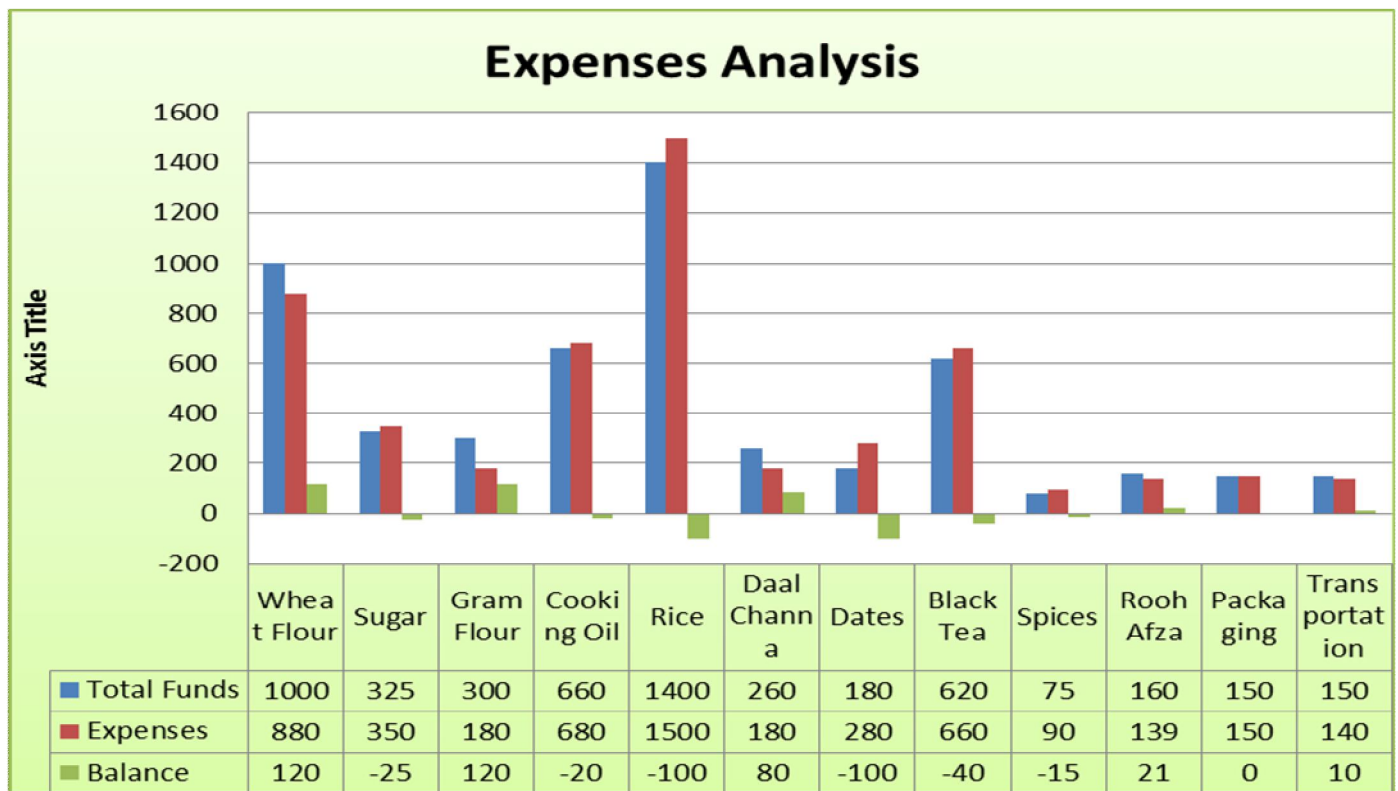
Apart from communication, RAHMA team did not face any challenge during the execution of project

Conclusion:

All beneficiaries were very happy while receiving their package and praised the work of RAHMA. This support ultimately provided a great support to the families to observe fasting with good diet.

This also increased good physical condition and they could better perform their duties in normal life. It can save children from malnutrition and decrease chances of illness.

Financials and Fund utilization analysis:



Expenses are calculated as per Unit

Budget Section-A: Kashmiri Refugees in Kotli							Expenses	
Iftaar-us-Saim Project 2013								
Sr. No	Description	Unit	Unit Price (PKR)	Qty	Total (PKR)	Total (NOK)	Expense (PKR)	Balance (PKR)
1	Wheat Flour	Kg	50	20	1,000	63	880	120
2	Sugar	Kg	65	5	325	20	350	(25)
3	Gram Flour	Kg	150	2	300	19	180	120
4	Cooking Oil	Ltr	220	3	660	41	680	(20)
5	Rice	Kg	140	10	1,400	88	1,500	(100)
6	Daal Channa	Kg	130	2	260	16	180	80
7	Dates	Kg	180	1	180	11	280	(100)
8	Black Tea	Kg	620	1	620	39	660	(40)
9	Spices	Kg	300	0.25	75	5	90	(15)
10	Rooh Afza	Bottle	160	1	160	10	139	21
11	Packaging	-	150	1	150	9	150	-
12	Transportation	-	150	1	150	9	140	10
	Total Price of one Food Package				5,280	330	5,229	51
	Number of Food Packages				400	400	400	400
	Total Required Budget				2,112,000	132,000	2,091,600	20,400
Exchange Rate: NOK 1 = PKR				16				

Pictorial Coverage:

The whole project was pictorially covered by RAHMA staff. Few of the pictures are attached below (Next Page).

Pictures Gallery: Gulpur Distribution point:



Figure 1Gulpur distribution arrangements



Figure 2A orphan child receiving package



Figure 3Token verification



Figure 4RIR staff handing over the package to a women

RBHC Dhanwan distribution point:



Figure 5 Staff Ajaz Ahmed arranging food items



Figure 6 Beneficiary in middle receiving package



Figure 7A Female Doctor and staff providing package to needy women in the middle



Figure 8A disable person received package

RBHC Khuiratta distribution point:



Figure 9Food package



Figure 10Food package



Figure 11IMO Dr Gulnawaz sharing views



Figure 12Close view of food package