



The restaurant meets the criteria for 3-star SPE® Certification, a testament to our commitment to health and sustainability.



@rougetomatechelsea

BREAKFAST

8 - 11AM

Fruits & Grains

Yogurt Parfait	6.50
chia seed, seasonal fruit, house granola	
Fresh Fruit	4.75
Breakfast Green Bowl	10.00
marinated kale, radish, lemon confit, beets, feta, poached egg	

Pastries & Breads

Croissants	
plain 3.90 / almond 4.90 / chocolate 4.50	
Flavored Focaccia	
tomato 3.00 / olive 3.00	

Sandwiches

Egg (All Day)	6.00
soft cooked eggs, slow-roasted tomato, basil	
Vegetable & Egg (All Day)	6.50
soft cooked eggs, kale, roasted trumpet royal mushroom	
Charred Avocado	8.00
pickled chiles, radish, sprouts, sunflower miso	

Beverages

Coffee	
small 2.25 / large 2.75	
Capuccino	3.75
Latte	3.75
Espresso	3.00
Fresh Juices:	
orange	5.00
lemonade	4.00
hemingway's garden	5.00
red root	5.00

Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness

LUNCH

11AM - 2:30PM

Soup & Salads

Carrot-Ginger Soup Lemon Yogurt, Pickled Carrot	6.00		
Market Greens Basil, Mint, Ricotta Salata, White Balsamic Vinaigrette	10.00		
Kale Salad Quinoa, Beets, Feta Pickled Chilies, Radish, Poached Egg, Mustard Vinaigrette	12.00		
Market Grain Bowl Broccolini, Chickpeas, Spinach, Tomato Shiitake Mushrooms, Chickpea Miso Dressing	14.00		
Chopped Salad Romaine, Arugula, Carrot, Sea Island Red peas, Pickled Red Onion, Avocado, Hard Boiled Egg, Herb Dressing	13.00		
Watermelon & Tomato Salad Feta, Basil, Watercress, Chilies	12.00		
Add to any salad:			
Hass avocado	2.00	Organic poached egg	1.50
Organic chicken	4.00	Øra King salmon	5.00

Burgers & Sandwiches

Moroccan Chicken Burger mint yogurt, arugula, peppers & onions, roasted tomato <i>Served with Harissa Pickled Carrots</i>	15.00
Bison Burger Salsa Verde, Gem Lettuce, Avocado, Charred Red Onion <i>Served with Marinated Turnips</i>	16.00
Mushroom-Wholegrain Burger Onion Top Pesto, Spicy Aioli, Cheddar <i>Served with B&B Pickles</i>	14.00
Charred Avocado Sandwich Alfalfa Sprouts, Radish, Pickled Chilies, Sunflower Miso	8.00
Roasted Chicken Sandwich whipped feta, pickled fennel, roasted tomato, basil	12.00

“Our mission is to provide an extraordinary dining experience that supports the total well-being of the individual and the environment.”

“In this modern era of food politics and diet debates, the idea of a restaurant that offers great food without compromising people’s health and that of the planet seems almost too good to be true. At Rouge Tomate Chelsea, we’re addressing these challenges with vision, innovation and passion, striving to create something of real value and lasting impact. This is our commitment and we live it every day.”

Emanuel

June 13, 2018