



The restaurant meets the criteria for 3-star SPE® Certification, a testament to our commitment to health and sustainability.



@rougetomatechelsea

# BREAKFAST

## 8 - 11AM

### Fruits & Grains

Yogurt Parfait	6.50
chia seed, seasonal fruit, house granola	
Fresh Fruit	4.75
Breakfast Green Bowl	10.00
marinated kale, radish, lemon confit, beets, feta, poached egg	

### Pastries & Breads

#### Croissants

plain 3.90 / almond 4.90 / chocolate 4.50

#### Flavored Focaccia

tomato 3.00 / olive 3.00

### Sandwiches

Egg (All Day)	6.00
soft cooked eggs, slow-roasted tomato, basil	
Vegetable & Egg (All Day)	6.50
soft cooked eggs, kale, roasted trumpet royal mushroom	
Charred Avocado	8.00
pickled chiles, radish, sprouts, sunflower miso	

### Beverages

#### Coffee

small 2.25 / large 2.75

Capuccino 3.75

Latte 3.75

Espresso 3.00

#### Fresh Juices:

orange 5.00

lemonade 4.00

hemingway's garden 5.00

red root 5.00

Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness

# LUNCH

11 AM - 2:30 PM

## Soup & Salads

**Carrot-Ginger Soup** 6.00  
lemon yogurt, pickled carrot

**Market Greens** 10.00  
basil, mint, ricotta salata, white balsamic vinaigrette

**Kale Salad** 12.00  
quinoa, beets, feta pickled chilies, radish, poached egg, mustard vinaigrette

**Market Grain Bowl** 14.00  
broccolini, chickpeas, spring peas, shiitake mushrooms, chickpea miso dressing

**Chopped Salad** 13.00  
romaine, arugula, carrot, sea Island red peas, pickled red onion, avocado, hard boiled egg, herb dressing

### Add to any salad:

Hass avocado	2.00	Organic poached egg	1.50
Green Circle chicken	4.00	Ōra King salmon	5.00

## Burgers & Sandwiches

**Moroccan Chicken Burger** 14.00  
mint yogurt, arugula, peppers & onions, roasted tomato

**Bison Burger** 15.00  
salsa verde, gem lettuce, avocado, charred red onion

**Mushroom Burger** 13.00  
spicy ketchup, caramelized onion, watercress

**Charred Avocado Sandwich** 8.00  
alfalfa sprouts, radish, pickled chilies, sunflower miso

**Roasted Chicken Sandwich** 12.00  
whipped feta, pickled fennel, roasted tomato, basil

“Our mission is to provide an extraordinary dining experience that supports the total well-being of the individual and the environment.”

“In this modern era of food politics and diet debates, the idea of a restaurant that offers great food without compromising people’s health and that of the planet seems almost too good to be true. At Rouge Tomate Chelsea, we’re addressing these challenges with vision, innovation and passion, striving to create something of real value and lasting impact. This is our commitment and we live it every day.”

A red cursive signature that reads "Emanuel". The signature is written in a fluid, handwritten style with a consistent red color.

March 23, 2018