Spa at Sundance Mountain Resort Named a Top 10 Green Spa In Organic Spa Magazine

(Sundance, UT) March, 2013...The Spa at Sundance has been named in Organic Spa Magazine's list of Top 10 Green Spas. In addition to Sundance, the other Spas include Napa Valley's Bardessono, San Francisco's Cavallo Point, Fairmont Mayakoba, Costa Rico's Harmony Nosara, Inkaterra Machu, Picchun, JW Marriott San Antonio Hill Country Resort & Spa; Miraval Life in Balance Spa, East Hampton's Naturopathica Healing Arts Center and Spa, and Colorado's Westin Resort & Spa.

"The Spa at Sundance is honored to be a part of such an illustrious group of spas that are making a big difference in the world through their practices of sustainability," commented Chad Linebaugh, Sundance Mountain Resort General Manager.

The Spa was built with the environment in mind, including the usage of environmentally responsible building products including low VOC paint, water saving devices, energy efficient lighting and heating, wallboard made from sunflower seed hulls and the use of Trestlewood - a lumber salvaged from the Great Salt Lake.

The Spa at Sundance is devoted to healing practices that bring the body, mind and spirit into alignment through the healing power of touch.

Simplicity is the key to returning to the senses in order to restore natural harmony and balance. Treatments are designed with natural ingredients, including the Warming Ginger Scrub, the Honey and Cornmeal Body Wrap, the Sage and Sweetgrass Ritual and the Native Neroli Body Polish.

The Spa is also creating a new Wellness Menu that includes Morning Yoga, Mindfulness Meditation, and Nature Walks. Each is designed to still the mind so as to bring balance, strengthen the body and create overall healing.

ABOUT SUNDANCE RESORT

Nestled at the base of 12,000-foot Mt. Timpanogos, Sundance Mountain Resort is a 5,000-acre community preserve dedicated to maintaining the balance of art, nature and community. Sundance Resort offers diverse mountain recreation experiences and encourages the cultivation of art and self-expression, as well as the preservation of the land. Created by Robert Redford, Sundance is a haven for discovery and inspiration.

The Sundance family of companies includes the Sundance Resort, Sundance Institute, Sundance Channel, Sundance Cinemas and Sundance Catalog. For more information on Sundance, call 801-225-4107 or visit our website, www.sundanceresort.com.