

AWESOME, COLORFUL

AUTUMN

The air is crisp, the trees are ablaze with color, and there's a bountiful harvest of fun at our farms. You're just in time to celebrate autumn in New York!

Fresh from New York!

From apples you've just picked from the tree, to fresh local corn, tomatoes and herbs, New York produce simply tastes better. Across the state hundreds of regularly scheduled farmers markets, and countless roadside farmstands, present an ever-expanding variety of farm fresh products and other New York specialties.

Farm Markets

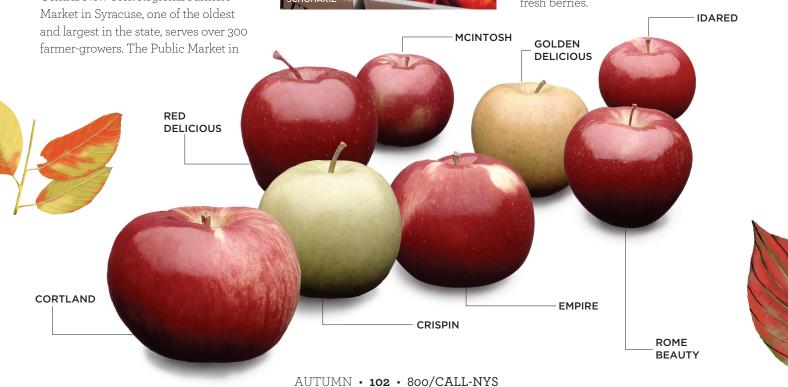
Stop by any of New York's abundant farmers markets for fresh fruits and vegetables, pasture-raised meats and specialties like apple cider, maple syrup, artisanal breads and cheeses, juicy grapes and award-winning wines. Central New York Regional Farmers Market in Syracuse, one of the oldest and largest in the state, serves over 300 farmer-growers. The Public Market in

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Rochester, with over 300 stalls, has been operating for over 100 years. Farmers and local craftsmen sell fresh foods, ethnic delicacies, and Finger Lakes specialty items.

Buffalo's Elmwood Bidwell Market, called one of the best in western New York by area press, has goods like smokehouse sausages, honey from local apiaries, regional wines and dairy products.

Stop by the Lake Placid Market in the Adirondacks. Vendors sell everything from organic cheeses to maple syrup from a local sugarworks. In the Catskills, Sullivan Country Farmers Markets sell products like wild mushrooms, organic meats, heirloom tomatoes and fresh berries.



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Unique Places to Stay

After a glorious day of leaf-peeping, treat yourself to a blissful night at a soothing spa or romantic castle. Stay at an historic lighthouse or a family dude ranch and you'll wake up to great adventures! From rustic to swanky, some very cool places offer warm welcomes across New York.

Bliss by the Sea

The beach crowd is gone, but with rustic wineries, posh shops and spectacular fall foliage, The Hamptons are lovely at "off-season" rates too. Autumn brings clouds of Monarch butterflies and the

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Rhinebeck Farmers Market features cooking demonstrations to showcase local products. Also in the Hudson Valley, the year-round Beacon Farmers Market, held on a ferry dock, features live music.

Even New York City has its own farmers markets, with upstate farmers bringing in fresh-picked produce. The Union Square Greenmarket (www.grownyc.org) is one of the largest and most famous. Don't be surprised to find your favorite celebrity chef shopping for ingredients there!

Pick Your Own

The top apple producer in the East,
New York has more than 700 orchards
filled with big juicy apples, ripe for picking.
With so many delicious varieties, our
season continues into early November.
You'll also find plenty of autumn raspberries, squash, sweet corn and tomatoes.
Savor the intoxicating aroma of the grape harvest in September and October. Along
Lake Erie in southwestern New York,
America's Grape Country is the world's
largest Concord grape-growing region.
Or head to a pumpkin patch to pick your
perfect Halloween pumpkin.

For more information visit iloveny. com as well as Pride of New York (prideofny.com) and the Farmers Market Federation of New York (nyfarmersmarket.com).







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annual Hamptons Film Festival. Nestled amid the dunes, Gurney's Resort offers soothing spa packages and ocean views from the cozy guestrooms and olympic-size, heated-seawater swimming pool—surrounded by floor to ceiling windows!
631/668-2345; gurneysinn.com

Unwind in the Autumn Woods

On the Esopus Creek, near Woodstock, The Emerson Resort & Spa invites relaxation in its sumptuous suites and family-friendly lodge. Choose from a full menu of holistic wellness treatments in the four-star Eastern-influenced spa. Next-door, browse the Country Store's upscale shops and step into the world's largest kaleidoscope for a mesmerizing experience! 877/688-2828;

emersonresort.com

Kitschy Comfort

Catch breathtaking autumn views of the Catskills at Kate's Lazy Meadow on the banks of the soul-stirring Esopus Creek. Colorfully created by Kate Pierson of the B52s, cozy cabins and suites feature authentic Fabulous Fifties kitchens, designer linens and modern amenities. Cool! 845/688-7200; lazymeadow.com



Heavenly Nights

A former convent, the Angels Nest Bed & Breakfast in Rome (Central New York) has been resurrected as a tranquil inn. Original features of the Convent include a chapel, complete with pews and stained glass windows. Serene angel art decorates the rooms, and a lovely angel-themed garden invites outdoor meditation. The owner/host keeps the spirit with her warm hospitality and home-cooked breakfasts. 315/334-4618; angelsnestcny.com

A Peak Experience

More than a B&B, the historic Adirondak Loj at Heart Lake, just eight miles from the village of Lake Placid, is a total wilderness experience. Spend a night here, and you'll wake up amid a vast spread of woodlands, lakes and mountains. Trailheads on the property access the magnificent Adirondack High Peaks. 518/523-3441; adk.org

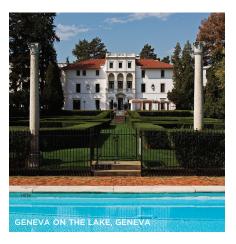
Mi Castle es Su Castle!

Autumn looks spectacular from the tower suite at the medieval-style Castle on the Hudson in Tarrytown. You'll dine like royalty in the oak dining room transported from France: It was once owned by Louis XIV. Ooh la la! 914/631-1980; castleonthehudson.com

Get the royal treatment at Oheka Castle, overlooking Long Island Sound. The 1920s home of philanthropist Otto Kahn is now a luxury hotel surrounded by splendid gardens and fountains. 631/659-1400; www.oheka.com

At Singer Castle, on a private island in the Thousand Islands-Seaway region, the two-bedroom Royal Suite offers stunning views of both sunsets and sunrises. 315/324-3275; singercastle.com

A Finger Lakes gem, Geneva on the Lake (315/789-7190; genevaonthelake.com) was modeled after a majestic Italian villa. Romantic Belhurst Castle on Seneca Lake is part of an estate with its own vineyard. 315/781-0201; belhurst.com



Dudes & Cowboys

From riding horses in the quiet autumn woods, to riding the wet and wild slides at the indoor waterpark, Rocking Horse Ranch Resort in the Hudson Valley has everything you need for a great family getaway. With bonfire sing-alongs, hayrides, shows, and meals prepared by chefs from the Culinary Institute of America, it's no wonder *Better Homes & Gardens* named it one of the 15 best resorts in the Northeast! 800/647-2624; rockinghorseranch.com

Lighthouse Views

Spend the night with a thousand islands around you and million stars above—at Tibbetts Point Lighthouse, now a family-friendly hostel in the Thousand Islands-Seaway region (315/654-2700; capevincent.org/lighthouse). Historic Saugerties Lighthouse in the Hudson Valley is now a sunny B&B with million dollar views. 845/247-0656; saugertieslighthouse.com

Peak times to travel this Fall



Timing is everything. This map will help you follow a path of peak color change as you travel through New York State this autumn. Find weekly foliage updates at **iloveny.com**

- 1 last two weeks in September
- 2 last week in September, first week in October
- **3** first two weeks in October
- 4 second & third weeks in October
- **5** last two weeks in October
- **6** last week in October, first week in November

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Awesome Autumn Activities

There's a bountiful harvest of fun across New York! You'll find hayrides sweet and scary, magnificent mountains for leaf peeping, apples ripe for picking, and Halloween celebrations you'll never forget.

Visitors come from around the world to see our spectacular fall foliage—from historic Hudson Valley estates to the majestic Niagara Falls. For a unique perspective in the Catskills, ride Hunter Mountain's New York Zipline Adventure or their new Kaatskill Flyer chairlift. Float above the landscape in a hot-air balloon, ride the scenic eight-passenger gondola at Whiteface Lake Placid, or zigzag through the trees on a mountain coaster at Holiday Valley in Chautauqua-Allegheny or Greek Peak Resort in the Finger Lakes.

Get a close-up view of the autumn leaves on a narrated train ride or see them reflected in the water on a boat tour. Fish or kayak on a crystal-clear lake. Follow a picturesque country road or a scenic byway. Stroll in a botanical garden. Go camping, hiking, biking, or ride a horse on a woodland trail at a splendid state park like Wellesley Island in the Thousand Islands-Seaway. Find a map of scenic vistas on page 100.

Join the fun at festivals and farms across the state, from Harbes Family Farms on Long Island to Busti Cider Mill in Chautauqua-Allegheny. Sample freshpressed cider and artisanal cheeses, pick your own apples and pumpkins, and make your way through corn and hay mazes like the award-winning ones at

Liberty Ridge Farm in Capital-Saratoga and Critz Farms in Central New York.

From the appearance of the first crimson maple leaf in the Adirondacks to the famous Macy's Thanksgiving Day Parade in New York City, autumn is a celebration in New York. However you choose to enjoy it, it's an awesome experience!

Visit **iloveny.com** for fall travel ideas and information.



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New York City

9/11 | Commemorating September 11th | Manhattan (W-24) | A variety of events honoring the victims of the World Trade Center attacks, 212/312-8800. national911memorial.org

9/19-29 | Feast of San Gennaro | Manhattan (W-24) | Religious processions, parades, music, Italian food, restaurants, cannoli-eating competition. Mullberry St. sangennaro.org

Long Island

9/14-15 | Hallockville Fall Festival and Craft *Fair* | Riverhead (V-29) | Artisan vendors, food, music, kids' games, animals. Hallockville Museum. 631/298-5292, hallockville.com

10/11-14 | Long Island Fall Festival | Huntington (V-26) | Carnival with more than 200 vendors, food, entertainment. lifallfestival.com

10/12-13 | 29th Annual Oyster Bay Oyster Festival | Oyster Bay (V-25) | Live entertainment, tall ships, artisans, pirate shows, midway rides, oyster eating and shucking contest. theoysterfestival.org

Hudson Valley

9/28-29 | Hudson Valley Garlic Festival | Saugerties (P-23) | Vendors from around the country prepare an eclectic assortment of culinary garlic treats. hvqf.org

10/12-14 | Sugar Loaf Fall Festival | Sugar Loaf (T-22) | Music, food, crafts and family fun in quaint arts and crafts hamlet. 845/610-3740, sugarloafnewyork.com/fun

The Catskills

9/28 | 9th Annual Cauliflower Festival | Margaretville (P-21) | Music, rides, petting zoo, children's hands-on crafts, cauliflower for sale, cauliflowerfestival.com

10/5-6, 10/1-13 | Oktoberfest at Hunter Mountain | Hunter (P-22) | German & Austrian music, local bands, family activities, pumpkin painting and crafts. huntermtn.com

Capital-Saratoga

9/6-8 | Waterford Tugboat Roundup | Waterford (M-24) | Vessel tours & rides, music, food, children's activities, vendors, fireworks & more. tugboatroundup.com

10/26 | Downtown Fall Festival | Saratoga Springs (K-24) | Pumpkin decorating, magic, music, face painting, pony rides and more. 518/587-8635

The Adirondacks

9/14-15 | Lake George Jazz Weekend | Lake George (I-24) | Contemporary jazz, nationally acclaimed performers. 518/668-2676, lakegeorgearts.org.

9/20-22 | 40th Annual Adirondack Balloon Festival | Glens Falls (J-24) | Oldest and largest balloon event on the East Coast, Mountain backdrop, adirondackballoonfest.org

10/5-6 | World's Largest Garage Sale |

Warrensburg (I-24) | Vendors from across the nation. Antiques, memorabilia, clothing, furniture, and more. warrensburgchamber.com

Thousand Islands-Seaway

9/27-29 30th Annual Central Square Apple Festival | Central Square (J-15) | Amusement rides, live entertainment, and demonstrations More than 200 crafters, vendors. 315/675-8232, centralsquareapplefestival.com

10/5 | 9th Annual Oktoberfest | Alexandria Bay (E-16) | Music, Bavarian dancers, grape stomp competition, hayrides. German food, beer, and wine. Thousand Islands Winerv 315/482-9306, thousandisllandswinerv.com

Central New York

9/21 | Pumpkinfest | Cooperstown (M-20) | New York State Giant Pumpkin Growers Weigh-Off and Pumpkin Regatta on Otsego Lake. cooperstownchamber.org

9/21-22 | Harvest Festival at the Farmers' **Museum** | Cooperstown (M-20) | Old-time agricultural fair celebrates the season's bounty. Fraditional crafts, food and entertainment. 888/547-1450, 607/547-1450, farmersmuseum.com

Finger Lakes

9/27-29 | Great Syracuse Oktoberfest | Syracuse (K,L-15) | Authentic German entertainment, food and beverages. Fri-Sat, noon-11pm. Sun, noon-6pm. 800/234-4797, 315/470-1910, germanamericanscny.com

9/28-29 | Naples Grape Festival | Naples (N-10) | World's Greatest Grape Pie Contest. Arts, crafts, grape foods, wine tastings and music. 585/374-2240, naplesgrapefest.org

Greater Niagara

10/9-15 | Medina Railroad Excursions | Medina (J-7) | Ride vintage 1947 Budd passenger coaches along the historic Erie Canal between Medina and Lockport. Medina Railroad Museum. 585/798-6106, railroadmuseum.net

10/11-14 | Browns Berry Patch Fall Harvest Celebration | Waterport (J-7) | U-pick apples and pumpkins. Wagon and pony rides, fall displays, clowns, make-a-scarecrow, corn maze and more. 585/682-5569, brownsberrypatch.com

Chautauqua-Allegheny

9/7-8 | Septemberfest | Forestville (N-4) | Annual grape harvest festival. Food, wine tasting, classic cars, music, craft vendors and more. Merritt Estate Winery. 888/965-4800, merrittestatewinery.com

9/29 | Busti Apple Festival | Busti (P-3) | Arts, crafts, 19th-c pioneer life-skills demonstrations, 1838 grist mill tours, apple cider and apple favorites, farmers market and more Busti Grist Mill & Museum. 716/483-0134. townofbusti.com/apple.html.

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