



FOR IMMEDIATE RELEASE

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**10 Things to Do in the Pocono Mountains This Summer**  
*Memorial Day Weekend, known as the Unofficial Start of Summer, is Here*

POCONO MOUNTAINS, PA, May 26, 2017 – Along with being a time to honor those who have served in our military, Memorial Day Weekend also provides an opportunity to welcome warmer months, and the exciting activities that come along with them. The [Pocono Mountains](#) is filled with fun activities just waiting for you to take part in this summer. Here are ten fun-filled ideas to put on your to-do list in the Pocono Mountains this summer:

**1. Festival Season**

Warm weather hails outdoor events and plenty of festivals. The Pocono Mountains is the perfect location for [festivals](#), pairing scenic views with entertainment for all ages. Food, wine, crafts, rides, nature, outdoor celebrations, live music—can it get any better?

**2. Small Town Flair**

That special [small-town](#) sensation is felt throughout the Pocono Mountains. Quaint walkaround towns like Milford, Jim Thorpe, Honesdale, and Stroudsburg pair well with a day of exploring local shops, eating at outdoor cafes, and finding hidden gems in the downtown areas. Bonus points: stay at a [B&B](#) overnight to get an extra day to explore.

**3. National and State Parks**

Take a breath of fresh air. Explore the 2,400 square miles of natural areas in the Pocono Mountains including nine state parks, two national parks, and hundreds of acres of state game lands. These [parks](#) are a preservation of land perfect for hiking, horseback riding, camping, swimming, fishing, and picnicking.

**4. Fun on the River**

Whitewater rafting, kayaking, canoeing, and inner tubing down the Delaware River and Lehigh River have long been popular [activities](#) to soak up the summer sun while enjoying quality time *disconnected* from the everyday hustle, to *reconnect* with family and friends.

**5. Fly and Climb Through the Trees**

[Adventure parks](#) are becoming an increasingly popular activity in the Pocono Mountains, containing family-friendly activities like ropes courses, all-season tubing lanes, coasters, climbing walls and zip lines.

## 6. **Splash Around**

[Waterparks](#) are the perfect place to cool off on a hot day. Explore waterslides, rides, and attractions under the summer sky. Or, with a collection of [indoor waterparks](#) in the Pocono Mountains, the fun doesn't need to end on a rainy day; bring the party inside and splash the day away regardless of the weather!

## 7. **Ready, Set, GO!**

You can find races of all kinds in the Pocono Mountains. From challenging 5ks and [adventure races](#), to [NASCAR races](#), the need for speed is *real*. You can even get behind the wheel yourself in a [stock car](#) to lay down some rubber.

## 8. **Lake Life**

Boating, jet skiing, stand-up paddle boarding, fishing, kayaking, swimming, and even parasailing are just a few ways to enjoy the [lake](#) life in the Pocono Mountains. At night, visitors can kick up their feet and watch some of the best sunsets over the blue water.

## 9. **Golf & Spas**

Numerous [golf courses](#) can be found in the Pocono Mountains, from small private clubs and practice areas to sprawling resort systems designed by the greats. The varied landscape ensures plenty of challenges, and the scenery never disappoints. Rich in health and wellness options, from day spas to yoga classes, fitness clubs and overnight destination spas, the Pocono region is a genuine paradise for [spas](#).

## 10. **Waterfalls**

Walk or hike to one of the many [waterfalls](#) in the Pocono Mountains for a natural, inexpensive way to beat the heat this summer. Most waterfalls are easy to access and free or almost free to view. These gorgeous cascades can be found in each of the four counties that make up the Pocono region.

***Relevant photos and videos are located [here](#). If using provided materials, please credit PoconoMountains.com.***

### **About the Pocono Mountains**

With 2,400 square miles encompassing Pennsylvania's Wayne, Pike, Monroe and Carbon counties, the Pocono Mountains region is home to rolling mountain terrain, breathtakingly beautiful waterfalls, thriving woodlands, and 170 miles of winding rivers. Winters offer guests the opportunity to ski, snowboard, snow tube and even snowshoe their way through snowy wonderlands encompassing over 163 ski trails, while summers also cater to the active traveler allowing exploration of 261 miles of hiking and biking trails, over 30 golf courses, whitewater rafting, boating, fishing, and open access to nine state and two national parks.

Pocono Mountains visitor information is available online at [PoconoMountains.com](#) or by phone at **800-POCONOS** (800-762-6667). Follow [@PoconoTourismPR](#) on Twitter to stay current with up-to-date information. Established in 1934, the Pocono Mountains Visitors Bureau is a private, non-profit, membership organization. The Pocono Mountains Visitors Bureau is the official destination marketing organization for the four counties of Wayne, Pike, Monroe, and Carbon in Northeastern Pennsylvania.

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