

FINGER LAKES

2017 I ♥ NY

Sweet Treat

t r a i l

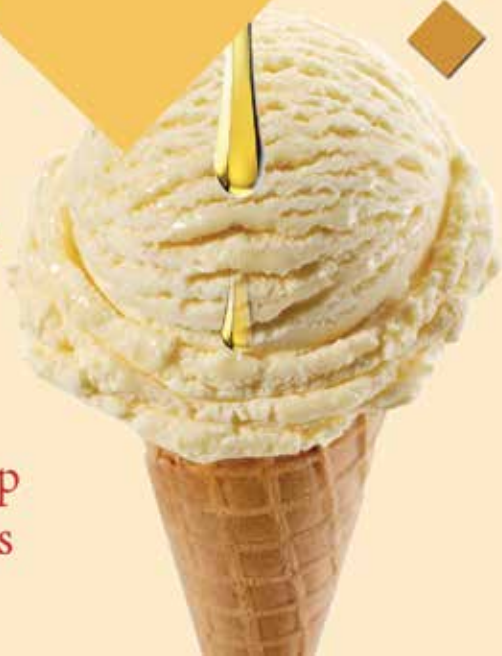
Experience
Locally-Made
Delights!

One of the
Best Food Trails
as voted by readers
of USA TODAY
and 10Best



fresh

Jams
Jellies
Honey
Ice Cream
Cookies
Pastries
Fruit
Maple Syrup
Fruit Wines



Welcome to the Finger Lakes Sweet Treat Trail

The family-friendly Finger Lakes Sweet Treat Trail is all about the unique sweets and treats that Cayuga County has to offer. Whether it is honey or jam or homemade cookies, this self-guided tour has something to satisfy your sweet tooth cravings. Don't miss Spring Fling Week from June 2 – 9 and Fall Fling Week from September 9 -16. See details inside.

All roads lead to



yummy  goodness!

Some of the charm of the Finger Lakes Sweet Treat Trail is that most of the stops are small and family run so it is always wise to call ahead and confirm hours before your visit. For updates on offerings at specific stops, check out their Facebook pages.

Receive a **FREE**
Sweet Treat Trail
tote bag*
at any stop or at the
Spring or Fall Fling
Week events.

Have your pass stamped at 8 stops for a chance to win one of 3 Sweet Treat Trail Baskets of Goodies.

Deadline to submit for the December 1 drawing is November 25, 2017.

* while supplies last

AUBURN FARMERS' CO-OP MARKET

Featuring local honey, syrup, fresh fruit & vegetables, cider, jams & jellies, and baked goods.

Hours: June - Oct., Tues., Thurs. & Sat., 7 a.m. – 2 p.m.

State Street @ Curley's Parking Lot/

Route 38, Auburn, NY 13021 315-704-8609

auburnfarmerscoopmarketinc.com

AURORA FARMERS' MARKET

Located alongside Cayuga Lake, local vendors offer many treats to tempt your sweet tooth: honey, maple syrup, fresh fruits and veggies, jams & jellies, and baked goods - pies, breads, cookies, turnovers & sweet rolls. Gimme Waffles by Seed Born Foods offers delicious, gluten-free Belgian waffles baked to order with an assortment of sweet and savory toppings as well as allergy-friendly fudge, ice cream, and biscotti.

Hours: June - October, Saturdays 9 a.m. – 1 p.m.

Wells College softball field, corner of State Route 90

and Poplar Ridge Road 315-364-3304

auroranyfarmersmarket.com

BRADFORD HEIGHTS DELIGHTS MARKETPLACE

A specialty market featuring Finger Lakes merchandise from local producers such as baked goods, maple syrup, Finger Lakes Roasters Coffee, raw honey, jams & jellies, handmade candy & more.

Hours: Wed. – Sat., 9 a.m. - 5 p.m.; occasional

Sundays (call ahead)

Fingerlakes Mall, 1579 Clark Street Road, Auburn, NY 13021 (across from Bass Pro Shops) 315-704-8609

Bradfordheightsdelights.4t.com

CAROLYN'S CREATIONS

A quaint village bakery producing cakes, cookies, pies and other baked goods made from scratch with locally produced ingredients whenever possible.

Hours: Open year-round Tues. - Fri., 10 a.m. – 5 p.m.,

Sat. 10 a.m. - 1 p.m. and by appointment

11370 South Street, Cato, NY 13033 315-626-3607

KAREN'S COUNTRY CONFECTIONS LLC

A bakery where everything is made from scratch with locally produced honey and maple syrup as well as fresh picked local apples, berries, cherries, peaches and rhubarb. Enjoy Karen's famous cinnamon buns, breakfast twists (weekends only), English Muffin Bread, Ciabatta and Italian bread as well as cookies, muffins, cakes, cupcakes, scones and pies.

Hours: June – Sept., Wed. - Fri., 7 a.m. – 3 p.m., Sat. & Sun., 7 a.m. – 1 p.m., Oct. - May, Wed. - Fri., 7 a.m. – 3 p.m. and Sat., 7 a.m. – 1 p.m.

157 Cayuga Street, Union Springs, NY 13160

315-604-7189

facebook.com/Karens-Country-Confections

KING FERRY CORNER STORE

Built in the 1930s and carefully remodeled to preserve the warmth and character of a classic old time grocery, the King Ferry Corner Store offers a bright, airy, and uniquely local experience. Fill up your gas tank, and then step inside to the smell of fresh coffee brewing and baked goods cooling. With specialties ranging from freshly baked breads and pastries to gluten free brownies, there's a sweet treat for everyone. Locally made artisanal goods including maple syrup, jellies, jams, and more are available.

Hours: Open daily year-round, Mon. – Sat. 6 a.m. – 8 p.m., and Sun. 6 a.m. – 6 p.m.

960 Route 34B King Ferry, NY 13081

Daily updates at: facebook.com/kingferrycornerstore

MORGAN'S HALF ACRE PRODUCE

This family owned farm stand is well-known for its SWEET corn and other home grown fruits and vegetables, but offers additional treats produced daily in its kitchen. Fruit pies, quick breads and milkshakes made with fresh fruits as they ripen fill the store with a delicious aroma! Jams, jellies, maple syrup and locally produced honey are also available. Samples are offered.

Hours: Open May 15 - Oct. 31, Mon. - Sat. 9 a.m. – 6 p.m., and Sun. 10 a.m. – 4 p.m.

6169 Half Acre Road/Route 326 at West Genesee Street Road, Auburn, NY 13021 315-952- 2281

morganshalfacreproduce.com

MUZZI'S D'ITALIA ICE

Their Italian ice recipe has been in the family for 3 generations coming straight from Italy. Muzzi's uses fresh fruit from the farmers' market and carries over 25 flavors such as Cherry, Jennalious Grape and Blue Raspberry. A perfect treat for the lactose intolerant! Enjoy a Cream Ice, a cross between ice and ice cream with a rich creamy texture sure to please your taste buds.

Hours: April – Oct., Mon. – Sun. 10 a.m. – 10 p.m.

26755 West Brutus Street, Weedsport, NY 13166

315-834-6505

NEW HOPE MILLS STORE AND CAFÉ

This year-round store features maple syrup, honey, baked goods and pancake and baking mixes, jams, jellies, preserves, and spreads plus gluten free mixes and coffee, espresso, smoothies and other hot drinks in the Café. Ask for a sample tasting.

Hours: Open year-round. Mon. - Fri. 8 a.m. – 4 p.m.; Sat. 10 a.m. – 2 p.m. "All You Can Eat Pancakes" every Friday from 8 a.m. - noon.

Enjoy the special "Drink of the Month".

181 York Street, Auburn, NY 13021

315-252-2676

newhopemills.com

OWASCO FARMERS' MARKET

The Town of Owasco Farmers' Market is a great local market with over 20 vendors! You will find some amazing baked goods, Italian Ice Cream/Ice, fresh popped Kettle Corn, local honey, jams & jellies, syrups, spices, cheeses and Artisan Oils along with local fruits & produce. An excellent caterer offers a variety of delicious gourmet meals to eat in or take out. Many Sweet Treat Trail stops are part of the market.

Hours: June 14 – Sept. 21 on Wednesdays from 3 - 7 p.m. under the newly renovated Town Shelter, 7198 Owasco Road, Auburn, NY 13021 315-253-9021

facebook.com/OwascoFarmMarket

OWEN ORCHARDS

In addition to u-pick apples, peaches, pumpkins and gourds, Owen Orchards makes and sells its own honeys, cider and cider donuts as well as locally produced maple syrup, jams, jellies and baked goods. Kids will love the wagon ride into the orchards during apple picking season.

Hours: Open August - March, 9 a.m. –

6 p.m. daily.

8174 Grant Avenue Road/Route 5W, Auburn, NY 315-252-4097

owenorchards.com

REESE'S DAIRY BAR

Family-run since 1973, Reese's is an ice cream shop and restaurant featuring homemade ice cream, sherbet, sorbet, ice cream cakes, ice cream cupcakes, cremewiches, berrywiches, ice cream sandwiches, chipwiches, French custard, Frace' and sundaes using local products whenever possible. Tour Buses are welcome – please phone ahead. Visit Facebook for details.

Hours: Serving every day from March 24 – mid-Sept.; March 24 – May 25 11 a.m. – 9 p.m. (Easter Sunday 4 p.m. – 9 p.m.); May 26 – August 13, 11 a.m. – 9:30 p.m.; August 14 – Sept. 4, 11 a.m. – 9 p.m.; Sept. 11 – end of season, 12 noon – 8:30 p.m.

1422 Clark Street Road/Routes 5 & 20 West @ Half Acre Road
315-252-7323

STRAWBERRY FIELDS HYDROPONIC FARM

You can U-pick strawberries grown hydroponically and up off the ground from mid-June – October. The unique shop features honey produced from our own fields, local syrup, fruits, fresh jams, Artisan oils and much more! Visitors can taste, shop and pick fresh strawberries! Group tours & motor coach tours welcomed - by appointment only please.

Hours: May – Dec. Mon. - Fri. 10 a.m. – 5 p.m.; Sat. 10 a.m. – 4 p.m.; Closed Sundays

4240 East Genesee Street Road (1 mile west of Skaneateles on Route 20), Auburn, NY 13021 315-751-5657

strawberryfieldsupick.com

THE APPLE STATION

This farm stand, shop, u-pick and winery specializes in growing apples and blueberries, New York State produced jams, jellies and honeys in addition to their own sweet cider, apple cider donuts and fruit wines. Visitors will enjoy tastings, shopping and seasonal u-pick along with concerts and special events.

Hours: March & April, Sat. & Sun. 10 a.m. – 5 p.m.; May, Fri. - Sun. 10 a.m. - 5 p.m.; June - Aug., Wed.-Sun. 10 a.m. – 5 p.m.; Sept.-Nov., 7 days

a week 10 a.m. - 5 p.m. and Dec., Sat. & Sun. 10 a.m. - 5 p.m.

5279 Cross Road, Cayuga, NY 13034 315-889-5185

theapplestation.com

THE PRODUCE PLACE

The Produce Place is so much more than the name implies! Operating for 30 years as a garden center, full-service deli with seasonal, local vegetables and a gift & souvenir shop, it is their baked goods, made on premises from scratch, that keeps bringing in visitors. They are well known for their pies - fruit pies with local fruit in season and cream pies any time of year. Cookies, cupcakes, muffins, quick breads, local honey, maple syrup and New York cheese cakes are available.

Hours: Easter - Dec. Mon. - Fri. 10 a.m. – 6 p.m.; Sat. 9 a.m. – 5 p.m. and Sun. 10 a.m. – 5 p.m.

293 Cayuga Street State Route 90, Union Springs, NY 13160

315-889-7611

theproduceplace.net

THE VILLAGE MARKET

The quaint market offers a daily selection of exquisite homemade cakes, tarts and cookies along with locally-roasted coffee and fine Finger Lakes cheeses and beers. The market also features tantalizing take-home meals and soups prepared daily by the chefs at the Aurora Inn.

Hours: Open year-round. Sun. – Thurs. 7 a.m. – 8 p.m. and Fridays & Saturdays from 7 a.m. – 9 p.m.

385 Main Street, Aurora, New York 13026 315-364-8803

innsofaurora.com

Call Ahead. Open by chance or appointment.

FINGER LAKES DEXTER CREAMERY

In addition to artisanal farmstead Kefir cheese, Finger Lakes Dexter Creamery produces low sugar jams made from organically grown fruit. Yummy healthy cookies, candies, cakes, fruits and other goodies available if you call a couple of days ahead. Owners Rose and Tim will cater comfort sweets for your road trip upon request! A visit to the micro-dairy includes a cheese tasting and a walk in the pasture to visit with the friendly cows and calves!

Hours: Open year-round, call ahead.

1853 Black Rock Road, King Ferry, NY 13081

315-364-3581 or 315-406-2894

kefircheese.com

FLY BY NIGHT COOKIE COMPANY

This unique shop features homemade pastries, cookies, pies and cakes, all made from scratch with real eggs, butter and fresh fruit from local farms. No chemicals or preservatives added! Sit on the porch with a bag of cookies and a glass of iced tea and watch the world go by.

Hours: Seasonal, call ahead.

14508 Fancher Avenue, Fair Haven, NY 13064 315-947-5588

Fairhavenny.com/cookiecompany

STANDING STONE HONEY BEE PRODUCTS

Standing Stone is a farm stand featuring local comb, raw and cream honey with free tastings offered. They also sell soaps, candles, lip and skin balm and other honey products.

Hours: Open by chance, but look for their products at local farmers' markets as well.

11062 State Route 90, Locke, NY 13092 315-497-9079

standingstonehoney.com

STERLING SUGAR SHANTY

Located in scenic Sterling, NY just 5 miles south of Fair Haven and beautiful Lake Ontario, this family run business takes pride in their delicious, 100% pure maple products including syrups, candy, cream and granulated sugar. They will also make gift baskets on the spot! Stop by for a treat that will dazzle your taste buds!

Hours: By appointment Jan. - Dec; Memorial Day - Labor Day, Sundays, 10 a.m. - noon or 2 p.m. - 4 p.m. Please call ahead.

862 Sterling Station Road, Red Creek, NY 13143 315-224-9213

SPECIAL EVENTS FOR 2017

SPRING FLING

Friday June 2, 2017 from 5 p.m. – 8 p.m. during First Friday in Downtown Auburn.

Join us at the Finger Lakes Arts Council, 101 Genesee Street, Auburn from 5 – 8 p.m. for a flavor-filled evening of tasty treats from the Sweet Treat Trail stops. Free and open to the public. Visit the stops from June 2 – 9 during Spring Fling Week for special offers like BOGO coffee, free tastings and more. Have your pass stamped plus get your Sweet Treat Trail tote bag to start off the the sweet season (while supplies last)!

FALL FLING

Saturday, September 9 from 11 a.m. – 5 p.m. during CNY TomatoFest in Downtown Auburn

Stop at our booth for tasty treats from all of our Sweet Treat Trail friends. Fall Fling Week runs from September 9 – 16 with specials offers ranging from BOGO coffee to coupons to tastings. Receive a free Finger Lakes Sweet Treat Trail tote bag at any stop during Spring or Fall Fling Week special events while supplies last. Have your pass stamped, too.



YOU CAN FIND MANY OF THE SWEET TREAT TRAIL PARTNERS ON FACEBOOK.

This brochure is published by the Cayuga County Office of Tourism. Inclusion in the brochure does not constitute an endorsement. While every effort is made to ensure accuracy, the Cayuga County Office of Tourism cannot assume responsibility for changes in details.

Sweet Treat Trail Tasty Tour Pass

Travel the Finger Lakes Sweet Treat Trail and have your pass stamped 8 times between June 2 – November 25, 2017 for a chance to win one of

three Sweet Treat Trail Baskets of Goodies!

Mail or hand-deliver your pass to:

Cayuga County Office of Tourism
131 Genesee Street, Auburn, NY 13021
by November 25, 2017.

Drawing on December 1, 2017



Name _____

Address _____

Email _____

Phone _____ / _____

Sweet Treat Trail Tasty Tour Pass

REMEMBER TO HAVE YOUR CARD STAMPED WHEN YOU VISIT A STOP! SEE BACK FOR DETAILS.

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AURORA FARMERS' MARKET.....

BRADFORD HEIGHTS DELIGHTS MARKETPLACE..

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THE APPLE STATION.....

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TOUR
CAYUGA.com
in the FINGER LAKES 
make some waves

Cayuga County Office of Tourism
131 Genesee Street + Auburn, NY 13021
800-499-9615 + TourCayuga.com