

2018 I♥NY

# Sweet Treat

t r a i l

Experience  
Locally-Made  
Delights!



# fresh

Jams Jellies Honey Ice Cream  
Cookies Pastries Fruit  
Maple Syrup  
Fruit Wines



# Welcome to the **Finger Lakes Sweet Treat Trail**

The family-friendly Finger Lakes Sweet Treat Trail is all about the unique sweets and treats that Cayuga County has to offer. Whether it is honey or jam or homemade cookies, this self-guided tour has something to satisfy your sweet tooth cravings. Don't miss our Spring kick-off on April 14 and 15 at the Va Va Bloom Garden Show at Dickman Farms in Auburn and our Fall kick-off on September 7 from 5 p.m. – 8 p.m. at the Schweinfurth Art Center during Auburn's First Friday celebration.



## All roads lead to yummy goodness!



Some of the charm of the Finger Lakes Sweet Treat Trail is that most of the stops are small and family run and may be open seasonally so it is always wise to check ahead and confirm hours before your visit. For updates on offerings at specific stops, check out their Facebook pages.

## Receive a **FREE** **Sweet Treat Trail** tote bag or spatula at any stop or during the special Spring and Fall kick- off events (while supplies last!).

Have your pass stamped 8 times for a chance to win one of 3 Sweet Treat Trail baskets of goodies.

Deadline to submit for the December 3 drawing is November 28, 2018.





# SPECIAL EVENTS FOR 2018

## SPRING

Join us April 14 & 15 at the Va Va Bloom Garden Show at Dickman Farms, 13 Archie Street, Auburn from 9 a.m. – 5 p.m. Saturday and 10 a.m. – 5 p.m. Sunday for a weekend that will be blooming with inspirational flowers, workshops, seminars and an awesome farmers market featuring over 50 local artisans, wineries, breweries, & more! Stop by the Sweet Treat Trail table for free tastings as well as a complimentary tote bag and spatula for the first 50 guests each day. For information on Va Va Bloom workshops and entrance fees, contact Dickman Farms at 315-253-3030 or dickmanfarms.com.

## FALL

Kick off the Fall Sweet Treat season on Friday, September 7 from 5 p.m. – 8 p.m. at the Schweinfurth Art Center, 205 Genesee Street, Auburn during First Friday, featuring art, music and more for guests to enjoy along with tasty treats from the Finger Lakes Sweet Treat Trail and complimentary Sweet Treat Trail tote bags. Free and open to the public.



**YOU CAN FIND MANY OF THE FINGER LAKES SWEET TREAT TRAIL PARTNERS ON FACEBOOK.**

This brochure is published by the Cayuga County Office of Tourism. Inclusion in the brochure does not constitute an endorsement. While every effort is made to ensure accuracy, the Cayuga County Office of Tourism cannot assume responsibility for changes in details.



Photo Credit - K. Reynolds

### **AUBURN FARMERS' CO-OP MARKET**

The market features local honey, syrup, fresh fruits & vegetables, cider, jams & jellies, and baked goods along with flowers, meats and other locally grown and produced products.

**Hours:** June – Oct. Tues., Thurs. & Sat. 7 a.m. – 2 p.m.

State Street @ Curley's Parking Lot/Route 38, Auburn, NY 13021  
315-704-8609

[auburnfarmerscoopmarketinc.com](http://auburnfarmerscoopmarketinc.com)

### **AURORA FARMERS MARKET**

Located in a convenient, scenic location next to the shore of Cayuga Lake, the Market features local vendors offering many treats to tempt your sweet tooth: honey, candies, maple syrup, fresh fruits, jams & jellies, ice cream, and baked goods (pies, breads, cookies, turnovers, sweet rolls). Their market manager stall offers free recipes using local, seasonal produce. Food demonstrations and local music often offered as well.

**Hours:** June 2 – Oct. 20 Sat., 10 a.m. – 2 p.m.

Wells College Boathouse, Route 90, Aurora, NY 13026 315-364-3304

[auroranyfarmersmarket.com](http://auroranyfarmersmarket.com)

### **BRADFORD HEIGHTS DELIGHTS MARKETPLACE**

A specialty market featuring Finger Lakes merchandise from local producers such as baked goods, maple syrup, Finger Lakes Roasters Coffee, raw honey, jams & jellies, handmade candy & more.

**Hours:** Wed. – Sat. 9 a.m. – 5 p.m.; occasional Sun. (call ahead)

Fingerlakes Mall, 1579 Clark Street Road, Auburn, NY 13021  
(across from Bass Pro Shops) 315-704-8609

[facebook.com/BradfordHeightsDelights](https://facebook.com/BradfordHeightsDelights)

### **CAROLYN'S CREATIONS**

A quaint village bakery producing cakes, cookies, pies and other baked goods made from scratch with locally produced ingredients whenever possible.

**Hours:** Open year-around Tues. – Fri. 10 a.m. – 5 p.m.,

Sat. 10 a.m. – 1 p.m. and by appointment

11370 South Street, Cato, NY 13033 315-626-3607

### **KAREN'S COUNTRY CONFECTIONS**

A bakery where everything is made from scratch with locally produced honey and maple syrup as well as fresh picked local apples, berries, cherries, peaches and rhubarb. Enjoy Karen's famous cinnamon buns, breakfast twists (weekends only), English Muffin Bread, Ciabatta and Italian bread as well as cookies, muffins, cakes, cupcakes, scones and pies. "The heart of the home is the kitchen but the heart of a village is the bakery."

**Hours:** Memorial Day Weekend - Labor Day Weekend; Wed. - Fri., 7

a.m. – 2 p.m. and Sat. & Sun. 7 a.m. – 12 noon. September – May;

Wed. – Fri. 7 a.m. – 2 p.m. and Sat. 7 a.m. – 12 noon.

157 Cayuga Street, Union Springs, NY 13160 315-604-7189

[facebook.com/KarensCountryConfectionsLLC](https://facebook.com/KarensCountryConfectionsLLC)



## **KING FERRY CORNER STORE**

Built in the 1930's and carefully remodeled to preserve the warmth and character of a classic old time grocery, King Ferry Corner Store offers a bright, airy, and uniquely local experience. Fill up your gas tank, and then step inside to the smell of fresh coffee brewing and baked goods cooling. With specialties ranging from freshly baked breads and pastries to gluten free brownies, there's a sweet treat for everyone. Visitors will want to peruse the shelves for locally grown produce (in season) along with local meats, cheeses, dairy and an entire wall full of locally made artisanal goods including maple syrup, jellies and jams, soaps and lotions, pottery, and more.

**Hours:** Open daily / Year-round, Mon. – Sat. 6 a.m. – 8 p.m. and Sun. 6 a.m. – 6 p.m.

960 Rte. 34B King Ferry, NY 13081 315-364-5300

[Facebook.com/kingferrycornerstore](https://www.facebook.com/kingferrycornerstore)

## **MORGAN'S HALF ACRE PRODUCE**

This family owned farm stand is well-known for its sweet corn and other home-grown fruits and vegetables, but offers additional treats produced daily in its kitchen. Fruit pies, quick breads and milkshakes made with fresh fruits as they ripen fill the store with a delicious aroma! Jams, jellies, maple syrup and locally produced honey are also available. Samples are offered.

**Hours:** Open mid-May – Oct. 31, Mon. - Sat. 9 a.m. – 6 p.m. and Sun. 10 a.m. – 4 p.m.

6169 Half Acre Road/Route 326 at West Genesee Street Road, Auburn, NY 13021 315-952- 2281

[www.morganshalfacreproduce.com](http://www.morganshalfacreproduce.com)

## **MUZZI'S D'ITALIA ICE**

This family owned and operated Italian Ice shop uses a recipe going back 3 generations straight from Italy. Along with authentic Italian Ice, great for the lactose intolerant, Muzzi's has a Cream Ice which is just the right blend of Ice and Cream. In addition, there is gourmet ice cream in unique flavors such as Cookie Monster, Cherry Cheesecake and Sugar Cookie and in the peak of the season, over 30 ice flavors with just as many flavors of ice cream and soft serve as well. Muzzi's uses fresh fruits from local farmers markets whenever possible.

**Hours:** Open Apr. thru Oct.; Mon. – Sat. 10 a.m. – 10 p.m. and Sun. 2 p.m. – 8 p.m.

2675 W. Brutus St., Weedsport, NY 13166 315-834-6505

## **NEW HOPE MILLS STORE AND CAFÉ**

New Hope Mills Café is a third-generation specialty food business that's been around for almost 200 years. The Café serves specialty pancakes, breakfast all day, lunch specials, gourmet coffee & espresso, baked goods, and smoothies year-round. The store features pancake and baking mixes with gluten free options, maple syrup, ice cream, honey, jams, jellies, preserves, spreads, and a beautiful display of useful home and gift items. If you are not able to stay for a meal, feel free to enjoy a sample.

**Hours:** Open year-round Mon. – Sat. 7 a.m. – 4 p.m.

181 York Street, Auburn, NY 13021 315-252-2676

[NewHopeMills.com](http://NewHopeMills.com)

## **OWASCO FARMERS' MARKET**

The Town of Owasco Farmers' Market is a great local market with over 20 vendors! You will find some amazing baked goods, Italian Ice Cream/Ice, fresh-popped kettle corn, local honey, jams & jellies, syrups, spices, cheeses and artisan oils along with local fruits & produce. An excellent caterer offers a variety of delicious gourmet meals to eat-in or take-out. In addition, homemade soaps, essential oils, hand knit Alpaca items and Amish made quilts are available plus many Sweet Treat Trail partners participate in the Market.

**Hours:** June 13 – Sept. 13 Wednesdays from 3 p.m. – 7 p.m.

Under the newly renovated Town Shelter, 7198 Owasco Road, Auburn, NY 13021 315-253-9021

[Facebook.com/Owasco Farm Market](https://www.facebook.com/OwascoFarmMarket)

## **OWEN ORCHARDS**

In addition to u-pick apples, peaches, pumpkins and gourds, Owen Orchards makes and sells its own honey, cider and cider donuts as well as locally produced maple syrup, jams, jellies and baked goods. Kids will love the wagon ride into the orchards during apple picking season.

**Hours:** Open Aug. – Mar., 9 a.m. – 6 p.m. daily

8174 Grant Avenue Road/Route 5E, Auburn, NY 13021 315-252-4097  
[owenorchards.com](http://owenorchards.com)

## **REESE'S DAIRY BAR**

Family-run since 1973, Reese's is an ice cream shop & restaurant featuring home-made ice cream, sherbet, sorbet, ice cream cakes, ice cream cupcakes, cremewiches, berrywiches, ice cream sandwiches, chipwiches, French custard, Fracé, and sundaes using local products whenever possible. Lunch, snacks, non-alcoholic beverages and supper are also served. Tour Buses are welcome (please phone ahead). Reese's celebrates National Ice Cream Month every July with special flavors and/or desserts.

**Hours:** Serving every day from Mar. 23 – mid-Sept.: Mar. 23 – May 24, 11 a.m. – 9 p.m. (Easter Sunday

4 – 9 p.m.); May 25 – Aug. 12, 11 a.m. – 9:30 p.m.;

Aug. 13 – Sept. 3, 11 a.m. – 9 p.m.; Sept. 4 – end of season

12 noon – 8:30 p.m.

1422 Clark Street Road/Routes 5&20 West @ Half Acre Road, Auburn, NY 13021 315-252-7323

[Facebook.com/reesedairybar](https://www.facebook.com/reesedairybar)

## **STRAWBERRY FIELDS HYDROPONIC FARM**

You can u-pick strawberries grown hydroponically and up off the ground from mid-June – Oct. This unique shop features honey produced from their own fields, local syrup, fruits, fresh jams, artisan oils and much more! Visitors can taste, shop and pick fresh strawberries! Group tours & motorcoach tours welcomed - by appointment only please.

**Hours:** May – Dec. Mon. - Fri. 10 a.m. – 5 p.m.; Sat. 10 a.m. – 4 p.m.;

Closed Sun.

4240 East Genesee Street Road. (1 mile west of Skaneateles on Route 20), Auburn, NY 13021 315-751-5657

[strawberryfieldsupick.com](http://strawberryfieldsupick.com)

## **THE APPLE STATION**

The Apple Station is an apple orchard, winery and banquet hall specializing in growing apples and blueberries and making apple and fruit wines and hard ciders. Also available are home-made sweet cider, apple cider donuts, wine, jams, jellies, syrups, honey and NYS cheese. Visitors can enjoy tasting, shopping and seasonal u-pick along with special events such as wine & food pairing dinners and shows.

**Hours:** Jan. and Feb. by appointment; Mar. and Apr. – Sat. and Sun., noon to 5 p.m.; May Fri. – Sun., noon – 5 p.m.; June – Aug. Wed. - Sun. noon – 5 p.m.; Sept. and Oct. Wed. noon – 5 p.m., Thurs. - Sat. 10 a.m. –

5 p.m.; Nov. and Dec., Sat. and Sun. noon – 5 p.m.

5279 Cross Road, Cayuga, NY 13034 315-889-5185

[theapplestation.com](http://theapplestation.com) [Facebook.com/theapplestation](https://www.facebook.com/theapplestation)

## **THE PRODUCE PLACE**

The Produce Place is so much more than the name implies! Operating for 31 years as a garden center, full-service deli with seasonal, local vegetables and a gift & souvenir shop, it is their baked goods, made on premises from scratch, which keep bringing back visitors. They are well-known for their pies - fruit pies with local fruit in season and cream pies any time of year. Cookies, cupcakes, muffins, quick breads, local honey and maple syrup are also available.

**Hours:** Easter – Dec. Mon. – Fri. 10 a.m. – 6 p.m.;

Sat. 9 a.m. – 5 p.m. and Sun. 10 a.m. – 5 p.m. Closed Oct. 31 – mid-Nov. to be ready for the holiday season.

293 Cayuga Street/Route 90, Union Springs, NY 13160 315-889-7611

[Facebook.com/theproduceplace](https://www.facebook.com/theproduceplace)

## THE VILLAGE MARKET

The quaint market offers a selection of exquisite homemade cakes, tarts and cookies along with locally-roasted coffee and fine Finger Lakes products. The market also features tantalizing take-home meals and soups prepared daily by the chefs at the Aurora Inn.

**Hours:** Year-round. Sun. – Thurs. 7 a.m. – 8 p.m. and Fri. & Sat. from 7 a.m. – 9 p.m.

385 Main Street, Aurora, NY 13026 315-364-8803

[innsofaurora.com](http://innsofaurora.com)

## VITALE'S FARM MARKET

Opening in 1989, Vitale's is well known for home-grown fruits and vegetables along with other locally grown produce. The season begins in May with a great selection of hanging baskets and bedding and vegetable plants. The year finishes out with Christmas trees and hand-made wreaths, kissing balls and swags. Look for home-made, delicious jams and jellies. You will find Vitale's at the Auburn Farmers' Co-Op Market or the farm stand at 1644 Clark Street Road, Auburn.

**Hours:** Open May 8 – June 17 (Father's Day) Mon. - Sat. 9 a.m. – 6 p.m. and Sun. 10 a.m. – 5 p.m.; Summer Hours: Mon. - Sat. 9 a.m. – 6 p.m. and Sun. 10 a.m. – 5 p.m.; Fall Hours Mon. - Sat. 10 a.m. – 5 p.m. and closed Sun.; Holiday Hours: Nov. 23 – Dec. 15 Mon. - Sat. 9 a.m. – 6 p.m. and Sun. 10 a.m. – 5 p.m.

Farm Stand: 1644 Clark Street Road, Auburn, NY 13021 315-252-7018

[Facebook.com/vitales-farm-market](https://www.facebook.com/vitales-farm-market)

*Call ahead. Open by chance or appointment.*

## FLY BY NIGHT COOKIE COMPANY

This unique shop features homemade pastries, cookies, pies and cakes, all made from scratch with real eggs, butter and fresh fruit from local farms. No chemicals or preservatives added! Sit on the porch with a bag of cookies and a glass of iced tea and watch the world go by.

**Hours:** Seasonal, call ahead.

14508 Fancher Avenue, Fair Haven, NY 13064 315-947-5588

[Fairhavenny.com/cookiecompany](http://Fairhavenny.com/cookiecompany)

## STANDING STONE HONEY BEE PRODUCTS

Standing Stone is a farm stand featuring local comb, raw and cream honey with free tastings offered. They also sell soaps, candles, lip and skin balm and other honey products.

**Hours:** Open by chance. Look for their products at several local Farmers' Markets.

11062 State Route 90, Locke, NY 13092 315-497-9079

[standingstonehoney.com](http://standingstonehoney.com)





# Sweet Treat Trail Tasty Tour Pass



**REMEMBER TO HAVE YOUR PASS STAMPED AT  
8 DIFFERENT STOPS. DETAILS BELOW.**

- AUBURN FARMERS' CO-OP MARKET**
- AURORA FARMERS' MARKET**
- BRADFORD HEIGHTS DELIGHTS MARKETPLACE**
- CAROLYN'S CREATIONS**
- FLY BY NIGHT COOKIE COMPANY**
- KAREN'S COUNTRY CONFECTIONS**
- KING FERRY CORNER STORE**
- MORGAN'S HALF ACRE PRODUCE**
- MUZZI'S D'ITALIA ICE**
- NEW HOPE MILLS STORE AND CAFÉ**
- OWASCO FARMERS' MARKET**
- OWEN ORCHARDS**
- REESE'S DAIRY BAR**
- STANDING STONE HONEY BEE PRODUCTS**
- STRAWBERRY FIELDS HYDROPONIC FARM**
- THE APPLE STATION**
- THE PRODUCE PLACE**
- THE VILLAGE MARKET**
- VITALE'S FARM MARKET**

Travel the Finger Lakes Sweet Treat Trail 2018 and have your pass stamped at 8 different stops between May 5 – November 25 for a chance to win one of **three Sweet Treat Trail baskets of goodies!**

Mail or hand-deliver your pass to:  
Cayuga County Office of Tourism  
131 Genesee Street, Auburn, NY 13021  
by November 28, 2018.  
Drawing on December 3, 2018

Name \_\_\_\_\_

Address \_\_\_\_\_

Email \_\_\_\_\_

Phone \_\_\_\_\_/\_\_\_\_\_

# ◆ FINGERLAKES ◆

One of the  
**Best Food Trails**  
as voted by readers  
of USA TODAY  
and 10Best

Experience  
Locally-Made  
Delights!

## TOUR CAYUGA.com

in the FINGER LAKES   
make some waves

Cayuga County Office of Tourism  
131 Genesee Street  
Auburn, NY 13021  
800-499-9615  
TourCayuga.com



LOVE NEW YORK logo is a registered trademark/ service mark of the NYS Dept. of Economic Development, used with permission.