

# News Release Rockford City Market



### **Get Ready for Grilling Season**

Rockford City Market Offers a Variety of Goods for Your Holiday BBQ

#### FOR IMMEDIATE RELEASE

June 26, 2018

**ROCKFORD, IL** – The end of June signals preparation for the upcoming holiday, and **Rockford City Market** has everything you need for the week of barbecue ahead! This **Friday, June 29**, come on down to the market for all your grocery shopping. **Farmer Nick's, LLC** provides pasture-raised meat and dairy products ready to take home, and **Golden Bear Monarch Elk Farm** has elk as well as other meats that are sure to wow your family at your next backyard gathering.

A weekend barbecue would be incomplete without sides of fresh greens! City Market has you covered with **Trogg's Hollow** whose family-owned and operated farm grows a variety of produce and this week will feature fresh greens, radishes, and garlic scapes perfect for your side dishes and marinades. If you're looking for something to spice up the grill, stop by **Beepa's** for their assortment of salsas, BBQ sauce, chili starter and Bloody Mary mixes. Don't miss out on this opportunity to shop local and eat local produce grown right here in the Stateline!

## Rockford City Market on June 29 MUSIC

Main Stage: Mark Reed and Waddy (4:30 – 8 p.m.) Acoustic Stage: Kayla Seeber (5:30 – 8 p.m.)

#### **ACTIVITIES**

**Midway Village Museum**, Rockford's history museum, will be at the market this week offering a sock monkey craft project. The fun craft relates to Rockford history and the John Nelson Knitting Company that manufactured the red-heeled work sock – a sock made popular by the Sock Monkey doll, a cherished toy throughout many generations.

The **Rockford Public Library** will also be at the market promoting their summer reading program. They will be signing people up for summer reading and have crafts and coloring sheets related to their summer theme, Reading Takes You Everywhere.

#### **ENTRANCE GATES**

The **International Experience** will be welcoming guests at the gates this week. They are a nonprofit youth organization for students interested in a unique immersion experience. Students in the program become fully immersed in a new culture to improve language skills, create lifelong friendships, boost personal confidence and develop a deeper appreciation of the world we share.

#### **ROCKFORD AREA ARTS COUNCIL**

**Laura Sjoquist** will be featuring fine art drawings with pen and ink and acrylic mixed media paintings. Take a glimpse of her drawings by visiting her website: <a href="https://laurasjoguist.com">https://laurasjoguist.com</a>

#### **DOWNTOWN BUSINESS BOOTH**

**Minglewood** will be at the market in the Downtown Business booth. Minglewood is located at 333 E. State St. in downtown Rockford. They provide women with unique fashions designed for comfort and style. They also carry jewelry, incense, fragrances, essential oils, handmade olive oil soap, aromatherapy candles, and décor items for your home!

#### **MERCYHEALTH**

Come meet the staff from **Mercyhealth at Home** on Friday, June 29<sup>th</sup> at the Rockford City Market. Learn about home health, hospice, home medical equipment, older adult services and how to qualify for medical care or hospice in your home. Hospice staff will be present to talk about their new holistic complementary therapy program and demonstrate essential oil and aromatherapy benefits. We are located at the corner of Market and Water Street from 3:30 – 8:30pm. Mercyhealth is proud to be the Presenting Sponsor of Rockford City Market.

For more information about Rockford City Market, visit www.rockfordcitymarket.com.

Rockford City Market takes place every Friday from May 18 through September 28 along Water Street between State and Jefferson Streets in downtown Rockford. The market runs from 3:30 – 8:30 p.m. before Labor Day and 3:30 – 7:30 p.m. after Labor Day. Rockford City Market was founded and is managed by the Rock River Development Partnership and operates with infrastructure support from the City of Rockford and marketing from the Rockford Area Convention & Visitor's Bureau.

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#### FOR MORE INFORMATION:

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