



# News Release

Rockford City Market

Presented by  **Mercyhealth**<sup>™</sup>  
A passion for making lives better.™

## Rockford City Market Celebrates National Farmers Market Week

*Specials, giveaways, events and more offered at the market*

### FOR IMMEDIATE RELEASE

August 7, 2018

**ROCKFORD, IL** – August 5 – 11, 2018 is **National Farmers Market Week** across the country. National Farmers Market Week is a great opportunity to show how much value markets bring to their communities. In celebration of the week, Rockford City Market and North End City Market are offering **triple value on SNAP purchases up to \$20** on Friday, August 10 and Saturday, August 11. Get up to \$40 in free produce when you use your SNAP benefits at either market!

In addition to the SNAP benefit deal, the market will also be offering a **cooking demonstration** at 6 p.m. The cooking demonstration will be utilizing current in-season produce including zucchini, summer squash, peaches, cucumbers, tomatoes and corn.

### Rockford City Market on August 10

#### MUSIC

Main Stage: **Kelly Steward** (4:30 – 8 p.m.)

Acoustic Stage: **Christi Letsinger** (5:30 – 8 p.m.)

#### ACTIVITIES

**The Robert C. A. Carlson Post 1207 American Legion** will be offering an activity featuring their red poppy. There will be fun coloring pages for kids as well as free face painting.

**Spectrum School** has a fifty-year legacy of progressive education in Rockford, personalizing curriculum and instruction to engage the whole child in experiential learning that advances critical thinking, creativity, problem-solving, civic-mindedness, and making learning fun. At the market, they will have a variety of experiential learning activities for a Taste of Spectrum, including making graphs and patterns with M&Ms, making and measuring bubbles with bubble art, and some creative thinking challenges.

#### ENTRANCE GATES

The **National Alliance on Mental Illness (NAMI) Northern Illinois** is an affiliate of the nation's largest, grassroots mental health advocacy organization. The organization is dedicated to improving the lives of those who live with mental illness and their loved ones through support, education, and advocacy.

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### ROCKFORD AREA ARTS COUNCIL

**Kyle McDonald** will have his Acrylic paintings, mixed media, and prints at the market ([www.mcdonaldky.com](http://www.mcdonaldky.com)).

### MERCYHEALTH

Have you ever wondered if weight loss surgery is right for you? Dr. Igal Breitman, MD, a bariatric surgeon from Mercyhealth and his team will be at the Mercyhealth booth this Friday to answer your questions about the procedures. Stop by to learn more about our upcoming free informational sessions. In addition to the **Bariatric Team**, the **dietary team** will be in attendance. Mercyhealth is proud to be the presenting sponsor at Rockford City Market. The Mercyhealth booth is at the corner of Market and Water Street during Rockford City Market from 3:30 – 8:30 p.m. Get your questions answered and learn about the services we offer.

For more information about Rockford City Market, visit [www.rockfordcitymarket.com](http://www.rockfordcitymarket.com).

*Rockford City Market takes place every Friday from May 18 through September 28 along Water Street between State and Jefferson Streets in downtown Rockford. The market runs from 3:30 – 8:30 p.m. before Labor Day and 3:30 – 7:30 p.m. after Labor Day. Rockford City Market was founded and is managed by the Rock River Development Partnership and operates with infrastructure support from the City of Rockford and marketing from the Rockford Area Convention & Visitor's Bureau.*

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### FOR MORE INFORMATION:

Nikki Lee, Rockford City Market Vendor and Accounting Manager, 815.977.5124 or [rockfordcitymarket@rrdp.org](mailto:rockfordcitymarket@rrdp.org)