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## **Humana and Department of New York Veterans of Foreign Wars Take Steps to Increase Awareness of Veterans Committing Suicide with Stop 22 Walk-A-Thons**

*VFW Posts throughout New York are encouraged to host Stop 22 walks*

**ALBANY, NY** — October 08, 2018 – [Humana Inc.](#) (NYSE: HUM) and [Department of NY Veterans of Foreign Wars](#) (VFW NY) have teamed up on the Stop 22 initiative, which aims to increase awareness of 22 veterans committing suicide each day. As part of this partnership, the VFW NY will host the inaugural Stop 22 Walk-A-Thon to heighten awareness of the mental health needs of our country's veterans.

"It's imperative we do something to increase public awareness and help veterans in need, as 8,000 veterans are dying each year due to suicide," said NY State Commander Gene Ratigliano. "We are thankful to Humana for the ongoing support they show for our nation's service men and women and look forward to building on this initiative."

"Humana has a longstanding relationship with the military and is committed to the well-being of all veterans, including the veterans who have risked their lives to protect our country," said Alexander Clague, Humana Northeast Region Medicare President. "We look forward to launching the Stop 22 initiative with the Department of New York VFW as a way to rally auxiliary members and communities throughout the state and show our collective support for veterans who have sacrificed so much."

During the [Department of NY Fall Conference](#) on Saturday, October 20, 2018, VFW NY, auxiliary members and the public are invited to participate in a 22-minute Walk-A-Thon to honor veterans who took their own life, as well as countless others who have suffered in silence.

VFW Posts throughout New York are also encouraged to host Stop 22 walks to support the initiative. A portion of funds will go to the Commander's Special Project in support of PTSD/Suicide Prevention & Awareness and a monetary award will go to three VFW Posts with the most participants in a Walk-A-Thon on the same day. In addition, Humana will be making a monetary donation in support of the Stop 22 project.

For more information on this inaugural event, visit [www.vfwny.com](http://www.vfwny.com).

## news release

### **About Humana**

Humana Inc. is committed to helping our millions of medical and specialty members achieve their best health. Our successful history in care delivery and health plan administration is helping us create a new kind of integrated care with the power to improve health and well-being and lower costs. Our efforts are leading to a better quality of life for people with Medicare, families, individuals, military service personnel, and communities at large.

To accomplish that, we support physicians and other health care professionals as they work to deliver the right care in the right place for their patients, our members. Our range of clinical capabilities, resources and tools – such as in-home care, behavioral health, pharmacy services, data analytics and wellness solutions – combine to produce a simplified experience with the goal of making health care easier to navigate and more effective.

More information regarding Humana is available to investors via the Investor Relations page of the company's website at [humana.com](https://www.humana.com), including copies of:

- Annual reports to stockholders
- Securities and Exchange Commission filings
- Most recent investor conference presentations
- Quarterly earnings news releases and conference calls
- Calendar of events
- Corporate Governance information.

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