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SCIENCE OF SPIRITUALITY PARTNERING TO HELP RELIEF EFFORTS LOCALLY AND NATIONALLY

SOS mission to transform lives answers the call to deliver healing, hope and financial support

LISLE, IL — Science of Spirituality Centers all over the world have been active in reaching out to those affected by the Covid-19 pandemic. Leading the way with a major giving campaign is the Science of Spirituality International Meditation Center (SOS) in Lisle, Illinois, the organization's Western headquarters. Rooted in its basic tenet of service to others, SOS is harnessing its program to help spread mental healing across the country while elevating its partnerships with charitable groups to answer needs throughout DuPage.

Supporting and working in partnership with local charitable groups is not new for the Center, however, the pandemic has placed extraordinary demands on everyone. The volunteers at the Center have more than met the challenge. In just the last 30 days, they have distributed over two-and-a-half tons (5000 pounds) of vegetarian food among four food banks: the People Resource Center, Lisle Township Food Pantry, West Suburban Community Pantry, and the Humanitarian Service Project. Additional recipients of SOS's efforts were local first responders, benefitting from a large donation of personal protection equipment.

Working with Shefali Trivedi, executive director of Giving DuPage, SOS raised money to support matching grants during the Giving DuPage Day event. Nine nonprofits met the challenge: Giving DuPage, DuPage Social Service Association, Garden Works Project, DuPage Federation on Human Services, Bridge Communities, DuPage Health Matters, Assistance League Chicagoland West, People's Resource Center, and Humanitarian Service Project. In a short period of time the Center's donated funds were matched. "We are so grateful to the Science of Spirituality Meditation Center for their generous support of Giving DuPage Days," said Trivedi. "Their match-donations to some of our participating charities made the impact of their gift go even further. They sent a resounding message of hope to our nonprofit community."

SOS's has also been raising funds for national and international relief efforts. Americares, a highly rated charitable organization dedicated to responding to health emergencies around the world, has listed SOS as one of its major donors.

Of equal importance to SOS is its role to help people achieve mental healing as they search for tools to handle stress and anxiety. SOS's partnership with the DuPage Convention and Visitors Bureau (DCVB) to deliver a series of free virtual classes on meditation has been a resounding success, with class registrations coming locally from residents as well as from all over the country. DCVB is continuously supporting efforts to bring wellness education to the DuPage community and beyond. "This partnership is great example of how we can inspire, nourish the spirit, mind and body and provide a place of peace for each other during these challenging times," said Beth Marchetti, executive director of the DCVB.

Science of Spirituality is a worldwide, spiritual organization dedicated to transforming lives through meditation, under the guidance of Sant Rajinder Singh Ji Maharaj. Service to others is a basic tenet of Science of Spirituality. This is exemplified by all that is offered at the international Center and at centers throughout the globe—continual talks, classes, workshops and retreats on meditation and healthy living—all presented to the community free of charge. With the virus-mandated restrictions, the organization has gone online, and its programs can be accessed from anywhere there is Wi-Fi. For more information, visit www.sos.org.

ABOUT THE DUPAGE CONVENTION & VISITORS BUREAU

The DuPage Convention & Visitors Bureau (DCVB) is the official destination marketing organization for DuPage County, Illinois' second largest County comprised of 38 communities. The DCVB works in partnership with community business and civic leaders to maximize travel and tourism opportunities which ultimately contribute to the economic vitality of the County and its residents. For more information, visit www.DiscoverDuPage.com.