

ICONIC

The Best Solo Travel Destinations for Women | Time to Hit the Road

by LAURIE WILSON
September 27, 2023



We have compiled a list of the best destinations in New England if you're traveling solo as a woman.

Solo travel for women is one of the most searched for travel trends on Google. For some women, wanderlust is part of their DNA and for others, it may take some courage to get out there.

There are many reasons to take a personal vacay, and whatever the excuse, the rewards are significant. Of course, traveling solo doesn't have to mean traveling *alone*. These destinations speak to the heart and soul of women traveling solo and looking for pampering, fun and frills in lovely coastal, mountain and city destinations.

NEWPORT, RHODE ISLAND

Home to opulent mansions and a surprising number of world-renowned attractions, Newport is not only a stunner, it's a safe town. **Newport** is filled with many activities to keep busy and connect with others. And, like much of New England, Rhode Island was founded as a colony of freedom—making it a great spot for solo female travelers.

YOU MAY ALSO LIKE: ICONIC CITY | OUR GUIDE TO THINGS TO DO IN TIMELESS NEWPORT, RHODE ISLAND

Immerse yourself in Gilded Age history while touring the storied mansions. Newport is also home to the **International Tennis Hall of Fame**; visitors can book court times on the grass courts. The stunning new **Sailing Museum** is a must-do to learn about Newport's time-honored relationship with the sea and, on a lovely day—moody weather works, too—stroll the 3½-mile curvaceous **Cliff Walk** that hugs the Atlantic Ocean—you'll glimpse a sneak peek at some of the mansions and luxuriate in that wild salty air. These attractions are perfect for women traveling solo who crave activity and adventure.

Bonus: A solid option for solo female travelers—the private **Newport Jaguar Tour** to explore the riches of Newport in style.

The Vanderbilt, an Auberge Resorts Collection property is an **ICONIC** mansion once owned by the Vanderbilt family. With elegant guest rooms, a prime in-town location and plush nooks and crannies, The Vanderbilt is ideal for solo female travelers to explore with a cocktail. Order a gold leaf martini prepared table side at the celebrated restaurant, The Dining Room. The Garden's Fireside Folly is where s'mores, hot cocktails and warm blankets will be a draw this fall. A must try for women traveling solo is Enchanted Hour in the Mansion, enjoy a candlelit reading with the Mansion's Tarot Reader and be rewarded with an off-menu cocktail. Cheers to the Vanderbilts.

