



## NEWS RELEASE

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# James Island County Park Hosts Annual Youth Triathlon on July 26

(JAMES ISLAND) – Charleston County Park and Recreation Commission (CCPRC) will host its annual Youth Triathlon on Saturday, July 26, 2026, at James Island County Park.

Designed for young athletes ages 7-15, the event offers participants the opportunity to experience the excitement of triathlon racing in a safe, supportive, and well-monitored environment.

Registration is \$55 per person. Registration ends Wednesday, July 22. There will be no on-site registration. Click [here](#) or visit [CharlestonCountyParks.com](http://CharlestonCountyParks.com) to register.

### Event Details

- Race starts at 7:15 a.m.
- Packet pick-up will take place onsite from 6-7 a.m. on race day
- Ages 7-10 will complete a 100-yard swim, 2-mile bike, and a 1-mile run
- Ages 11-15 will complete a 200-yard swim, 4-mile bike, and a 2-mile run
- Awards ceremony will be held on site after the race to recognize top finishers in each age division
- Bibs and helmets are required for all participants
- Water stations will be available along the course
- Emergency bike repair assistance will be available onsite
- All participants will receive free entry to Splash Zone (James Island County Park's waterpark) on the day of the race

An optional Youth Tri Swim Clinic will also be available on the Youth Triathlon swim course Monday, July 20 for an additional fee ([link](#)).

For more information on the Youth Triathlon or the Youth Tri Swim Clinic, or to register for these events, visit [CharlestonCountyParks.com](http://CharlestonCountyParks.com) or call 843-795-4386. This event is sponsored by Blue Sky Endurance, Palmetto Tribe and your Charleston County Parks.

*Owned and managed by the Charleston County Park and Recreation Commission (CCPRC), James Island County Park is located at 871 Riverland Drive. The mission of CCPRC is to improve the quality of life in Charleston County by offering a diverse system of park facilities, programs and services. The large park system features over 11,000 acres of property and includes four day parks, three beach parks, three dog parks, two landmark fishing piers, three waterparks, 19 boat landings, a climbing wall, a challenge course, a historical plantation site, an interpretive center, an equestrian center, cottages, a campground, a marina, as well as wedding, meeting and event facilities. The park system also offers a wide variety of recreational services - festivals, camps, classes, programs, volunteer opportunities, and more. For more information, call 843-795-4386 or visit [www.charlestoncountyparks.com](http://www.charlestoncountyparks.com).*



High-resolution photos available

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