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**GRAND OPENING & RIBBON CUTTING CEREMONY SCHEDULED FOR**   
**HIGHLANDS CHIROPRACTIC & WELLNESS**  
 *A Patient’s Partner in Holistic Health and Well-Being*

**HIGHLANDS, NC**, May 22, 2024 – The Highlands Chamber of Commerce is excited to announce the grand opening and ribbon cutting ceremony for Highlands Chiropractic & Wellness on Friday, June 7. This celebratory event is open to the public and will take place at 4:45pm at 2655 Dillard Road, Highlands.

Highlands Chiropractic & Wellness, under the expert leadership of Dr. Kristin Lander, D.C., is dedicated to providing personalized and holistic care for every patient. The practice emphasizes a comprehensive approach to pain management and overall wellness, integrating advanced and diversified chiropractic techniques with state-of-the-art therapies such as Softwave tissue regeneration therapy and dry needling. A strong focus on nutrition and wellness complements these treatments, ensuring a well-rounded care plan for each individual. Highlands Chiropractic & Wellness prioritizes not only symptomatic relief but also the long-term improvement and maintenance of health, setting a standard for unique and effective patient care.

“Our mission is to support our patients in achieving their health goals, whether they are dealing with chronic pain, recovering from an injury, or seeking to enhance their overall well-being,” says Dr. Kristin. “We are committed to empowering individuals to take control of their health and live life to the fullest by providing the necessary tools, resources and guidance.”

Office hours for Highlands Chiropractic & Wellness are Monday 8am-12pm and 2-5pm, Tuesday 9am-1pm, Wednesday 2-5:30pm, Thursday 8am-12pm and Friday (June-October only) 9am-12pm. For more information or to schedule an appointment, call 828-526-1022 or visit their website www.highlandschironc.com.

To learn more about the Highlands Chamber of Commerce/Visit Highlands, NC call 828-526-5841 or go to highlandschamber.org.

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**About the Highlands Chamber of Commerce/Visit Highlands, NC:**

Formed in 1931 to serve as the voice of business, the Highlands Chamber of Commerce has grown to provide services and support to businesses, residents and visitors. Hosting various events and programs throughout the year, including the Plateau Pick-Up, Leadership Highlands, Business After Hours, Outdoor Concert Series, and July 4th Fireworks and an array of holiday and winter festivities, the Chamber strives to make Highlands, NC a better place to live, visit and conduct business.

MEDIA CONTACT: Johanna Fein  
Marketing and Communications Director  
communications@highlandschamber.org  
828-526-5841