



## **Living an eco life**

An eco living programme for  
little adults





## **INTRODUCTION**

Our Native Village is a 100 % eco resort, situated 40 kms north of Bangalore in a village called Hessargatta. The resort is famous for its eco practices, and cultural revivalist work. It has been awarded globally and has been recognized by global media.

In today's fast paced world, parents and schools are unable to expose children to the simple ways of life of yester years. Today children are growing up with no knowledge of simple rural life, and concepts of sustainability, which were a way of life in India 20 years ago. It is important that we expose our children to these concepts.

The resort is a great learning experience and a live laboratory for sustainability and for cultural revival.

The summer activity based programme exposes children to two aspects;

### 1) Eco living

In this section, children will learn about sustainable concepts from an energy, water, waste, architecture and food chain perspective. This will be an extension, a live example of the 'Environmental Sciences' subjects that most schools teach. Children will actually see a wind mill, a bio gas plant, a fully natural swimming pool, etc, and learn concepts of sustainability from these. This will help them appreciate nature, and resources and will help them contribute to environmental leadership as they grow up.

The subsequent pages will give a detailed activity list for this programme, along with all logistical details. The last page gives some details about Our Native Village – the venue where all this will be conducted.



**DAILY ACTIVITY**

<b>Day 1</b>	
11:00/12.00	Arrival – welcome drink, and settling down
1:00- 2:00	Lunch
3 to 4 PM	Eco tour: bio gas plant, eco pool, wind mill, organic farm, eco kitchen, and eco architecture to study application and value of alternative sources of Energy. Study of a Living, Working eco-model.
5 to 6 PM	Bullock cart rides
7 to 8 PM	Dinner
8.00 to 9.00	Bonfire and singing around the fire
9.30PM	Lights out and all in bed
<b>Day 2</b>	
5:30- 7:00	Nature walk, study along and observe the cycles of nature, food chain, etc.
7:00- 8:00	Breakfast
8:00- 9:00	Craft: Make models of alternate sources of energy. (Wind, solar, biogas, water etc.) – all that they learnt in the morning
9:00-10.30	<ul style="list-style-type: none"> <li>- Presentation of Models made and their applications followed by discussion, question and answer session.</li> <li>- Drawing parallels to alternative energy and other forms of energy used. The children will get hands on experience and understanding of the simplicity of the models. Will also test their presentation skills</li> </ul>
11AM	Depart from resort



### **LOGISTICAL DETAIL**

#### The venue

This programme is conducted in Our Native Village, an eco resort in Hessargatta, Bangalore, South India. THIS IS A FULL RESIDENTIAL PROGRAMME.

#### Number of children/teachers

While this is customizable depending on the school and number of children, the norm is a minimum of 45 and a maximum of 54 children. 1 teacher for ever 10 children have to accompany the children.

#### The timing

Children should be at the resort by 11 am on day 1 and will depart the resort at 4 pm on day 3.

#### The age limit

Since it is an overnight programme, it is open for children from the age of 9 onwards.

#### Accommodation basis

The children will be accommodated on a triple occupancy basis, and the accompanying teachers will be accommodated on a double occupancy basis. This is customizable also, depending on the school and number of children.

#### Accompanying help

We request that no support staff from the school is present, except drivers. Drivers will be accommodated along with our resort staff and will part take of the staff food.

#### Course material

Children should bring with them a note book and pencils to take notes.

#### Clothing

It is best that children wear light cotton clothes. In winter, they should carry warm clothes that can be worn over their cottons. Full sleeves shirts and trousers are recommended. Caps and sports shoes are better, as there will be a lot of out door activities. Swim wear for those who can swim – IF ACCOMPANYING TEACHERS CAN TAKE RESPONSIBILITY.

#### Medication

All children should bring their own medication. While the resort has a first aid kit, and a doctor on call for emergencies, it does not stock and dispense any kind of medication. We recommend that the children carry some insect repellent. Remember, the resort is on a 12 acre farm, so one can expect a lot of visitors from the insect world.



### **COMMERCIAL DETAILS**

#### **The cost**

Rs 3,500 + taxes per child on a triple occupancy basis.

This cost includes room cost, and all vegetarian meals. All extras like additional snacks, soft drinks, juices, etc., will have to be paid for at the resort. There is no charge for accompanying teachers. There is no charge for facilities and food for the drivers.

#### **Payment mode**

The full payment in advance has to be made for confirmation. All cheques to be made in favour of **Native Resorts Pvt.Ltd.**

# our native village<sup>®</sup> eco resort

## DETAILS ABOUT OUR NATIVE VILLAGE

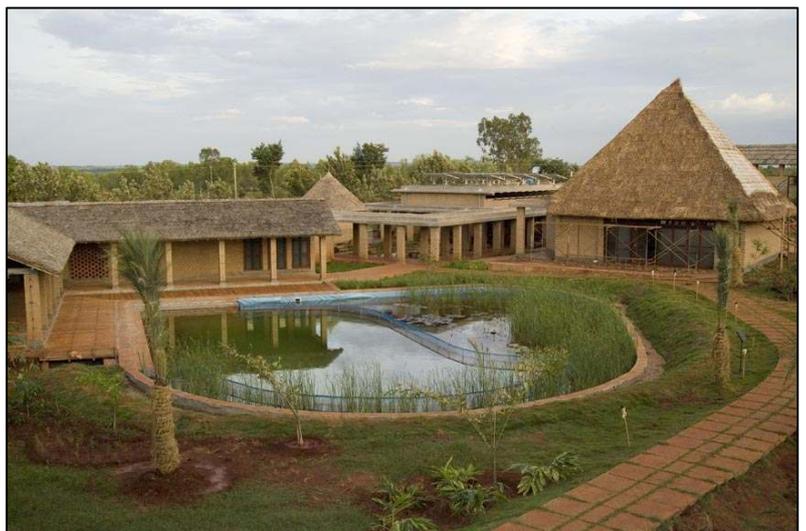
Our Native Village is the first 100% eco resort, just 40 kms away from Bangalore city in a village, called Hessargatta, close to Protima Bedi's dance school, Nrityagram. The resort has 22 rooms, a restaurant, pond style swimming pool, and a pyramid hall that have all been creatively blended into the simplicity of a rural setting.



Thematically, the resort has borrowed customs, traditions, rituals and games from the Indian village. The games we play are gilli danda, flying kites, spinning tops, firing catapults, racing with cycle tires, etc. Other activities include milking cows, learning to churn butter, going on bullock carts, etc. in fact we are the only place in the world that issues a bullock cart driving license!

Our Native Village is a 100% eco resort. What does this mean? First, we generate 70 to 80 % of our electricity ourselves – we use a wind mill, solar panels and 2 bio gas plants. The bio gas plants generate gas using de oiled cakes...we store this gas and this gas powers a generator that generates electricity that is then stored in a huge bank of batteries.

Secondly, all the water in the kitchen is rain water that we harvest from all the roofs of the resort. The water flows through a network of pipes and all the water is then stored in a 84,000 liter underground tank.

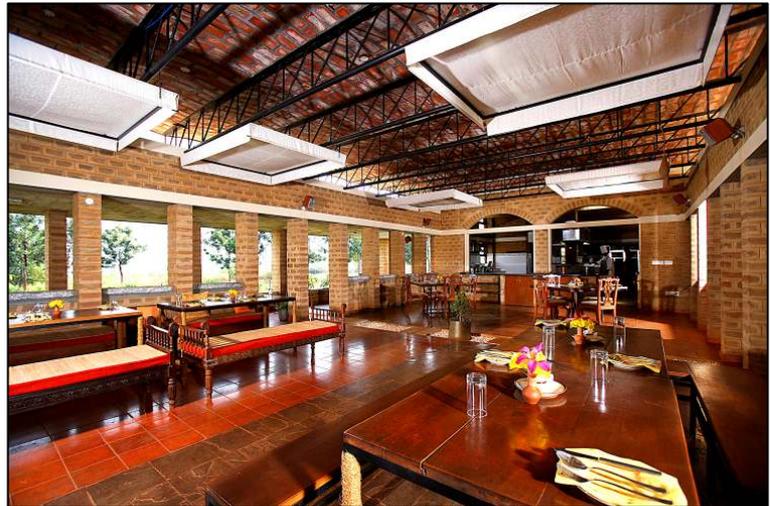


# our native villages<sup>®</sup> eco resort



Thirdly, all the construction is eco construction. All the bricks used for the construction were made on the site. We used the soil that we got when we dug for the foundation, mixed some stabilizing material like cement and quarry dust into this and made the bricks on the site. The bricks were sun baked for 9 days and then ready for use.

Fourthly, all the waste on the resort is processed and reused appropriately – all waste except plastics that we send out to a recycling unit. All our food waste goes into our bio gas plant, all paper waste is used for the bon fires and our Gujarat boilers, all black water – which is the flush water in the rooms, goes into a leech pits that convert the waste to manure over time, all grey water - water from the showers and hand wash water, goes through reed beds and is used to recharge the ground water, all kitchen water is used for gardening and for our bio gas plants, etc.



Fifthly - most of the vegetables in the kitchen are from the 12 acre organic farm that the resort is on – so a fresh supply of organic vegetables is what the guests get every day.

Sixthly -all the soaps and shampoos are natural, organic and hand made exclusively for our resort.

Last but not the least – we have the regions first 100% natural swimming pool, where we use aquatic plants to clean the water rather than chemicals.



## Contact details

For further details & bookings on this programme, please call

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or write to

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