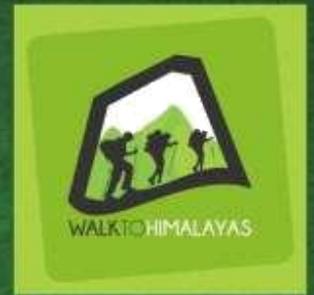
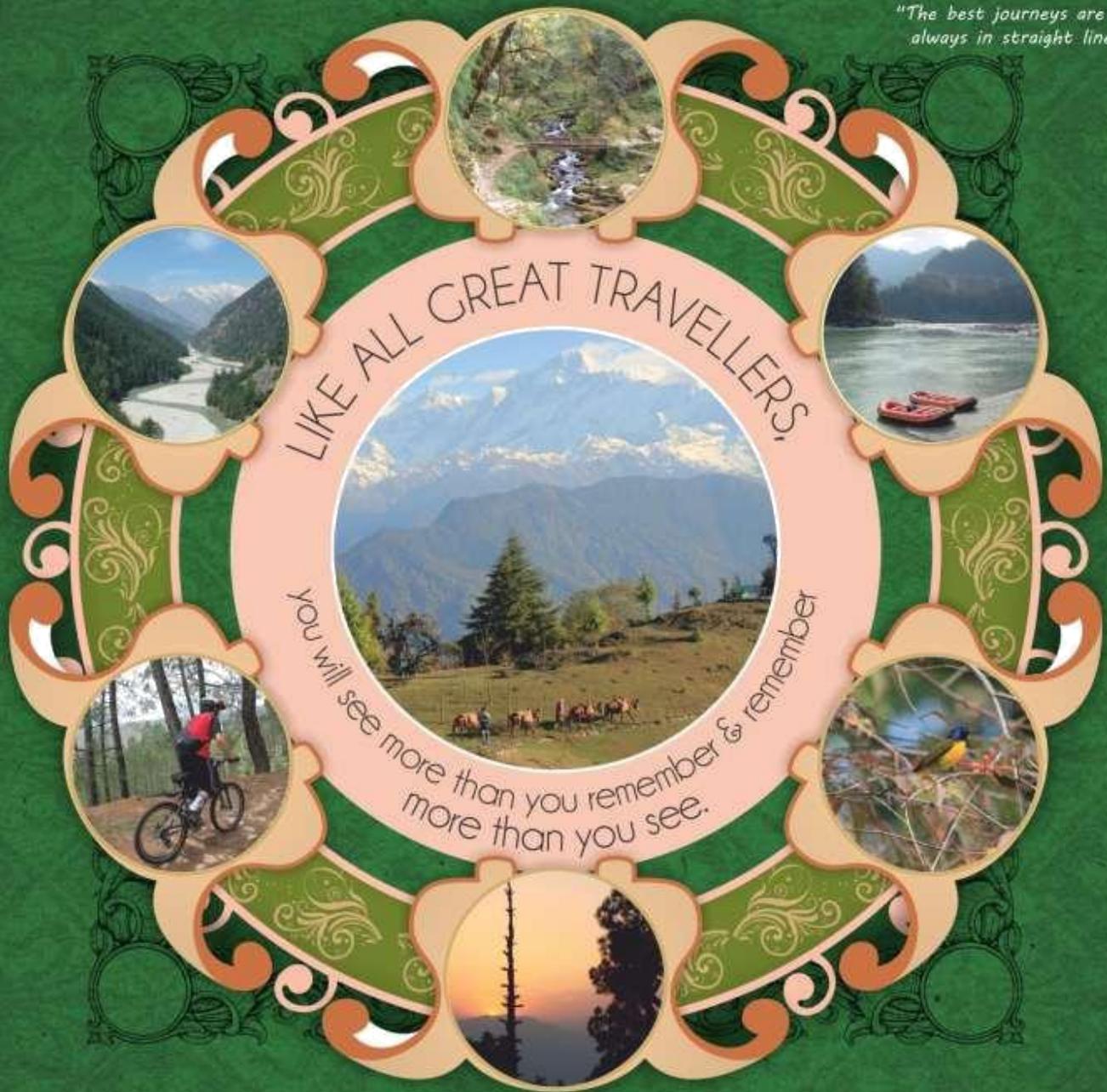
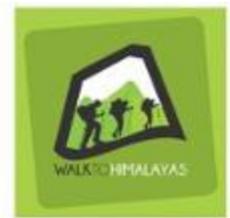


Contents



"The best journeys are not always in straight lines"





"The best journeys are not always in straight lines"

Who are we?

Welcome aboard! Thanks for taking the time to find out a little more about us.

We are a travel house based from Mumbai and are a bunch of passionate travelers who help you explore Himalayas and Wildlife Reserves of our magnificent India! Be it **Ladakh, Uttarakhand, Sikkim or Himachal** we help you unfold the most unique memories!

Photograph a panorama, stroll on a bed of ice, and enjoy the iridescent beauty over a cup of hot chai...



Cozy up in the most comfortable accommodations, surrender to Mother Nature, lose yourself outdoors and let your spirit fly...Be it a relaxed holiday or an action packed adventure and aquaventure, a romantic set out or a corporate tour, we are committed to taking care of all your travel arrangements and to making your trip an experience of lifetime.

We design for you the time of your life, your way!

Unlike travel agents, we are like minded friends designing not just a vacation but a wholesome experience for you to remember forever!



We are not here for mere business. We are a passionate bunch of travellers with our roots in Himalayas, so it helps you to explore this land even better with us. We have our quest for exploring unmapped, uncharted places. We visit the places ourselves, stay in the hotels. So before we recommend anything to you, we have already been there, done that.

With more than eight years of exploration behind us, we have developed a vast network of experts and contacts across India. We tap into these resources when crafting our itineraries to create unique and exciting opportunities for our clients.

A resolute commitment for quality is at the core of our DNA. We are dedicated to ensure your travel is customised and taken care of precisely. The immaculate detail to which we customize your trip is what makes us unique.

Be it recommending some local cuisine or taking you on late night jungle drives to share the thrills we have experienced or suggesting a local pundit in a 7th century ancient temple - we help you unfold the most unique memories.



Once you have been spoiled with world-class comfort, savored the scrumptious local cuisine and indulged in best of adventure with us, you'll find it more than a little difficult to return to your everyday life.

So come and explore the most beautiful destinations. Be it leisure, adventure (trekking, wildlife trips etc.) we will ensure you have the most memorable trip of your lifetime!



Our Sustainable Travel Philosophy As an organization that seeks to inspire others to care about the planet. Walk to Himalayas is committed to sustaining the character and integrity of each place we visit - its environment, culture, heritage, and the well-being of its residents. We strive to protect the sites we visit, support local economies in our choice of accommodations and services and increase our clients' understanding and appreciation of people of varied customs and traditions through meaningful cultural exchange.

"small steps towards a big difference"



About High Heels on Higher Peaks

Our **High Heels on Higher Peaks** is a women-only Adventure Retreat in the most exotic and breathtaking regions of Himalayas designed to recalibrate and renew every cell of your being.

Walk to Himalayas designs and organizes vacations for women who want to experience an active, out-of-the-ordinary adventure vacation, and meet new friends. We carefully research our cultural and adventurous odysseys and believe that a vacation should be an experience that remains as a treasure long after your snapshots are pasted into a photo album. Most of all, we want our High Heels on Higher Peaks trips to be fun!

Travel is very liberating because it allows you to be yourself, especially when travelling with other women. Our adventure vacations continue to delight and inspire women traveling solo, or with their sisters, mothers, daughters, partners and friends.

Our tours are active vacations, but the pace of our women-only trips is leisurely with ample time to explore the charm and sights of each destination. Hike, bike, trail run, rock-climb, rappel, fish by the river drive into the jungle in the night to experience the real wilderness or just relax. The options are myriad. And needless to say, don't forget to bring your camera, sketch pad and/or journal to etch this memory for life.



High Heels on Higher Peaks Itinerary

1 to 4 March 2018

Adventurous, exciting and fun, experience all the emotions together with the most revelling Walk to Himalayas High Heels on Higher Peaks Retreat.

This retreat is designed for all women. Escape alone, or invite your mother/daughter/sister/friend for a special getaway to prioritize our own well-being, from which everyone in our lives benefits.

Treat yourself (or a special person in your life) to a 4-day getaway to focus on restoring your vitality for the next chapter in your life. Highlights of this tour are:

LIVE YOUR ADVENTURE – Trek, Bike, Trail Run and Indulge in Adventure activities

TAKE TIME FOR YOURSELF – Camp in the wild

EMPOWER YOUR BODY AND MIND – Taekwondo session

Set against spectacular scenery, your journey also includes plenty of opportunities to soak up the surroundings of Himalayas. This retreat is for those who truly love the mountains.

Below you will find a detailed itinerary for this January.

Day 1 1st March 2018 – Kosi Valley Retreat

Arrive at Kathgodham where the Walk to Himalaya's representative will greet you at the station and bring you to [Kosi Valley Retreat](#) (KVR) which will approximately take four hours.

Check in at our very comfortable home-away-from-home, a quaint stone bungalow Kosi Valley Retreat. Get to know the place where you staying better. Simply relax and amble around.

What you'll find here, are mountains, trees, lakes, stars, birds, fishes, conifer-scented air, the friendly villager. Relish the healthy, delicious welcome lunch at our resort and an opportunity to get acquainted with other she-adventurers.

Post lunch you can proceed towards the river and enjoy the moment.

At the end of the day, you settle into camp, admire the view by the bonfire, and realize you're hungry. Enjoy the sumptuous organic home food cuisine for dinner.



Day 2 2nd March 2018 – Yoga session + Jungle Trek

Early morning, we have arranged a **Yoga Session** for all.

By dusk set out to the river Kosi which merrily flows just by the Resort and you will get to be a part of the symphony of the vibrant chirpy birds.

You can do some river activities as well like Rock climbing, Rapelling, Burma Bridge, Spider Web. Followed by a delicious family-style dinner. Camp under the canopy of millions stars in the Resort.

Day 3 3rd March 2018 Village Walk

Explore the surroundings of the land, enjoy a unique rendezvous with the locals, learn about history and legends. Sip on traditional brews as you enjoy captivating tales of their pristine lifestyle which remains unchanged from times immemorial. Take an effortless journey across the culture and curries

of villages. Hum together a local folk song. Bask in the ancient enthralling heritage of the nearby ancient village. Have lunch with the villagers and be back at the KVR by evening.

Our women tours take wellness to a new level by merging adventures that awaken the body with mindful practices to feed the soul, all in a light-hearted and fun environment to refresh your Body, Mind and Spirit. Douse the tiredness of the whole day with a well-rested sleep.

Day 4 4th March 2018 – Nainital

Early morning proceed for jungle trek behind the property and also have a trek along the riverside. Post breakfast depart from Kosi Valley Retreat to Nainital to do what we do best – SHOP and explore some of the nearby places.

Nainital has earned the epithet of 'Lake District' of India. It is said that the left eye (Nain) of Sati fell here and formed the emerald eye-shaped lake. You could simply pedal in the serene Nainital Lake and watch the cares of the modern world slip away.



Well, keeping the best for the last, you could shop till you drop. Options are plenty; smart sneakers, Tibetan artifacts, Tibetan junk jewelry, woolens, trek bags, shapely candles.

There are quite a few offbeat places around Nainital like Saat tal. There are three lakes (of the original seven Sat), named after the epic personages Ram, Sita and Lakshman.

Naukuchiatal – A lake with 9 corners. It is bigger and more beautiful lake than Nainital & Bhimtal, boating are main attraction.

It's time to wish adios to the royal forest of Deodhar trees, the blissfully undiluted silence, the crisp air laden with the scent of pines, and finally the enthralling ambiance of the Himalayan range and retrace your path back home. Take the evening train from Kathgodam to Delhi.

Reach Delhi at 5 a.m. in the morning.

Getting to Kathgodam

Take a train or flight to Delhi. Book a pre-paid taxi to **OLD Delhi Station**. Have your dinner and board **Ranikhet Express** at 10.30 p.m. It will reach next day early morning at 6 a.m. at Kathgodam station which will be the pickup point.

What to Expect

Expect to eat well, get out and be active, try new things, make new friends, laugh a lot and come home revitalized and be glad you could make it to this rejuvenating vacation.

At High Heels on Higher Peaks, our trips are adventure travel vacations and not "tours." We define adventure travel as travel in which one actively participates and requires a certain degree of physical fitness, as opposed to a tour, where one is more or less a passive observer. This retreat provides a supportive and fun environment to try new activities and to challenge yourself.



Everyday time is devoted to getting out and enjoying outdoor activities such as trekking to Gananath, biking along scenic lanes, feel the adrenaline rush while tracing on tight ropes on the Burma Bridge and Spider web and rock-climbing and rappelling, knowing some the defence moves with Taekwondo session along with some female bonding.

And last but not least, in the spirit of adventure travel, the most essential gear we ask our travellers to bring is your spirit of adventure and your sense of humour.

Food – Our legendary food has made us famous. We put a lot of care into our homemade meals from fresh local ingredients and feel they add to the pleasure and enjoyment of a trip. Our customers have overwhelmingly agreed, finding that a hike through a beautiful stretch of wilderness, followed by a delicious meal with good companionship, is a recipe for success.

Personal Touch – Walk to Himalayas has been designing unique women's travel adventures and creating long lasting friendships for decades. Many clients continue to travel with us based on the connections they have made on past trips – and they often make plans to travel with their new friends with us. Along with introducing women to the outdoors, Walk to Himalayas has also pioneered the idea of camping with challenge *and* comfort.



We pride ourselves on our enviable safety record– all of Walk to Himalayas' guides is experienced in leading women's trips, each has extensive wilderness and safety training. . They'll go the extra mile to make you feel at home in the wilderness. You'll be traveling with

the "best of the best".

Commercials:

Total Cost: 9050 INR (For 3 nights 4 days) on APAI basis

Additional 5% GST would be charged on the whole package.

Inclusions:

- Stay at tents in Kosi Valley Retreat
- Welcome drink on arrival. Hot/cold
- Daily morning and evening tea and coffee
- 3 breakfast, 3 lunch and 3 dinner
- Adventure activities as stated in the itinerary.
- Taxi pick up from Kathgodam to Kosi and back to Kathgodam.
- one Taekwondo session for all.

Exclusions:

- Medical expenses (apart from first aid) and insurance of any kind.
- **Pick up and drop from Delhi is Not included, we can assist you with it and the payment for the same would be on actual.**
- Tips, laundry, liquors, wines, mineral water, telephone charges, camera fee and items of personal nature.

Any expenses arising out of unforeseen circumstances like flight delay / cancellation / hike in fare, strike or any other natural calamities or any emergency evacuation expenses.

Any other item not mentioned in the cost includes section.

Bookings & Cancellations Policy:

1. All bookings must be made well in advance so that all arrangements like Hotel reservations, Transport, Logistics arrangements etc. can be made. Once you finalize a package and book with us, we will make a provisional booking of Hotel rooms and send you a confirmation along with an invoice.
2. We ask for 50% Advance Deposit, which has to be paid within 3 to 5 working days of the date of package confirmation and Balance 50% before 30 days of the Tour start date.
3. As soon as the payments are received, a receipt will be send to you. Once all services are confirmed a Client Services Confirmation voucher will be mailed to you.
4. Cancellations must be made in writing and will be effective on the date of receipt in our offices.
5. The following cancellation charges will apply: (shown as percentage of total package price)
More than 6 weeks before arrival - 40%
Between 41– 20 days before departure - 75%
19 days or less before arrival - 100%
6. All re-payments for cancellations will be made within 4 weeks from the effective date)

Tour once commenced will strictly go as per the itinerary finalized. In case of events and circumstances beyond our control, we reserve the right to change all or parts of the contents of the itinerary for safety and wellbeing of our esteemed guests.

Please note that no rooms have been blocked and the same would be done on your confirmation, subject to room availability.

Share our Green Awareness

Please observe the following:

Do's

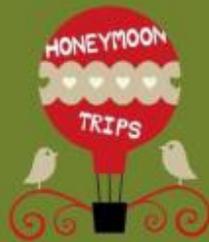
- Use of Polythene and Plastics is unhealthy for the environment.
- Carry away all non-degradable litter- empty bottles, tins, polythene bags etc. and throw them in municipal dustbins only, so that they can be disposed properly.
- Observe the sanctity of holy sites. In case of any offerings contact the staff of the temple committee only.
- Respect local traditions. When taking photographs, respect privacy ask prior permission and use restraint.
- In case temporary toilets are set up near camp sites, after defecation, cover with mud or sand. Ensure that the spot is at least 30mts. from a water source.

Don'ts

- Taking away of cuttings, seeds and roots is illegal. Allow the flora and fauna to flourish in their natural environment.
- Avoid using pollutants, such as detergents, in streams or springs.
- Do not use wood as fuel to cook food at the camp site and do not destroy the forest wealth of the Himalayas, which are our heritage.
- Do not leave burnings cigarettes or make open fires in the forest.
- Do not tempt local children by offering them foodstuff or sweets.
- Do not listen to Radios, Tape Recorders or any other electronic entertainment equipment at high volume to avoid noise pollution.
- Be careful in making relations, while traveling by Bus or Trains.

We at Walk to Himalayas strongly endorse the principles of Eco-Tourism. We seek to protect the environment and to minimize pollution while we send our clients on trips. We also believe that local communities should gain some benefit from our visit and we have a policy of local services wherever we can.

S E R V I C E S



Walk To Himalayas Adventures Pvt. Ltd.

Flat No. 1203, D Block, Dheeraj Ganga, Chincholi Bunder, Malad (W), Mumbai - 400 064.

Contact: +91 95947 85345 • +91 99302 16236

E-mail: connect@walktohimalayas.com • www.walktohimalayas.com