

# West Bromwich Mountaineering Club Newsletter



February 2017

This month's photo: "*Excellent conditions for ice climbing!*" by Ken Priest

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Hello readers,

Hope you're all doing well. Apologies to John Edwards, whose article I mangled last month by omitting a rather key paragraph! I've added it on the next page under apologies and corrections.

Huge thanks as always to this month's contributors: Dave Jones, Graeme Stanford, Ken & Jess Priest, Sue Goddard, Sara Winton, Pete Poultney, Chris Dean, Georgie Hind, John Edwards, Nigel Tarr, and Guy Harris.

If you have anything that you'd like to be featured in next month's newsletter – whether you're selling gear, looking for a climbing or walking partner, you've seen an event that members might be interested in, anything at all – send it to [newsletter@wbmc.org](mailto:newsletter@wbmc.org) (or through our website if it's an article) before the 20<sup>th</sup> of the month.

Cheers,  
Joe

## The WBMC meeting place



**The Wheatsheaf**  
379 High Street,  
West Bromwich,  
B70 9QW

Join us every Thursday  
night from 9.00pm in  
The Wheatsheaf for a  
chat and a drink.

**BMC**  
AFFILIATED CLUB

[www.wbmc.org](http://www.wbmc.org)

# Noticeboard

## Correction & Apologies

It probably isn't the first time this has happened, but it is the first time something like this has been brought to my attention. Someone who had been on a coach meet had not been mentioned in the "Coach King & Queen" article!

Readers of the last Newsletter may have got the impression that our illustrious Chairman failed to go on any coach meets during 2016 for his name was not mentioned. This would be totally erroneous because Dave Jones actually went on at least 10 coach meets, as did Adrian Shaw and Dave Hellyar who were also not mentioned. As where the 6 people who went on at least 9 meets! Somehow a small paragraph in the original article saved on my laptop seems to have "gone missing" somewhere in the transfer to publication process. The lines that went walkabout somehow were:

*"The 3 men who went on 10 (probably 11) coaches were Adrian Shaw, David Jones and David Hellyar and there were 5 gents and 1 lady who went on 9 coaches. She was Pat Potter and the gents were John Dale, Geordie Hind, Nick Piotrowski (who deputised as Coach Sec on the April coach that Nigel missed), Mike Smith & Mark Stevens."*

Apologies indeed to the 9 'coach regulars' who failed to be acknowledged in the January issue. Their devotion to the coach meets is now highlighted even more clearly than it would have been in the original article.

*Sincere apologies again folks! - Joe*

## How's your Welsh?

Given all the time we spend in mountainous Welsh Wales, have we any of us mastered the language or pronunciation? To test that, try this 'Welsh' quote from the internet:

*Ai hop ddat yw can ryd ddys and ddat yt meiks sens tw yw. Iff yw can ryd ddys, dden yw sawnd ryt and ar redi tw gow hycing in wals widd gofforawalc dot cwm. Gwd lwc and Haf ffyn.*

Hilary Jones

## Second-hand gear

A member who has been on the last couple of meets is looking for help from WBMC members. Does anyone have any second hand gear lying around or gear that they don't use anymore, size 12 or size 7 in ladies footwear.

If anyone has any unwanted items please e-mail [anthenia91@hotmail.com](mailto:anthenia91@hotmail.com)

## For Sale

- Rab Vapor Rise Ladies Trousers (size 10) - £25
- Trespass Ladies Ski Trousers (size 10) - £15
- Berghaus Quartz 65+15 litre rucksack - £50
- Scarpa Charmoz GTX Mens mountaineering boots EU size 45 - £45
- Scarpa Triolet Mens mountaineering boots size 9.5 - £15
- Camp Rockstar climbing helmet blue with headtorch attachment - £20
- Camp Rockstar climbing helmet white - £15
- Eurohike survival bag (brand new in wrapper) - £2
- Outdoorsigns classic mountain shelter medium (4-6 persons) - £25
- Montane scarab mens jacket blue size M - £25
- Hawkshead mens half zip fleece size L - £5
- Paramo mens reversible trekker hoodie blue size M - £20
- Mountain Hardware Goretex Performance shell mens waterproof trousers size M - £50
- Lowe Alpine mens ice cap - £10
- Various pairs mens gloves/balaclava

If you are interested in any of these items please contact Guy or Tracey on 07815 185447 or 07967 820002

GoPro Hero 4 silver plus accessories and 30 metre waterproof case - £200

Contact Geordie 07505364318 or email [geordiehind@gmail.com](mailto:geordiehind@gmail.com) for further details.

## Hut donations

Members - £4.00  
 Guests - £7.00  
 (Max. two guests per member)  
 16 & under - £1.50

Stamped addressed envelopes are provided in the hut for payment.

## To book

Phone or email Alison Whitehead:  
 07530644874  
[hut-secretary@wbmc.org](mailto:hut-secretary@wbmc.org)

Please contact Alison *before* going to the hut.

WBMC members can purchase a hut key from Alison at a donation of £4

# Coming up

April 14<sup>th</sup> – 17<sup>th</sup> 2017

## Easter Scottish Weekend, Inverie, Knoydart

If anybody is interested in spending Easter in the remotest area of Scotland give me a call. Inverie can be reached by a tough 8-10 hour walk from Kinloch Hourn or by a half hour ferry crossing from Mallaig.

Being hardened mountaineers, the plan is to drive to Mallaig on Good Friday and catch the ferry to Inverie (leaving cars at Mallaig) and spend 3 nights in a bunkhouse. That gives 2 days walking in the Knoydart hills before sailing back on Easter Monday and driving home.

Ferry cost is £20 return and the bunkhouse costs will be about £20 a night.

Inverie is home to the most remote pub in Britain (The Old Forge) which does excellent food and the bunkhouse has kitchen facilities.

For more details please contact Andy Brown on 07870 145026 or come up the Wheatsheaf.

*Places in the bunkhouse are limited so be quick.*

## Last few dates in the meet card

Just a quick reminder for anyone who doesn't have a 2016 – 2017 meet card. The new meet cards with the rest of the 2017 dates will be coming out very soon, so I'll include that in the next newsletter.

## March

Thurs 9<sup>th</sup>: Indoor Evening Meet

Sun 12<sup>th</sup>: Coach – Keswick

17<sup>th</sup> - 19<sup>th</sup>: Away Dinner

Thurs 23<sup>rd</sup>: AGM

## April

Thurs 6<sup>th</sup>: Indoor Evening Meet

Sun 9<sup>th</sup>: Coach Meet - Ogwen

14<sup>th</sup> - 16<sup>th</sup>: Scottish Weekend

## May

Thurs 11<sup>th</sup>: Outdoor Evening Meet

Sun 14<sup>th</sup>: Coach – Thirlmere/Grasmere

19<sup>th</sup> – 21<sup>st</sup>: Family Weekend

*In next month's newsletter...*

## Hut Insulation!

Insulation has been added to the hut ceiling! Expect a write-up from Dave Jones with plenty of photos in the next newsletter.



# Mitch's Meet

Words and Pictures  
by Dave Jones



Always very popular on WBMC meets for all the right reasons to remember the legacy of a former club member John Mitchell. Unfortunately, on this occasion his son Andrew Mitchell could not be present due to not feeling very well. We hope by the time you read this your health would have improved.

I have attached a photo of John with this article in memory of him and why we carry out this meet every year.

Mitches meet to me is always the start of a new year and a gentle introduction to the exciting months ahead, more importantly the coach always departs a little later so an extra hour in bed in the dark months of January is well received.

Thirty one people had booked onto the coach, it is very reassuring that this meet is still very popular for members that show their appreciation to John.

Mitches meet this year was heading to the Malvern Hills in Worcester and three members had planned this walk some months back in November 2016. I would like to pass on my thanks to David Hind, Phil Smith and Richard Cooksey who had all had an input on planning the walk, the routes, drop off points and liaising with the landlady at the Farmers Arms Public House on meal options for those attending the meet.



I was looking forward to the meet, because when we did the walk back in November it was a very enjoyable day out. Unfortunately, on the actual day of the meet "Geordie" could not be present due to sunning himself in Finland (brrrrr). Geordie had scheduled three drop off points so there were various options available for everyone.

On the coach this year we had WBMC's very own official photographer Lee Grainger, who recently had a new gadget - a Nikon SLR camera - and soon got to work taking numerous photos of everyone. We hope you are

happy with your camera and thanks for being our official photographer. If anyone wants to see the photos - all 171 of them - these are on Lee's Facebook page.



A relatively large group of us had opted to do the linear route, which is 14.7km -9.1 miles, starting at Tank Quarry car park or in this case just across the road due to the coach becoming stuck in a side street and Nigel knocking various houses getting them out of bed on a Sunday morning. The route ascends up onto Malvern Hill ridge, numerous individuals had stopped to take photos on route because there were some impressive views of the surrounding Worcestershire, Herefordshire, & Gloucestershire countryside. The group consisted of Mike & Emily Smith, Graeme Sanford, Adrian Shaw, Phil Smith, Paul Brindley, Mayya Konovalov, Anthenia Dimitriou, who was celebrating her 26<sup>th</sup> Birthday (more to follow) Hilary Jones, Jo Cheung and sister Rob Edwards (sorry if I have missed anyone).

On the route, what had been a nice sunny morning was starting to get a little cloudy and wet. The group continued from North to South with a brief toilet stop and then a thirty-minute break at a roadside café, bacon butties, coffee, cake etc. was ordered with everyone putting on waterproofs and trying to find limited shelter that was being taken up by other walkers.



## Mitch's Meet (continued)

The group then carried on towards British Camp and gained further height prior to getting to the Gullet and then a descent was made to Castlemorton Common. From here the group heading across boggy, muddy fields, the lower routes were more slippery than those on higher ground.

We arrived back at the Farmers Arms based in Birtsmorton. The pub is a traditional free house pub nestled at the foot of the Malvern Hills and was literally a stone's throw from Castlemorton Common. We knew from our previous in November that the log fire would be on and the food would be good. The surrounding area boasts many attractions including the three counties showground, which hosts spring and autumn gardening shows, as well as the main three counties agricultural show in the summer. Just over the hill is Eastnor castle with its historic deer park and home to the land rover experience and the original land rover test track.

Everyone had started to arrive back at the pub, it had started to get dark and Nigel Tarr was missing. As I went outside to call him he was just walking back down the lane towards the pub and looking forward to his Sunday lunch. The food was very good and very reasonably priced.

After food, we found out that there was a birthday within the club: Anthenia was celebrating her 26th birthday. Anthenia is becoming a regular on WBMC coach meets and she set up her very own birthday table complete with cake and candles, banners. WBMC official photographer was present to capture the moments and film the footage. From everyone connected with WBMC we hope you enjoyed your birthday and we look forward to seeing you on future coach meets/events.

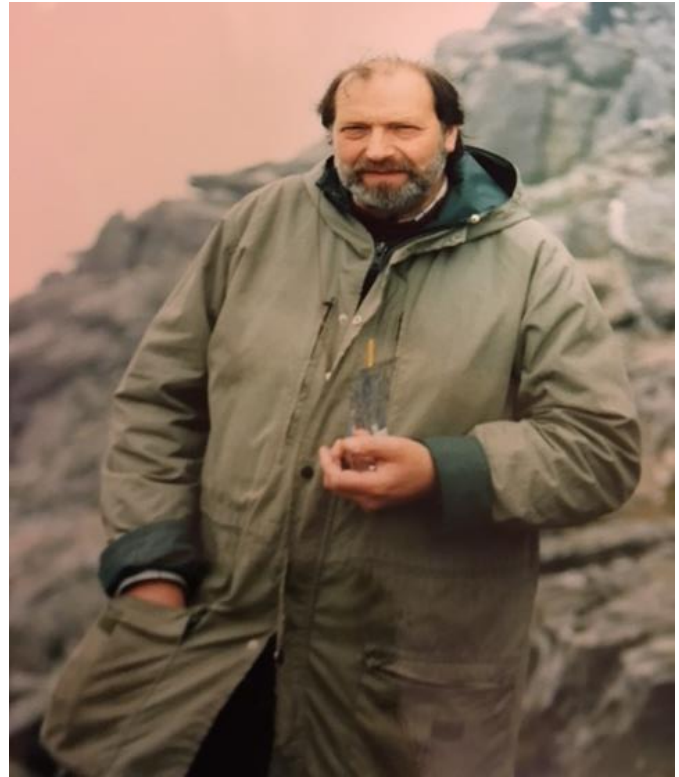


After being fed and watered it was time to head back to the Midlands. We said our thanks to the landlady for the hospitality that had been shown to the club and its members and a thank you card will be sent to show our appreciation.

Finally I have attached a photo of John Mitchell so that we can remember him and why we do this meet every year in his honour.

See you on the Hills.

Dave Jones  
Chairman WBMC

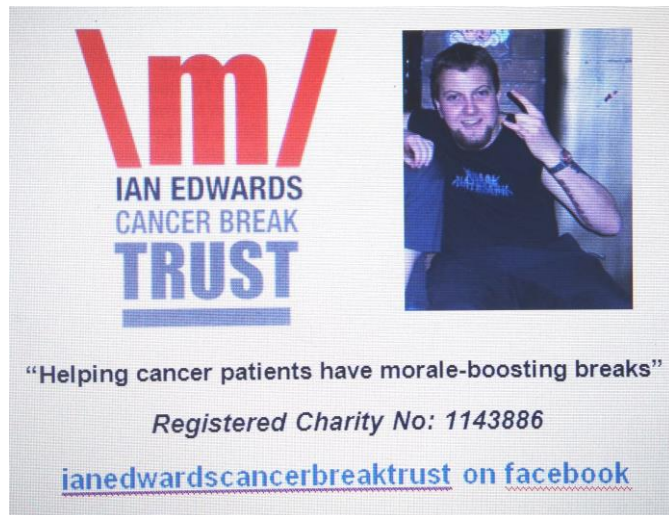


# Closure of the “Ian Edwards Cancer Break Trust”

By John Edwards



In the middle of January I wrote the final cheque from the Ian Edwards Cancer Break Trust bank account and, now it has been banked by the Children’s Hospital, I have completed the online form to take the Trust off the Charity Commission’s register.



During its 6 years of existence the Trust raised a total of £57,617 and gave all of this away as grants to enable over 250 patients to benefit from morale-boosting days trips or short holidays. £8,053 was made available directly to applicants by the Trustees but the majority of grants were given directly to social workers at 3 hospitals - Royal Orthopaedic, Heartlands & the Children’s Hospital (which has links to the QE) - as they knew best who was struggling financially &/or emotionally and who could most benefit from a holiday or short break. Grants were made in amounts of between £50 and £300 to help patients visit such places as Peppa Pig World, Legoland, Disney on Ice, London, Harry Potter World, C Beebies, Butlins, family visits to the seaside, meals out, theatre visits and many more.



Of course the Trust can never bring Ian back, which is what Carol & I would wish for more than anything in the world, but it did help as part of the grieving process to us & Ian’s friends. And as well as helping many, mostly young, cancer patients have some enjoyment it also had the unexpected benefit of proving a tonic to the social workers at the hospitals. Knowing they had funds which could help some of their patients have a treat gave them a morale-boost too, especially as they could see the enjoyment that the planning and anticipation brought to the patients, as well as going on the actual “short break” or whatever it was.

So a final thank you to all the West Brom MC members who donated to the Trust or helped my big fund-raiser – the winter traverse of Toubkal in 2012 which was great fun. As I was sorting through the Trust files to put this together I came across a small note in Ian’s handwriting that we must have saved. Entitled “10 Things I Want To Achieve in My Life”, it was probably written when he was in his early 20’s and I’d like to share it with News & Views as it is ‘just so him’ and several folk have said that they found it touching / inspiring / amusing.

- 1) *Make Mum & Dad proud.*
- 2) *Be myself at all times and not care what other people may think of me.*
- 3) *Do unto others as they do unto me.*
- 4) *Honour my friends and keep in touch.*
- 5) *Treat my women with respect.*
- 6) *Make an effort to go into the countryside.*
- 7) *Don’t ever turn to religion or drugs.*
- 8) *Live every day like it’s my last – don’t waste time.*
- 9) *Always support Liverpool as my first football club.*
- 10) *Live within my means at all times.*

I think he achieved all these although, like most teenagers in low paid jobs, he did struggle with the last one!



# Clent Runners Report

*A quick catch-up of 2016*

By Ken Priest

With photos from many  
of the clent runners!



Many years ago, I first started running over Clent Hills with Pete Goddard in preparation for a trip to the Alps. This continued throughout the years, usually midweek as we both worked shifts. After a few people expressed interest but couldn't make midweek, we started running on weekends. This probably coincided with the opening of the new café at Nimmings Wood carpark; I'm sure it's their famous bacon sandwich that has tempted more people to start running.

Over the years, the numbers have steadily increased. Most Saturdays you will find a contingent of WBMC runners making their way over Clent, Walton and Uffmoor Woods. This steady shuffle over the hills always ends in a cuppa at the café, usually accompanied by bacon sandwiches and banter. If you fancy a run in the fresh air in the lovely (and often very muddy) Worcestershire countryside, then get in touch! Clent runners have been very busy lately - here's a report of some of our recent events!

Trailfest, October 2016



Photo by Sara Winton

Pete Poultney, Sara Winton, Chris Dean and Jess Priest entered this year's Trailfest, a beautiful trail half marathon from Tan y Grissau to Porthmadog.

As part of the race entry, the runners (plus Ken Priest in a support role due to injury), headed by steam train from Porthmadog to Tan y Grissau. After an hour's scenic journey, we arrived at the start. Following a coffee in the café, we set off on our half marathon, signalled by the whistle of the train.

The off-road training over Clent Hills certainly paid off as the terrain was surprisingly hilly, with over 1,500ft of ascent. While the runners made their way to Porthmadog, the train followed them back down, allowing spectators to spot the runners in about three different places. An excellent day out for friends and family!

13.4 miles later, we all finished along the Cob, battling against a very strong side-wind! The race was very well organised, and after such an enjoyable run, we will all enter again next year.

Snowdonia Marathon 2016 (29<sup>th</sup> October)



Photo by Chris Dean

Chris Dean and Sara Winton (first ever marathon) were the two runners from the club entering this year's Snowdonia marathon. Over 3000 people had entered the race, which sold out within a few hours.

On a surprisingly mild and dry day, the race started at 10.30am from Llanberis. The first 5 miles up to Pen y Pass were uphill (a challenging start), where the runners were joined by Gary, Ken and John on their bikes. Pete also supported in running from the start until the hut, where the rest of the fan club were cheering us all along. Alison, Guy and Tracey (and Monty), June and Trevor were .....

At the halfway stage at Beddgelert, Jess Priest popped out from The Saracen's to run the last half. The next three miles were uphill until Rhydd ddu. This is where the pain started with the energy levels dropping and the legs getting tired!

At 22 miles, we split from the cyclists, 2 of which were beer-assisted following a quite pit stop, and were cheered on by a trumpeter playing "If you're happy & you know it clap your hands"! We certainly weren't happy as we made away over the tough ascent of Wuanfawr Mountain where more walking than running took place!

The last mile involves a tricky descent into Llanberis with Chris and Sara finishing together in a very respectable time of 4:27:34!

Massive congratulations to both runners for completing one of the hardest marathons in Europe! A fantastic weekend was had by all. Looking forward to the biggest turn out from the club perhaps next year!

## Clent Runners Report (continued)

### Dovedale Dash, November 2016



Photo by Sue Goddard

"Ken, you're not a real climber until you've done the Dash!" So stated Sandy Wilkie many years ago, and it's taken me over 20 years to achieve it.

Sue Goddard met me and Jess near Hope, a picturesque Derbyshire village where each year this race is run on the Sunday closest to bonfire night. It supposedly originated between friendly banter between cyclists and climbers and this year was the 60th anniversary. It is only a 6km route but very pleasant initially until you are forced to wade through the icy waters of Dovedale.

There were over 1500 runners and it started off as a very crowded event, but we all got spread out and finished in good time in a very wet and cold state, but happy I'd achieved a promise I made a long time ago.

### Betws-Y-Coed 10K Trail Challenge, November 2016



Photo by Graeme Stamford

Ken, Jess, Sara, Pete and Graeme Stamford (supported by Gary and Ted the dog), entered this year's Betws Y Coed 10K Trail Challenge for Help the Heroes. The race started at the back of the church in the village, and climbed steeply up through the forest for the first 3km. At the top,

the trail meandered around the lakes at the top, and with yet more ascent. The trail followed a scenic area we'd never walked around after all these years coming up to Snowdonia! A long descent followed to the finish at the Waterloo Hotel. All finished within an hour, with Graeme leading the team home (his Wednesday cross country league is obviously paying off!) to Gary and Ted who were waiting (and whining) at the finish line. A celebratory cuppa was had by all.

### Stourbridge Stagger, February 2017



Photo by Pete Poultney

Chris and Sara ran this race in early February covering a very hilly course of 10 miles, supported by photographer Pete capturing all the action of the mud and sweat. A tough course attended by many club runners, but our two did an amazing run and finished in good time

So, if any of you fancy increasing your hill fitness come and join us for a steady jog, a good chat and a well-earned warm cuppa!





# Coach Meet – Keswick

Sunday 12<sup>th</sup> March 2017

## Depart

07:00 – West Brom. Edward St Car Park (B70 8HU)

07:20 Penkridge

## Drop off

Scales (340268)

Threlkeld (if you're quick) (352254)

Keswick (junc A66/A591) (264244)

Keswick Coach Station (264234)

## Pick up

Keswick Coach Station (242234)

Scales Lay By (340268)

## Required maps

OS 1:25000 Outdoor Leisure

No 4 The English Lakes NW

No 5 The English Lakes NE

## Suggested routes

From Scales

Route 1 (~15km / 9.5 miles)

From Scales Farm (340268) follow the path past Mouthwaite Comb then turn NW to Scales Tarn (329281). As you arrive Sharp Edge- a short grade 1 (but not too difficult) scramble is the obvious ridge on the skyline. From the top of this it is an easy walk to the summit of Blencathra (324278). You can continue along the ridge to Knowe Crags (312270) and then head NW to a footbridge over Glenderaterra Beck (296278). From here it is a short climb to the path junction of the Cumbria Way (293279) and this can be followed S past Lonscale Crags and a car park (281253) to reach Keswick crossing the A66 by a footbridge at (269243).

From Threlkeld

Route 2 (~14km / 9 miles)

Climb Blencathra (324278) via the impressive Halls Fell Ridge or less spectacular Middle Tongue or Gategill Fell. Head E and descend easy slopes to the col at (327292) (via Sharp Edge if you are prepared to loose more height) Bowscale Fell (334306 & off map unless you have an old 1 inch) and Bannerdale Crags (335390) can then be climbed before descending down to Scales to await the coach.

Route 3 (~12KM / 8miles)

Expert scramblers could trudge down the B6322 down St Johns in the Vale to Sandbed Gill (317217) - one of Lakelands finest gill scrambles. Follow the road through Bram Crag Quarries and cross a stile leading onto the fellside. The gill entrance is guarded by trees but the route is obvious - you simply follow the watercourse. However the route is a serious \*\*\*3S scramble and is only escapable by retracing your steps. To quote Graham Thompsons book "the rock is often slippery & the route is best climbed during a dry spell, a rope, slings and a selection of nuts should be carried for the crux and waterproofs are advisable". Then walk over Clough Head (334226) and fell bash to Scales



Photo from where2walk.co.uk

## Fares

Members £20.00

Guests £22.00

Under 16's and full-time students – £8.00

To book ring Nigel Tarr on 07703 345729

£5.00 pp cancellation charges apply: you must cancel at least 7 days in advance.

From Keswick

Route 4 (~16 km/10 miles)

Follow the road from the roundabout (264244) to Briar Rigg (267241) and follow the Cumbria Way past car park (283255). Here you start climbing steeply to the summit of Little Man (266278) from where a good path continues to Skiddaw (261291). Descend the very steep west face of Skidaw to Carlside Tarn (256283) & if the weather is good walk out to Ullock Pike (244281) for superb views over Bassenthwaite Forest. Retrace your steps to the summit of Carlside (255281), then descend S to Millbeck (256262) Follow the road into Applethwaite and follow the Allerdale Ramble back into Keswick.

Route 5 (~18km / 12 miles)

Another possibility might be to follow the Allerdale Ramble NW through Thorn thwaite Forest and eventually reach Ravenstone Hotel (236297). To the right side of the hotel follow a steep path through a conifer wood and then take the long heather - clad ridge to Ullock Pike (244287). This was Wainwright's favourite walk up Skidaw & "probably the most attractive up the mountain" (Bob Allen) but it is a long walk to the start. Continue along the slate rocks of Longside Edge to Skidwa and then descend via Cumbria Way (reverse of first part of route 4) or follow the Allerdale Scramble back into Keswick.

Route 6 (~12km – 8 miles, less if you take boat)

Take paths to Portinscale and then Cumbria Way to climb Cat Bells (244198). Alternatively it might be possible to take a Derwent Water launch (anticlockwise) from the landing stages at (264227) to Hawes End to save the walk in.

# Coach Meet – Ogwen

Sunday 9<sup>th</sup> April 2017

## Depart

07:00 – West Brom. Edward St Car Park (B70 8HU)

07:20 Service Road Junc. 2 M54

(Short stop at Corwen)

## Drop off

Pont Cyfyng (735572)

Capel Curig (721582)

Ogwen (656603)

## Pick up

Ogwen (656603)

Capel Curig (721582)

## Required maps

OS 1:25000 Outdoor Leisure

No 17 Snowdon



Photo from [where2walk.co.uk](http://where2walk.co.uk)

## Fares

Members £20.00

Guests £22.00

Under 16's and full-time students – £8.00

To book ring Nigel Tarr on 07703 345729

£5.00 pp cancellation charges apply: you must cancel at least 7 days in advance.

## Suggested routes

From Pont Cyfyng

Route 1 (~9.5km / 6 miles)

Follow the track to a disused quarry (717555) then continue to Lyn Y Foel (713547) from where you can climb the SE Ridge of Moel Siabod (Grade 1 scramble of Dear Ddu) from the summit (705546) descend via the NE ridge to grid reference (713565) continue through the forest to Plas y Brenin and the Capel Curig pick up.

From Capel Curig

Route 2

Head West and follow the ridge to Galt yr Ogoff (685586) continue over Y Foel Goch (678582) to Llyn Caseg- Fraith (670584) and find a cairn at the col marking the Miners Track. follow the path to Bwlch Tryfan (6625588) and ascend Tryfan (664594) via the South Ridge descend via the West gully to Ogwen.

Route 3 (~9km / 6 miles)

Follow route 2 to Llyn Casag-Fraith (670584) and then climb to the summit of Glyder Fach (656583). Continue along the plateau to Glyder Fawr (642579) and descend to Llyn y Cwn (638584) and then take the path to the right of the Devils Kitchen to Llyn Idwal (647598) and back to Ogwen.

Route 4 (~16km / 10 miles)

Head North to Craig Wen (729602) and onto Creigiau Gleision double summit (729616) and (734623). Then

descend to the Llyn Cowlyd Dam and climb Pen Llithrig y Wrach (716624) before returning to Capel Curig. If the weather is bad the return could be via the lakeside track.

Route 5 (~16km / 10 miles)

Head NNW to Pen Llithrig Wrach (716624) and descend to its West ridge to Pen Yr Helgi Du (699629). Follow the narrow ridge NW onto Carnedd Llewellyn (684645). Head South and South West and finally West to Carnedd Dafydd (664630) and from here the quickest way back to coach is to contour round to Pen Yr Ole Wen (655619) and descend the path down its South West ridge to Ogwen Falls (649605) then East along the A5 to the coach.

From A5 near Llyn Ogwen

Route 6

Follow the road to grid reference(663603) and tackle the North Ridge of Tryfan (grade 1 scramble) at the summit (664594) jump from Adam to Eve and back if you dare !! (WEATHER PERMITTING ) and then descend the Siuth Ridge to Bwlch Tryfan (662588) and continue up the Bristly Ridge (another grade 1 scramble ) to the summit plateau of Glyder Fach (656583). A less exposed alternative is to climb the scree slope to the East of the ridge scramble over the Castell Y Gwynt (654582) and follow the plateau edge NW to the top of Y Gribin (651583). Descend this fine ridge back to Ogwen.

# AGM Calling Notice

Thursday 23<sup>rd</sup> March 2017 - Wheatsheaf Public House, 379 High Street, West Bromwich at 7:30pm

Dear Member,

The 2017 AGM of the WBMC will be held at the Wheatsheaf Public House on **Thursday 23<sup>rd</sup> March 2017 at 7:30pm** prompt. Most officers of the Club are elected annually and nominations, in writing should be with the Secretary at least 7 days before the AGM. Nominations should be proposed and seconded by a full club member and indicate the willingness of a person to serve, if elected. Please note the President is elected for a five year term, and is not due for election this year.

The positions are:

- President
- Chair
- Vice Chair
- Honorary Treasurer
- Honorary Secretary
- Coach Secretary
- Hut Secretary
- Membership Secretary

Nominations for the 5 elected seats of the Management Committee may also be proposed in the same way, or may be proposed from the floor at the AGM. In the latter case the nominee must be present in person and express their willingness to serve, if elected. Alternatively, a written expression of such willingness may be produced to the Chair prior to the AGM.

All of the above positions are open to any full member.

The Malcolm Collins Award may be awarded each year for "outstanding endeavour in mountaineering or service to the Club" Nominations for the Award should be in writing, and seconded, and forwarded to the Secretary prior to the AGM.

Honorary Secretary

## Nomination Form for the AGM- 23rd March 2017

Form to be with the Honorary Secretary (Sue Goddard) before 16<sup>th</sup> March 2017

Nominee: \_\_\_\_\_

Committee Position: \_\_\_\_\_

Proposed by: \_\_\_\_\_

Seconded by: \_\_\_\_\_