

# West Bromwich Mountaineering Club Newsletter



June 2018

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*Please fill this in if you haven't yet given consent for us to keep your details on record*

Hello readers,

The weather just keeps getting better and better at the moment, and there are plenty of events to look forward to, including a led walk this week, and the annual Gower Peninsula trip in July.

Huge thanks as always to this month's contributors: Dave Jones, Glen Mountford, Paul Brindley Graeme Stanford, Carol Atkins, Mike Smith, Claire Hammonds, Pete Poultney, Nigel Tarr, and Ken Priest.

If you have anything that you'd like to be featured in next month's newsletter – whether you're selling gear, looking for a climbing or walking partner, you've seen an event that members might be interested in, anything at all – send it to [newsletter@wbmc.org](mailto:newsletter@wbmc.org) (or through our website if it's an article) before the 20<sup>th</sup> of the month.

If you've never written an article before, why not give it a go?

Cheers,  
Joe

## The WBMC meeting place



**Cricketers Arms**  
43 Trinity Way,  
West Bromwich,  
B70 6EA

Join us every Thursday night from 9pm for a chat and a drink.

**BMC**  
AFFILIATED CLUB

*The BMC recognises that climbing and mountaineering are activities with a danger of personal injury or death. Participants in these activities should be aware of and accept these risks and be responsible for their own actions.*

[www.wbmc.org](http://www.wbmc.org)

Cotswold Discount Code: AF-WBMC -K3

# Noticeboard

## Hut Exchange Weekend

The Hut Exchange Weekend with Yorkshire MC has moved - it is not 1<sup>st</sup> - 3<sup>rd</sup> June as per the meet card but 8<sup>th</sup> - 10<sup>th</sup> June. A good weekend last year, this one promises to be the same.

For more information please contact David Jones

## Club climbing nights

Climbing nights are on Tuesdays, not on Mondays as per the Meet Card. If you'd like to find out more, contact Paul Brindley.

## GDPR

GDPR is now in effect, introducing a number of key changes for how we as a club store and process your personal data. To hold personal data the club requires your consent - *if you haven't already provided consent, please fill in and return the attached form at the end of the newsletter.* This is also a good opportunity to provide us with updated contact information.

David Jones has written more on the subject, see page 5.

## New Hut Fees

From the 1<sup>st</sup> June 2018 club hut fees will be increased, this has been agreed by the committee, the club has not reviewed hut prices since 2002 and going forward these will be reviewed on a regular basis based on the financial outgoings.

The new price structure will be **Members £6.00** per night, **guests £10.00** per night, **ages 5 - 17 £4.00** per night and **under 5s free**.

Anyone staying at the hut from 1<sup>st</sup> June 2018 - these new prices will apply. These costs are still respectively low based on the cost that other mountaineering clubs charge for their members to use huts.

## Anglesey cycling trip

I am thinking of cycling around Anglesey for a few days in the summer, if anyone is interested. Nothing crazy! No date fixed as this can be arranged to suit. Email me on [ca\\_atkins@hotmail.co.uk](mailto:ca_atkins@hotmail.co.uk), if anyone is interested. Carol

## Climbing nights with the club

Do you hear all the banter about climbing and wonder what the fuss is all about? Do you see people at climbing walls and think you might like a go but don't know where to start?

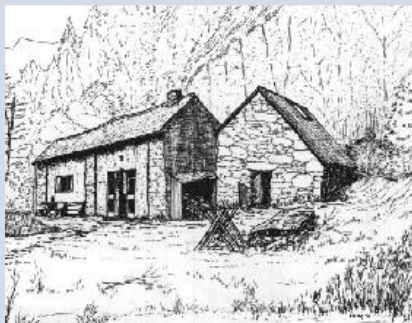
This is a mountaineering club so it stands to reason there are climbers in the club. If truth be told there are not enough climbers in the club. I don't mean that from an elitist point of view. What I mean is that we would welcome other people coming and having a go. That leads to people taking it up and progressing on to traditional climbing (i.e. not climbing indoors but getting out on real rock and being responsible for placing your own protection.) As people progress they become possible climbing partners or leaders and that is the crux. Those that climb are always short of climbing partners and, as a club; we are very short of 'lead climbers'.

I'm in the early stages of this process and still a novice and, apart from a few 'have a go' sessions as a young man, everything I've learnt I've learnt through the club. More experienced club members sharing their time, advice and skills with me has seen me through to the first tentative steps of 'leading' and I've enjoyed (almost) every minute.

So if you read the above and would like to find out what it's all about... come along to the climbing wall at the Wyre Forest Leisure Centre in Kidderminster on the last Tuesday of every month. The club has a discount deal with 'High Sports' so club members get in for £5. All gear is available so you don't need to spend a fortune on gear before you even find out if it's for you or not. Club members who already climb will be there and only too happy to 'show you the ropes', as it were.

The climbing wall's website is here and the address and postcode can be found on the link: <http://www.high-sports.co.uk/climbing-walls/kidderminster.html>

## Hut donations



*Note the new prices:*

Members - £6.00  
Guests - £10.00  
5-17 - £4.00  
Under 5s - Free

Stamped addressed envelopes are provided in the hut for payment.

## To book

Phone or email Alison Whitehead:

07903 584450

[hut-secretary@wbmc.org](mailto:hut-secretary@wbmc.org)

Please contact Alison *before* going to the hut.

WBMC members can purchase a hut key from Alison at a donation of £4

# Coming up

Thursday 7<sup>th</sup> June – 6:30pm

## Outdoor Evening Meet - The Aldridge Round with the two Mikes



Mike Smith and Mike Thompson will be leading a walk around Aldridge.

Meet at:  
The Long Horn pub,  
Sutton Road,  
Walsall,  
WS5 3AR.

Meet at 18:30 ready for the walk to start at 18:45. Food available at the Longhorn.

For more information contact Mike Smith

Saturday 16<sup>th</sup> June – 1pm

## BMC AGM

WBMC members, want to have your say in how the BMC is run? Or get updated on their plans for the future?

Join them in Kendal for the BMC annual gathering. It's the crucial friendly, social event for outdoor enthusiasts who are members of the BMC. Make your vote count.....

If you are unable to attend in person, you can still make

your vote count by using the online proxy voting system, so please get involved.

Here is a [link to the BMC website](#) containing details of the proposals on the table and an explanation as to how to vote online.

12<sup>th</sup> – 15<sup>th</sup> July

## Gower Weekend



WBMC has a history of visiting the Gower since 1983 from my recollection and it's no wonder why when you see some of the stunning scenery and idyllic beaches. In fact, Rhossili is continually on the list of Britain's best beaches and is seen regularly on both calendar and tourist websites.

We now use an education centre with dormitory accommodation for up to 24 people and there is some camping space for smaller tents, then we will share the cost of the rental amongst the members. The more members we get there the cheaper it will work out.

It gives us easy access to both beach and climbs where club members can join in an array of activities such as rock climbing both trad and bolts; swimming, body boarding, rounders/cricket, coastal path walks and jogging. (Wetsuits that appear to have shrunk since last year are on view unfortunately) What's not to like?

It's a great social weekend with a pub at Worms head within walking distance and a communal fish and chip supper al fresco back at the centre with a chimenea blazing away (there's usually some beer and wine as well) on the Saturday night



For further details email: [ken.priest@live.co.uk](mailto:ken.priest@live.co.uk)

# Moon Walk 2018

12<sup>th</sup> May 2018

By Claire Hammonds

On Saturday 12<sup>th</sup> May the four Wild Women of WBMC (Hilary, Claire, Dee and Jo) completed the 26-mile full Moon Walk to raise money for a number of breast cancer charities across the UK.

After train cancellations and timetable mix-ups the four of us arrived in Euston and made our way to a drizzly Clapham Common. Being the honest bunch we are we were put in the last group, departing at midnight.

The route started from Clapham Common, went around Battersea Park over the Thames past Tate Britain, crossed over the Thames up the Albert Embankment past the London Eye, Tate Modern, the Globe Theatre and the Golden Hind. We crossed the Thames at Tower Hill past the Tower of London, St Paul's Cathedral, the British Museum, and around St James Park taking us past Buckingham Palace to Hyde Park Corner. From there the

route took us past Marble Arch around Hyde Park and Kensington Gardens, past Kensington Palace, the Royal Albert Hall, the V & A Museum, Earls Court and on to the last 6 miles through Sloane Square, back to Hyde Park Corner and then down over the Thames past Battersea Park back to Clapham Common.

We finished the course in approximately 8 hours all a little tired and exhausted but in good spirits.

We would like to thank all of those that have supported us and made donations. A reminder to those that have donations to pay to please pay us by the next coach meet, and if you haven't already done so you can make a donation by clicking on the following link: <http://moonwalklondon2018.everydayhero.com/uk/wild-women-of-wbmc>



# GDPR

*General Data Protection Regulation*

By David Jones



The EU General Data Protection Regulation (GDPR) superseded the Data Protection Act 1998 (DPA) on 25<sup>th</sup> May 2018. It introduces a number of key changes for all charitable organisations that process personal information, including new rules on international data transfers, documenting data processing activities, and performing data protection.

It is important that West Bromwich Mountaineering Club complies with this new regulation safeguarding members' data.

To hold personal data the club requires your consent. Please see attached consent form at the end of the newsletter. Can members please ensure that they read this and return the form.

## The Principles

Under the GDPR, the data protection principles set out the main responsibilities for organisations.

West Bromwich Mountaineering Club will comply with the GDPR principles, which require that personal data is:

1. Processed lawfully, fairly and in a transparent manner in relation to individuals
2. Collected for specified, explicit and legitimate purposes and not further processed in a manner that is incompatible with those purposes
3. Adequate, relevant and limited to what is necessary in relation to the purposes for which they are processed
4. Accurate and, where necessary, kept up to date
5. Kept in a form which permits identification of data subjects for no longer than is necessary for the purposes for which the personal data are processed
6. Processed in a manner that ensures appropriate security of the personal data, including protection against unauthorised or unlawful processing and against accidental loss, destruction or damage, using appropriate technical or organisational measures

If anyone has any issues in relation to GDPR please contact a member of the committee.

David Jones

Chairman WBMC

# June Coach Meet – Coniston

Saturday 9<sup>th</sup> June 2018

## Depart

07:00 – West Brom. Edward St Car Park (B70 8NN)

07:20 – Penkridge

(Short stop at Charnock Richard Services)

## Drop off

Torver (284942)

Coniston (303975)

## Pick up

Coniston (303975)

## Required maps

Os 1: 25000 Outdoor Leisure The Lakes No 6 and (263977)

South Western And South Eastern Areas No 7

## Suggested routes

### Route 1 (19km / 12 miles)

Leave the coach and head North to Old Quarries (278960) and onto the Old Walna Scar Road (274965). Head on up the cove to Goats Water – you could go up the right side of the tarn to Goats Hause (265983) but a more spectacular route is to take the path on the left side and head up to the mountain rescue post and the foot of easy gully. The East face of Dow Crag is very spectacular and not for walkers except this steep but relatively easy breach which heads diagonally upwards to exit a little to the south of the summit of Dow Crag (262978) then it's North then East to Goats Hause and uphill in a south east direction to the summit of Coniston Old Man (272978) from the summit head East then North East (273977) descend to Lows Water (275981) through old mine workings cross path junction (284981) continue to Miners Bridge (293980) keep on RHS of beck through the farm past the sun inn!! Then down to Coniston.

If you wish to bypass Easy Gully continue along Walna Scar Road, cross stream (271964) to path junction on RHS (258964). Follow path over Brown Pike (260966) Buck Pike (262972) to summit of Dow Crag.

### Route 2 (16km / 10miles)

From Coniston follow the paths to the miners bridge (293980) and continue past crowberry haws to lows water (275981) a steep path now leads to the summit of Coniston old man (272978) from the summit head n along the ridge to swirl how (273005) descend steeply to the e down the rocky prison band and continue onto Weatherlam (288011) descend the grassy ridge



Photo from wikipedia.org

## Fares

Members £20.00

Guests £22.00

Under 16's and full-time students – £8.00

To book contact Nigel Tarr on 07703 345729.

Should you need to cancel do so no later than the Wednesday prior to the coach date or a £5.00 fee will be charged. Fail to turn up and the full coach fare will be expected.

to Furness Fells (292000) and continue on vague paths to hole rake (293991) from here good paths lead down into coppermines valley and back towards Coniston.

### Route 3 (11km / 7 miles)

Proceed as route 2 along the main Coniston ridge to swirl now (273005) then descend steeply to the e down the rocky prison band to Swirl Hause (278008) from here take a more direct route s past levers water (282994) and along the Coppermines Valley into Coniston.

### Route 4 (10km / 6 miles)

Head on the roads to Shepard's Bridge (304976) and then hit the Cumbria way to Tarn Hows hit the A593 at Oxen Fell High Cross (328017) and return to Coniston by paths that run to the right of the road

### Route 5 (14km / 9 miles)

Head NW to Miners Bridge (295981) and then take the path through the disused quarries that lead to Hole Rake (293991) reverse route 1 to the summit of Weatherlam (288011) leave the summit along NE ridge and descend until you hit the path in Greenburn (295023) which heads off E then S to Tiberthwaite (306010) minor roads lead to the A593 and a footpath running parallel to this takes you back to Coniston.

# July Coach Meet – Howgills

Sunday 8<sup>th</sup> July 2018

## Depart

07:00 – West Brom. Edward St Car Park (B70 8NN)

07:20 – Penkridge

(Short stop at Charnock Richard Services)

## Drop off

Wath (684051)

Sedberg (657922)

## Pick up

Sedberg (657922)

## Required maps

Outdoor Leisure 19 Howgill Fells and Upper Eden Valley

## Suggested routes

### FROM WATH

Route 1 (17 km / 10.6 miles)

Follow lane, turn left at junction to fork. Take l/h to path (676046), continue to path junction (669035), follow l/h path along Bowderdale Beck past sheepfold (675018), continue on to more sheepfolds on l/h/s (678002), continue to junction (672975,) continue south to join path (668967). Bear left to Calders path junction (672961), turn right, follow path to sharp left turn at cairns, continue past Swere Gill (664946) then at (658937) follow path to Sedberg.

### Route 1 Alternative

At (669035) take r/h path over West Fell (669018) hazel Gill Knot (672996) and The Calf (676970) Bram Rigg Top (668964) at Calders (672961) then continue as Route 1.



Photo from [visitcumbria.org](http://visitcumbria.org)

## Fares

Members £20.00

Guests £22.00

Under 16's and full-time students – £8.00

To book contact Nigel Tarr on 07703 345729.

Should you need to cancel do so no later than the Wednesday prior to the coach date or a £5.00 fee will be charged. Fail to turn up and the full coach fare will be expected.

### FROM SEDBERG

Route 2 (17 km / 10.6 miles)

Leave Lockbank Farm (651924) up Settle Beck Gill (659928) across the S/E flank of Arant Haw (662946). Continue to Calders (672961), turn N/W to Bram Rigg Top (668964), continue to The Calf (667970). Descend N/E to small tarn turn E via Bowderdale Head and track E of Cautley Spout and onto the foot bridge (693968), going S to Beck Side (690955), Fawcett Bank (684939), Under Bank (668925), and onto Sedberg.

### FROM CROSSKEYS

Route 3 (7km / 4 miles)

Leave road at Footbridge (698969) and turn left on A Pennine Journey to footbridge (693967). Head N/W along path to Cautley Spout (681976). From here head to Dales High Way (671975) then go S to The Calf (667970), going S over Bram Rigg Top (668964) and continue on to Calders (672961), following Dales High Way back to Sedberg

## Member Details Form

The West Bromwich Mountaineering Club is committed to safeguarding the personal details of its members. We will store these details securely and will not pass them onto third parties.

By signing this form you provide your consent for West Bromwich Mountaineering Club and the members of its committee to store your details for the purpose of communication. You can withdraw your consent at any time by contacting our Membership Secretary: [membership-secretary@wbmc.org](mailto:membership-secretary@wbmc.org).

*The BMC recognises that climbing, hill walking and mountaineering are activities with a danger of personal injury or death. Participants in these activities should be aware of and accept these risks and be responsible for their own actions.*

### Your Details

Last Name	<input type="text"/>
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Membership no.	<input type="text"/>
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First Name(s)	<input type="text"/>
	<input type="text"/>

Address	<input type="text"/>
	<input type="text"/>
	<input type="text"/>

Date of birth	<input type="text"/>
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### Contact Information

Email Address	<input type="text"/>
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Mobile No.	<input type="text"/>
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Landline No.	<input type="text"/>
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Newsletter preference	<input type="checkbox"/> Email	<input type="checkbox"/> Post
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### Emergency Contact

Name	<input type="text"/>
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Relationship to you	<input type="text"/>
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Contact No.	<input type="text"/>
-------------	----------------------

Address	<input type="text"/>
	<input type="text"/>
	<input type="text"/>

### Signature & Date

Signature	<input type="text"/>
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Date	<input type="text"/>
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I want to Gift Aid any donations I make in the future or have made in the past 4 years to West Bromwich Mountaineering Club. I am a UK taxpayer and understand that if I pay less Income Tax and/or Capital Gains Tax than the amount of Gift Aid claimed on all my donations in that tax year it is my responsibility to pay any difference.