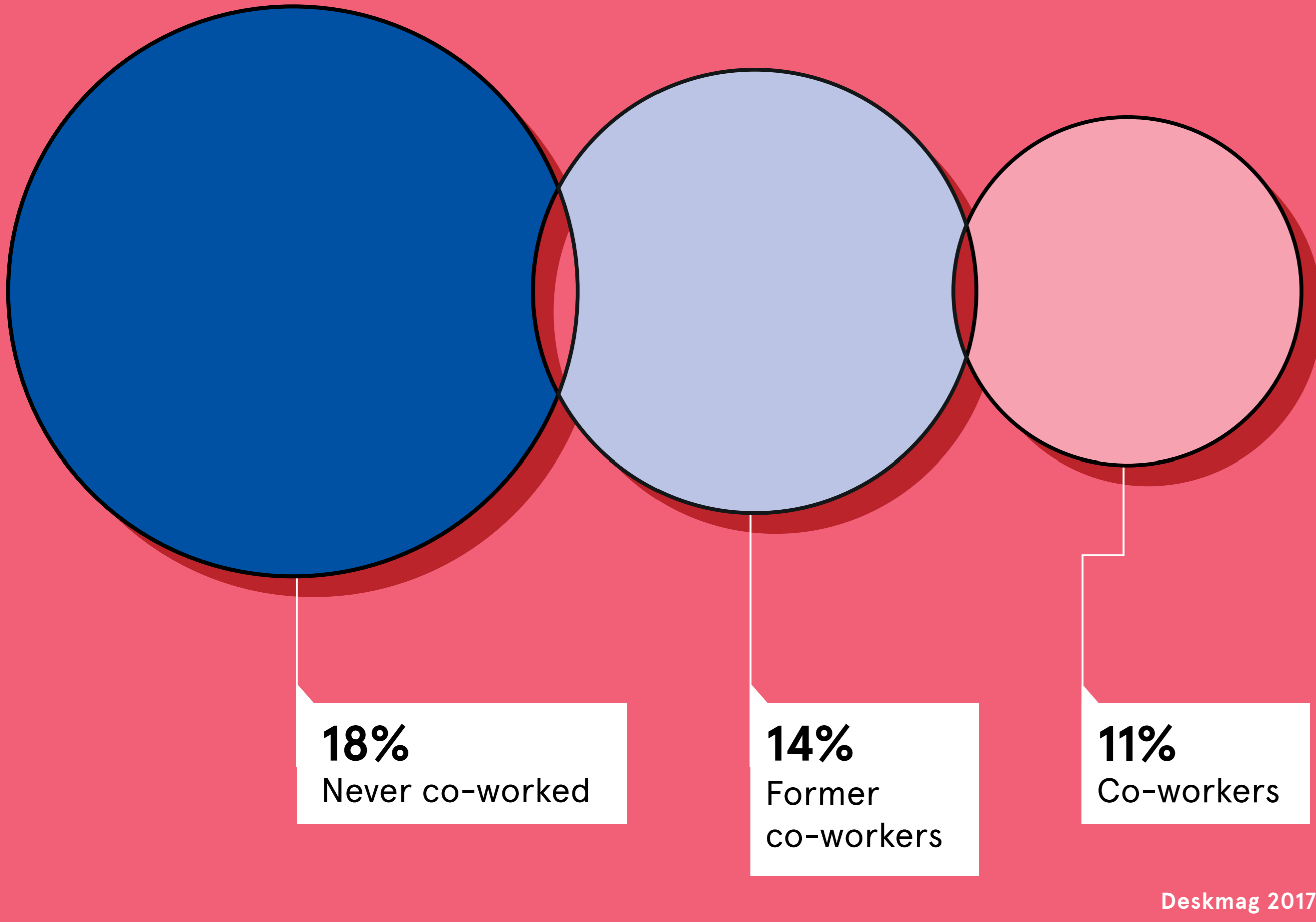


# RISE OF THE CO-WORKERS

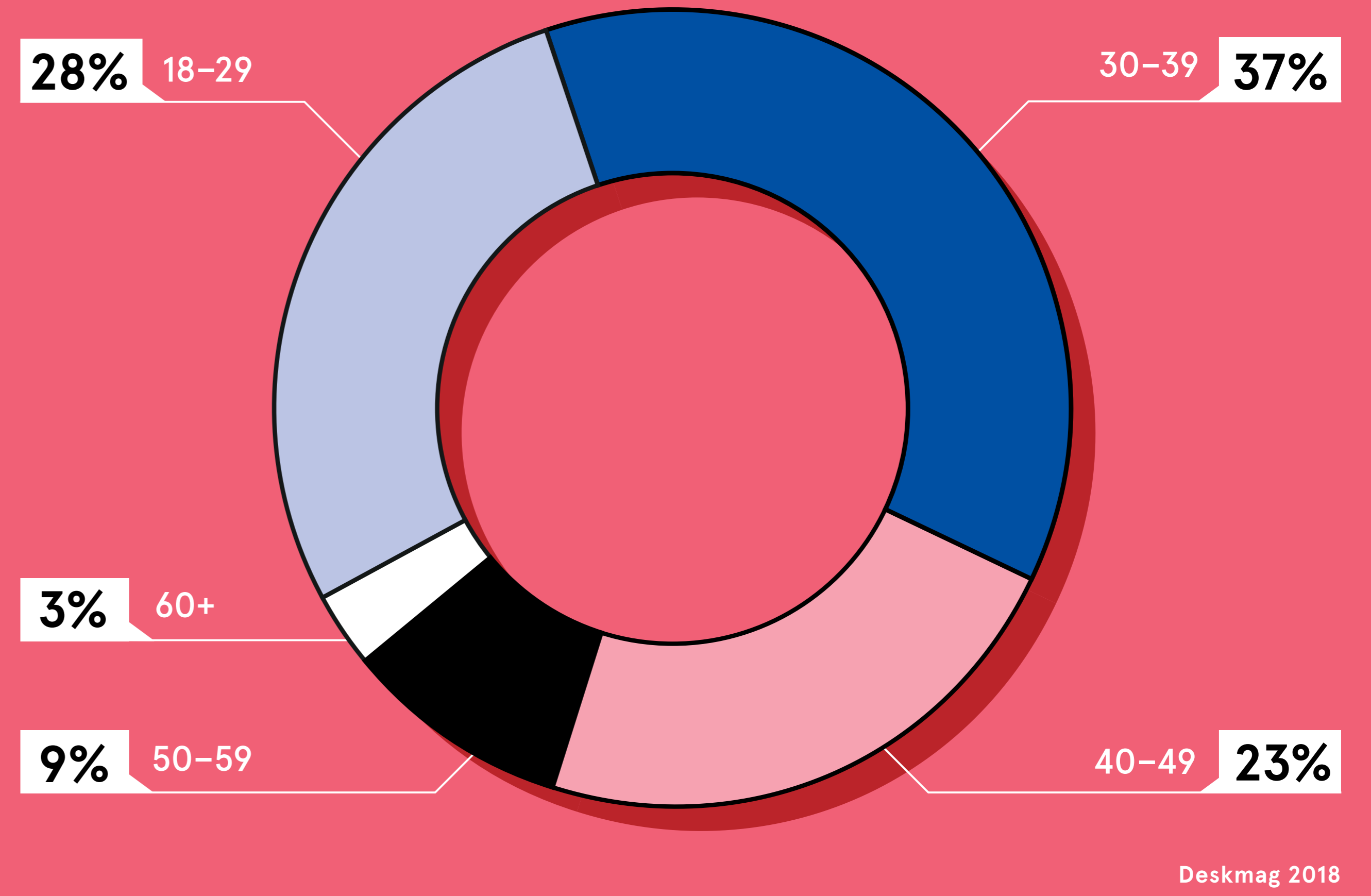
As the number of freelancers and remote workers rises, the shift toward co-working shows no signs of slowing down, with technology being a key enabler. Interaction with other workers has emerged as one of the most influential aspects of this trend, impacting workers' mental health and productivity

## Percentage of people that report environmental stress, by workplace status



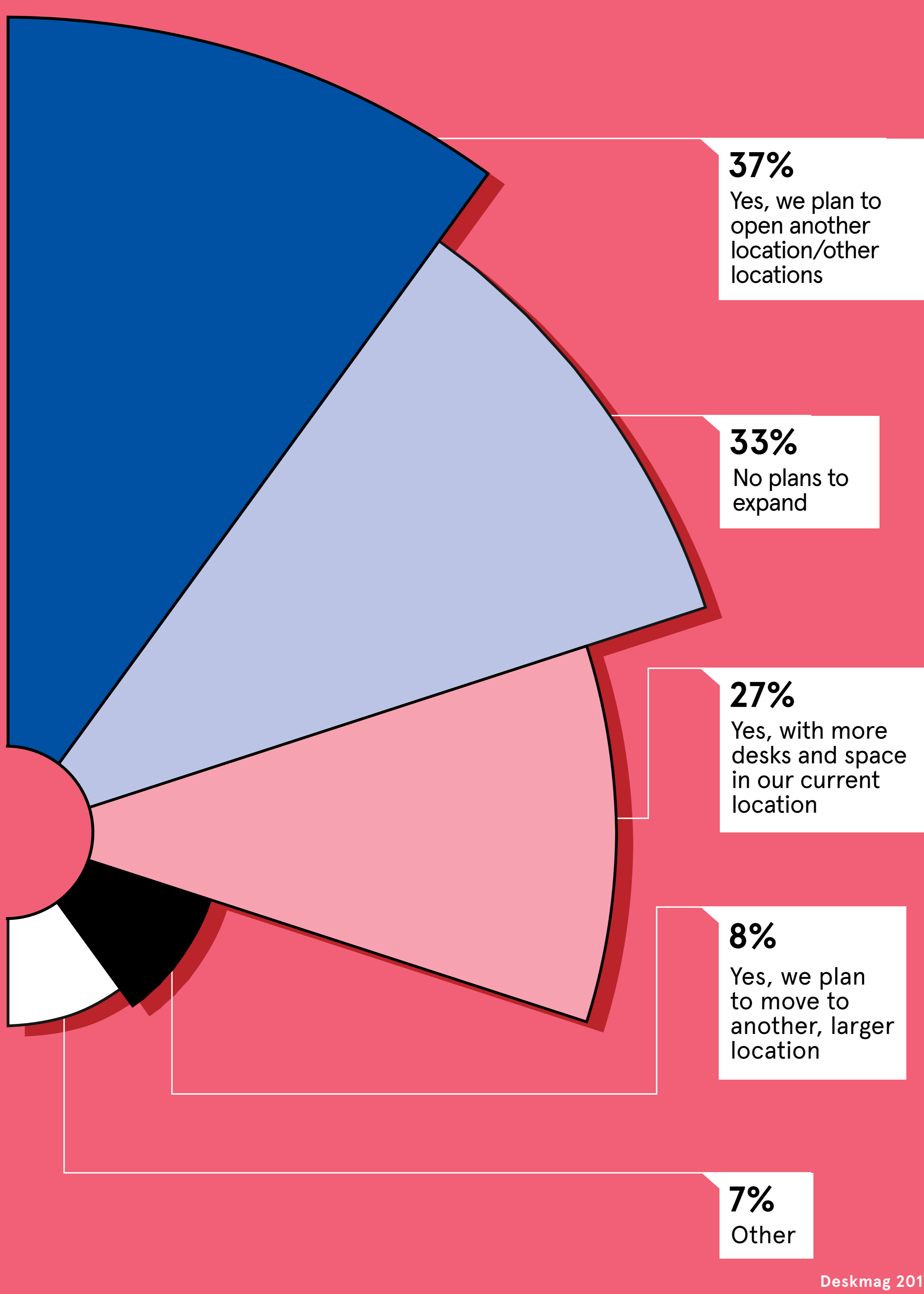
## Co-working space usage and habits vary among generations

Age demographics of co-working members



## Co-working spaces look set to increase further

Expansion plans of co-working spaces in 2018



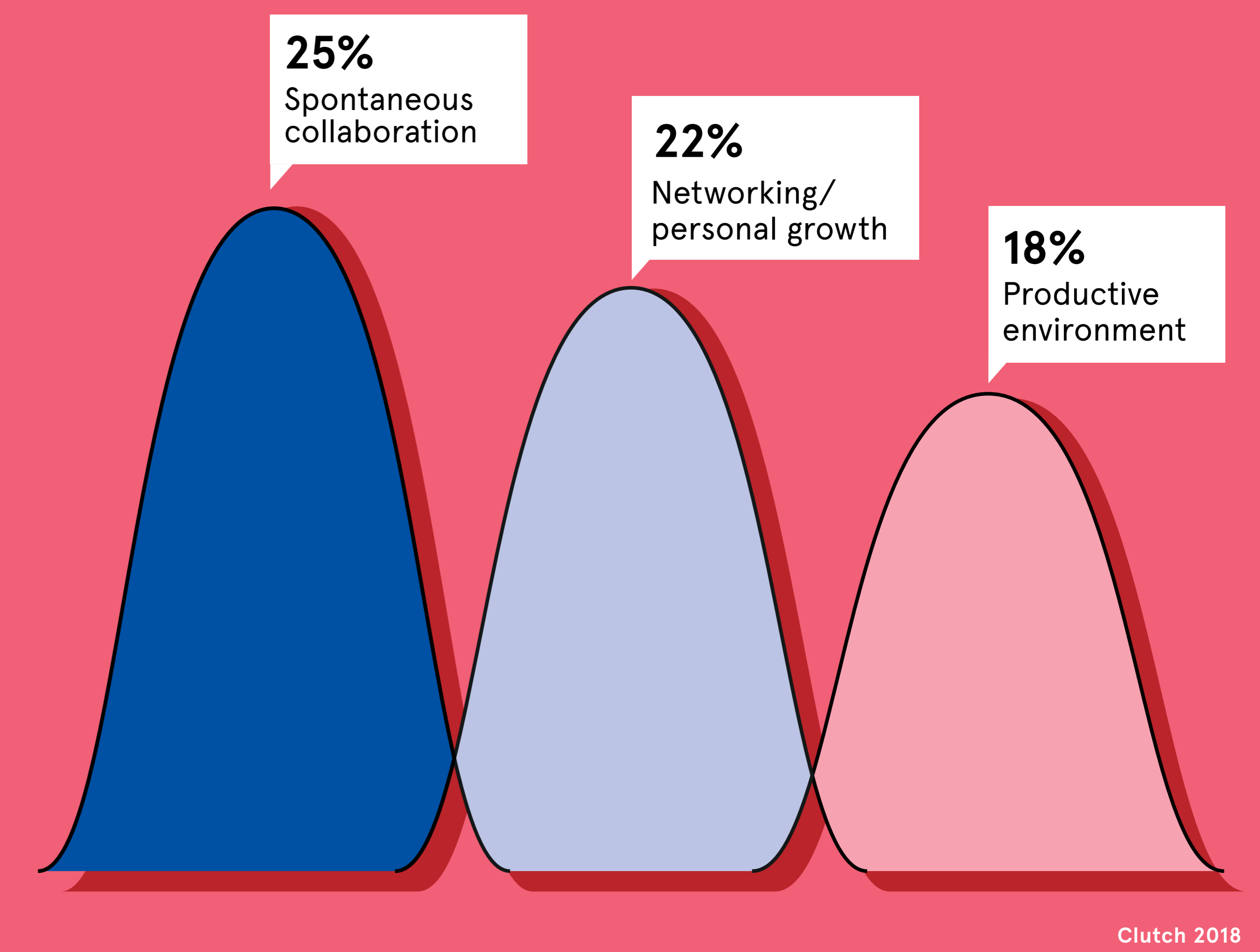
**10%** **71%**

increase in flexible office centres across the UK in the last year

of co-working and flex-space users report that their workspaces positively affect the ways they engage in their work

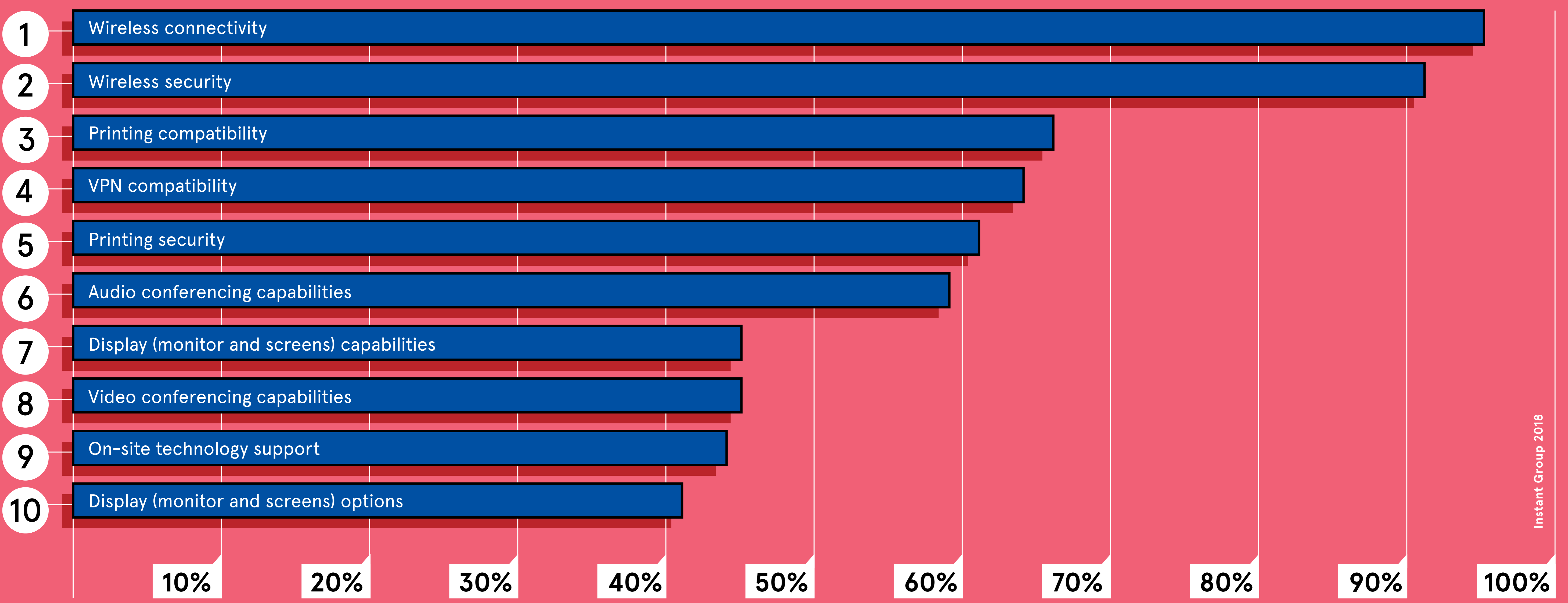
Instant Group 2018

## Most valued co-working space traits



## Co-workers value a social and collaborative atmosphere

Top ten reasons why co-working spaces were chosen worldwide



## Technology is essential to co-working

Top ten most important technological features for co-working-space users

