

**THE AA 12 STEP OFFICE
PRESENTS**

2019 CATALOGUE

RECOVERY IN ART

**ART EXHIBITION AND AUCTION
BY MEMBERS FOR MEMBERS
SAT.7.DEC.2019**

**EXHIBITION 2PM - 6PM
AUCTION 6PM - 8PM
FAB W. 0432 493 034
EVENTS@AAMELBOURNE.ORG.AU**

**LAURENT GALLERY
1 VALE STREET
ST KILDA
VICTORIA 3182**

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AUCTION PROCEEDS WILL
SUPPORT THE AA 12 STEP OFFICE

LOT/01

THE MOST BEAUTIFUL STEPS

OIL ON STRETCHED CANVAS

76 X 76 CM



ARTWORK BY NIKKI B

LIKE STANDING AT THE FOOT OF A MAJESTIC MOUNTAIN, THE 12 STEPS PRESENTED ME WITH THE PROMISE OF A JOURNEY, TO NOT ONLY BE FREE FROM THE LIFE SENTENCE OF UNTREATED ALCOHOLISM, BUT ALSO HOPE AND REALISATION OF COMPLETE WHOLENESS. THE JOURNEY ISN'T EASY AND OUR FEARS ARE FACED, BUT I HAVE ALL THE SUPPORT AND TOOLS TO KNOW, WALK, AND ACCOMPANY OTHERS TO DISCOVER A LIFE WE COULD NEVER HAVE DREAMT OF

LOT/02

DEPTHS

OIL ON STRETCHED CANVAS

76 X 76 CM



ARTWORK BY NIKKI B

I USED THE ANALOGY OF SEA WATER, AS THE OCEAN HAS ALWAYS ENABLED ME TO DISMISS LIFE'S FALLOUT TO FIND A SENSE OF ABANDONMENT MUCH LIKE DRINKING DID. INITIALLY IT WAS AN EFFECTIVE STRATEGY TO STOP THINKING AND FEELING. BUT AS ALCOHOLISM PROGRESSED, WITHIN TEN YEARS I FOUND MYSELF CAUGHT IN A RIP BEING CARRIED OUT TO DEEP WATERS, FIGHTING TO RETURN AND TO KEEP MY HEAD ABOVE WATER. THE FRIGHTENING REALITY WAS I COULD NOT SAVE MYSELF.

LOT/03

PORTRAIT OF BARRY EVERINGHAM

OIL ON CANVAS

76 X 60 CM



ARTWORK BY JEREMY L.

I BEGAN THIS PORTRAIT OF BARRY BACK IN 2015, THINKING HE WAS A GREAT CANDIDATE FOR THE ARCHIBALD PRIZE, FOR TWO REASONS. HIS HIGH PROFILE AS A ROGUE JOURNALIST IN CANBERRA DURING THE DISMISSAL OF THE WHITLAM GOVERNMENT. THE SECOND REASON WAS HIS FACE, WHICH IS LIKE A GNARLY OLD OAK TREE, LOVINGLY CARVED AWAY BY THE PASSAGE OF YEARS WHICH SAW MANY JOYS AND SORROWS. WELL, NOW'S THE TIME TO REVISIT THIS PROJECT. BARRY OBLIGED ME BY SITTING FOR A PORTRAIT AND I TOOK ABOUT 150 PHOTOS OVER 90 MINUTES. IT DIDN'T TAKE ANY PROMPTING TO GET HIM TALKING! - HE TOLD ME THAT HE ONCE INTERVIEWED MARGARET THATCHER AND IN HIS OPINION, SHE WAS CLINICALLY INSANE HAHA. HERE'S THE WORK IN PROGRESS. IT WON'T BE A PHOTO-REALISTIC PORTRAYAL, BUT IT WILL LOOK MUCH MORE RESOLVED THAN THIS.

LOT/04

THE HOLY TRILOGY 2019

ACRYLIC PAINT ON STRETCHED CANVAS

101.5 X 76 CM



ARTWORK BY ZOE M.

I AM INSPIRED BY THE SPIRITUAL FOUNDERS OF AA, BILL W. AND DR. BOB S.

LIKE SAINTS THESE MEN HAD A SPIRITUAL EXPERIENCE AFTER DOING THE STEPS AND PRACTICING THE PRACTICAL PROGRAM OF RECOVERY AS THEY SHARE IN THE BIG BOOK. I HAVE REPRESENTED THE MEN IN GOLD, EACH WITH A HALO, A SYMBOL OF SPIRITUAL CHARACTER THROUGH THE SYMBOLISM OF LIGHT USED TO SIGNIFY SAINTS. BILL W. & DR. BOB DISCOVERED A POWER GREATER THAN ANY OTHER HUMAN POWER (GOD = GROUP OF DRUNKS) WOULD CURE THEM FROM THEIR DISEASE IF THEY FOLLOWED A SIMPLE PROGRAM OF RECOVERY AND CARRIED THIS MESSAGE TO OTHER ALCOHOLICS. BILL D. WAS THE 3RD MEMBER OF THE GROUP (TOP RIGHT). THROUGH THE BIG BOOK AND THESE MEN, I HAVE DISCOVERED 3 THINGS ABOUT MY CONDITION 1. WHAT THE PROBLEM IS. 2 WHAT THE SOLUTION TO THE PROBLEM IS. 3. A PRACTICAL PROGRAM OF ACHIEVING THAT SOLUTION.

LOT/05

FISHERMEN ON THE DAMODAR RIVER, INDIA

PHOTOGRAPH ON CANVAS

51 X 77 CM



ARTWORK BY HIMADRI. C

SHOT THIS IMAGE FROM THE PANCHET DAM, JHARKHAND, INDIA. WHILE ON HOLIDAY, I WAS WALKING LEISURELY ON THE PANCHET DAM AND NOTICED THE BOATS OF THE FISHERMEN AGAINST THE SETTING SUN. I WAITED FOR THESE TWO BOATS TO COME CLOSER AND SHOT THIS IMAGE WITH A TELEPHOTO LENS AT 180MM FOCAL LENGTH (~270MM FOR 35 MM SENSOR). I PURSUE PHOTOGRAPHY AS A HOBBY AND HAVE BEEN FOCUSING ON NATURE AND LANDSCAPE PHOTOGRAPHY. MY JOURNEY WITH PHOTOGRAPHY STARTED IN 2007 WHEN I FIRST PURCHASED A DIGITAL SLR CAMERA. I WAS A PRACTICING ALCOHOLIC WHEN I TOOK THIS PICTURE. MY PASSION FOR PHOTOGRAPHY WAS SHADOWED BY MY ACTIVE ALCOHOLISM AND AS A RESULT PICTURES OF THIS QUALITY WAS RARE. NOW, THAT I AM IN RECOVERY, I HAVE BEEN ABLE TO CAPTURE MANY MORE HIGH QUALITY PICTURES LIKE THIS AND ALSO LAUNCHED MY PHOTOGRAPHY WEBSITE: WWW.HIMADRICHAKRABORTY.COM IN RECOVERY. I AM GRATEFUL TO BE PART OF ALCOHOLICS ANONYMOUS WHICH MADE MANY MORE SUCH IMAGES POSSIBLE THROUGH MY CAMERA.

LOT/06

UNTITLED

CONTE ON PAPER

42 X 59.4 CM



ARTWORK BY KRISTI J.

I AM AN ARTIST. MY MEDIUMS RANGE FROM STORYTELLING (DRAMA & MOVEMENT) MULTI MEDIA, DRAWING & PHOTOGRAPHY. I WON AN AWARD ONCE FOR THE BEST FOLIO THAT DEMONSTRATED HUMANITARIAN VALUES. SINCE GRADUATING I HAVE WORKED MOSTLY WITHIN COMMUNITY SETTINGS ON COMMUNITY PROJECTS. MY THEMES CIRCLE AROUND OUR HUMAN CONDITION. AFTER YEARS OF ABANDONING MY OWN WORK AND MYSELF, I CAME INTO RECOVERY. MY INDIVIDUAL WORK HAS FLOURISHED. IT HAS BECOME A SPIRITUAL EXERCISE IF NOTHING ELSE. I EXPLORE 'THE LIMINAL'. THE EDGES, THE THRESHOLDS, THE MARGINS THE BETWIXT & BETWEEN. 'BETWEEN THE IDEA & THE REALITY LIES THE SHADOW... PLACES OF TRANSFORMATION.

LOT/07

IN AND OF YOURSELF YOU ARE ENOUGH 2019

MIXED MEDIA, ACRYLIC ON BOARD

88 X 75 CM



ARTWORK BY ROBERT P. AND SIMON M.

IN THIS COLLABORATION, ROBERT AND I PRACTICED STEP 3. THE ARTWORK SHOWS HOW WITH COURAGE AND ACCEPTANCE I CAN GROW AND EXPERIENCE SOMETHING WHICH ON MY OWN WAS NOT POSSIBLE. THESE TWO PAINTINGS ARE THE RESULT.

LOT/08

“JUST WOULD HE LIKE TO?” PAGE 122 2019

MIXED MEDIA, ACRYLIC ON BOARD

88 X 75 CM



ARTWORK BY ROBERT P. AND SIMON M.

IN THIS COLLABORATION, ROBERT AND I PRACTICED STEP 3. THE ARTWORK SHOWS HOW WITH COURAGE AND ACCEPTANCE I CAN GROW AND EXPERIENCE SOMETHING WHICH ON MY OWN WAS NOT POSSIBLE. THESE TWO PAINTINGS ARE THE RESULT.

LOT/09

THE GIFT

POEM ON PAPER

34 X 33 CM



ARTWORK BY LUCIE B.

I HAVE WRITTEN POETRY FOR OVER 20 YEARS. AND EVEN THOUGH I WORK IN THE BOOK INDUSTRY I HAVE NEVER PUBLICLY DISPLAYED MY WORK BECAUSE I COULD NOT SEE MY VALUE, BEAR MY TRUTH. FOR ME IT HAS ALWAYS BEEN MY TAPESTRY, AN INTRICATE WEAVING OF BARE EMOTIONS. SOBRIETY HAS GIVEN ME NEVER FELT METAL, EMOTIONAL AND MORE IMPORTANTLY SPIRITUAL CLARITY TO BE ABLE TO WALK THROUGH LIFE, ON ANY ROAD REMOVED FROM FEAR. FOR THE FIRST TIME I COME TO KNOW AND FEEL WHAT A LIFE WORTH LIVING TRULY IS. THIS IS MY FIRST POEM EVER EXHIBITED.

LOT/10

WHO IS SHE?

FINE ART PRINT (GICLEE)

66 X 51 CM



ARTWORK BY MIKE I.

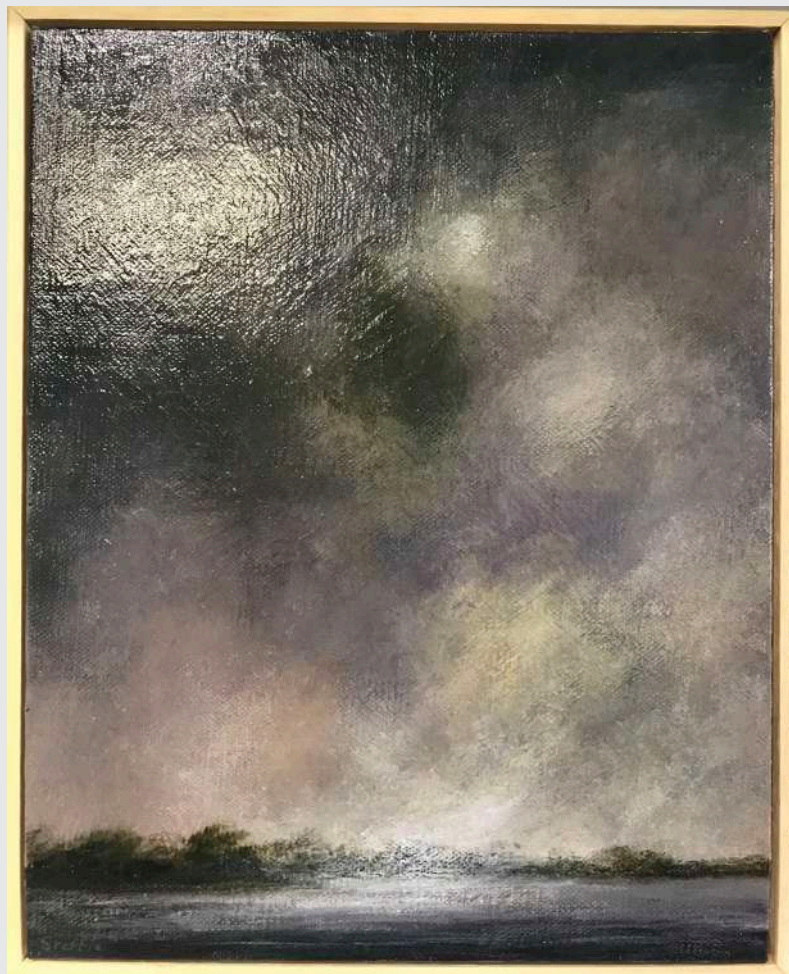
**I LIKE PHOTOGRAPHING THINGS THAT MOST PEOPLE IGNORE OR DON'T CARE ABOUT.
THERE IS BEAUTY EVERYWHERE IF YOU LOOK CLOSE ENOUGH.**

LOT/11

ACROSS THE WATER, PHILLIP ISLAND

OIL ON PANEL

25 X 20 CM



ARTWORK BY STEFFIE W.

THIS PAINTING OF 'ACROSS THE WATER, PHILLIP ISLAND', WAS PAINTED ON A STORMY DAY LAST WINTER, LOOKING ACROSS THE WATER TO CHURCHILL ISLAND. MY PAINTINGS ARE DOMINATED BY THE SKY IN WHICH I FIND MY SPIRITUAL AS WELL AS MY ARTISTIC INSPIRATION. IN ALL MY WORK, LIGHT AND COLOUR ARE THE DOMINANT FEATURES AND NO MATTER HOW DARK THE PAINTING, THERE IS ALWAYS A SOURCE OF LIGHT TO BE FOUND, SYMBOLIC OF HOPE AND OPTIMISM.

LOT/12

BEYOND YOUR WILDEST DREAMS I II III

OIL AND ACRYLIC ON CANVAS (TRIPTYCH)

92 X 123 CM (OVERALL)



ARTWORK BY ROBERT P.

ROBERT POWER HAS BEEN PAINTING AND EXHIBITING FOR OVER TWENTY YEARS. HE DERIVES HIS SUBJECT MATTER FROM THE FICTIONAL WORLDS HE HAS CREATED THROUGH HIS WRITING, AS WELL AS FROM HIS TRAVELS AS A CONSULTANT IN INTERNATIONAL HEALTH. FOR TEN YEARS HE HAD A STUDIO AT THE CHOCOLATE FACTORY IN LONDON AND HAS HAD FIVE SOLO AND EIGHT GROUP EXHIBITIONS. HE HAS SOLD OVER SIXTY PAINTINGS, ALONGSIDE NUMEROUS COMMISSIONS INCLUDING IN LONDON, MELBOURNE AND ROME. HE IS ALSO A WRITER OF FICTION. HIS FIRST NOVEL, IN SEARCH OF THE BLUE TIGER (2012), WAS SHORT-LISTED FOR THE VICTORIAN PREMIER'S LITERARY AWARDS. SINCE THEN HE HAS WRITTEN FOUR MORE BOOKS, ALL PUBLISHED BY TRANSIT LOUNGE (WWW.ROBERTPOWERAUTHOR.COM). HIS LATEST WORK, LULU IN NEW YORK AND OTHER TALES (UNIVERSITY OF CHICAGO PRESS, USA; UNICORN PRESS, UK, 2017), IS A COLLABORATION WITH THE ACCLAIMED AMERICAN PAINTER, MAX FERGUSON, IN WHICH ROBERT HAS WRITTEN SHORT-STORIES DEPICTING SIXTY OF FERGUSON'S CANVASES.

LOT/13

CAPRI OFF AMALFI COAST

ACRYLIC ON CANVAS BOARD
25 X 31 CM



ARTWORK BY MARK D.

I HAVE BEEN DOING A PROGRAM OF RECOVERY THIS TIME AROUND FOR 17 AND A HALF YEARS. I HAVE TRIED MANY THINGS TO CALM MY MIND WHEN IT GOES WILD AFTER A STRESSFUL DAY. MY MORNING STARTS WITH MEDITATION AND MY NIGHT ENDS WITH A PRAYER OF THANKS TO MY HIGHER POWER, ONE THING I HAVE ALWAYS DONE FOR MANY YEARS IS SKETCH AND I NORMALLY DO THIS WHEN I AM A STRESS LEVEL THAT I CAN'T HANDLE AND SKETCHING SOMETHING OR SOMEONE CALMS MY STRESS LEVELS. SOMEONE MANY YEARS AGO SAID THAT PAINTING SOMETHING IS LIKE MEDITATION TO THEM. SO MAY 2019 I WENT OUT AND BOUGHT MY SELF A STARTER KIT OF ACRYLIC PAINTS AND A FEW BRUSHES AND THIS IS MY FIRST RESULT ON CANVAS BOARD. I COME FROM A ITALIAN BACKGROUND AND I LOVE COLOUR SO THIS IS WHY I PICKED THIS PAINTING TO BE MY FIRST AS IT HAS THE COLOUR AND PART OF MY FAMILY HERITAGE.

LOT/14

NOCTURNE

PHOTOGRAPH

70 X 101CM



ARTWORK BY MILES F.

**RECOVERY HAS TAUGHT ME TO SLOW DOWN AND LIVE IN THE MOMENT. AS A PHOTOGRAPHER
I'M NOW MORE ATTUNE TO SILENCE, THE BEAUTY IN THE ORDINARY, THE QUIET SPACES
AMONGST THE NOISE.**

LOT/15

MEMENTO MORI: GLOVE, PLAITS, FAN

DIGITAL PRINTS ON ARCHIVAL PAPER
3 PRINTS EACH 40CM X 30CM



ARTWORK BY VICKI M.

A "MEMENTO MORI" IS AN OBJECT OF REMEMBRANCE, REFLECTION, RECOVERY. DATING BACK TO MEDIEVAL TIMES, "MEMENTO MORI" MEANS "REMEMBER YOU WILL DIE". AN ARTISTIC OR SYMBOLIC REMINDER OF THE INEVITABILITY OF DEATH, TO LIVE LIFE WELL.

THESE PRINTS FORM PART OF A LARGER PROJECT ENTITLED "MEMENTO MORI". THE PROJECT INCLUDES PRINTS, CIRCULAR MIRROR BOXES, SUPER 8 FILMS AND A SERIES OF FOUND BIRDS NESTS, ALL FROM THE ARTISTS FAMILY ARCHIVES.

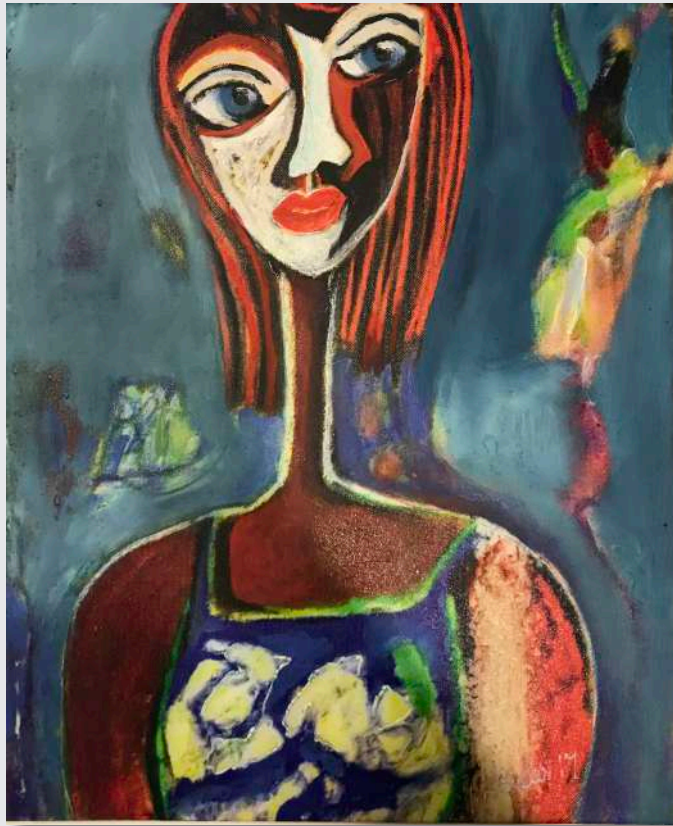
VICKI MCCONVILLE HAS EXHIBITED IN AUSTRALIA, EUROPE, UK, USA, INDIA AND CHINA. SHE HAS BEEN THE RECIPIENT OF PRESTIGIOUS AWARDS AND GRANTS AND HER WORK IS IN SIGNIFICANT COLLECTIONS WORLDWIDE.

LOT/16

YES I SEE

OIL AND ACRYLIC ON CANVAS

48 X 39 CM



ARTWORK BY LINDA B.

AUSTRALIAN ARTIST LINDA JOAN BULLER HAS BEEN WORKING AND LIVING IN BALI FOR THE LAST 25 YEARS. LINDA HAS PAINTED AND EXHIBITED CONSISTENTLY THROUGHOUT HER LIFE. SHE HAS BEEN PAINTING SINCE THE AGE OF 13. LINDA'S WORK IS CONSCIOUSLY AND ALSO SUBLIMELY INFLUENCED BY HER TRAVELS, WHICH BEGAN IN LUSH TROPICAL QUEENSLAND THEN CONTINUED TO CENTRAL AUSTRALIA OUTBACK WITH ITS DRY AND ARID DESERT, RED OCHERS AND STARK BLUE'S. SHE IS ALSO INFLUENCED BY THE LOVE SHE HAS FOR HER NATIVE ABORIGINAL FELLOW BEINGS, THEIR HISTORY AND HISTORICAL CAVE PAINTINGS.

LOT/17

NO DOG SACRIFICED

OIL AND ACRYLIC ON CANVAS

120 X 75 CM



ARTWORK BY LINDA B.

AUSTRALIAN ARTIST LINDA JOAN BULLER HAS BEEN WORKING AND LIVING IN BALI FOR THE LAST 25 YEARS. LINDA HAS PAINTED AND EXHIBITED CONSISTENTLY THROUGHOUT HER LIFE. SHE HAS BEEN PAINTING SINCE THE AGE OF 13. LINDA'S WORK IS CONSCIOUSLY AND ALSO SUBLIMELY INFLUENCED BY HER TRAVELS, WHICH BEGAN IN LUSH TROPICAL QUEENSLAND THEN CONTINUED TO CENTRAL AUSTRALIA OUTBACK WITH ITS DRY AND ARID DESERT, RED OCHERS AND STARK BLUE'S. SHE IS ALSO INFLUENCED BY THE LOVE SHE HAS FOR HER NATIVE ABORIGINAL FELLOW BEINGS, THEIR HISTORY AND HISTORICAL CAVE PAINTINGS.

LOT/18

ORCA ON ICE

ACRYLIC ON WOOD PANEL

34.5 X 34.5 CM



ARTWORK BY SUE M.

SUE MONIGATTI GREW UP IN TITIRANGI IN THE WAITAKERE RANGES IN NZ, A BEAUTIFUL WILDERNESS ATTRACTING A VIBRANT ARTISTIC COMMUNITY. CREATING ART IS AN ODYSSEY THAT CONNECTS HER TO A DEEP SPIRITUAL PEACE, WHERE SHE EXPERIENCES EMOTIONAL HARMONY.

LOT/19

QNA GOLD

ACRYLIC AND GRAPHITE ON WOOD PANEL
34.5 X 34.5 CM



ARTWORK BY SUE M.

SUE MONIGATTI GREW UP IN TITIRANGI IN THE WAITAKERE RANGES IN NZ, A BEAUTIFUL WILDERNESS ATTRACTING A VIBRANT ARTISTIC COMMUNITY. CREATING ART IS AN ODYSSEY THAT CONNECTS HER TO A DEEP SPIRITUAL PEACE, WHERE SHE EXPERIENCES EMOTIONAL HARMONY.

LOT/20

COLLECTION OF CERAMICS

STONEWARE CLAY

2 CUPS 27H X 27CM DIAMETER
PLANTER WITH AA SYMBOL LEGS
17 H X 41CM DIAMETER



ARTWORK BY TINA T.

THE CLAY IS IMPORTED FROM CALIFORNIA, WHICH IS WHERE I WAS BORN AND WHERE MY DAD GOT SOBER WHEN I WAS A KID. THE CLAY IS VERY SPECIAL TO ME. THE PLANTER'S LEGS ARE THE AA SYMBOL. SUBTLY REMINDING ME THAT AA AND THE LIFE OF RECOVERY IS THE FOUNDATION OF THE BLESSED LIFE I LEAD. LEARNING TO CARE FOR INDOOR PLANTS, AND EVENTUALLY A DOG OF MY OWN, I HAVE LEARNED TO TAKE CARE OF MYSELF. I'M GRATEFUL FOR THE LIFE AA HAS HELPED ME BUILD AND FOR THE DAILY REPRIEVE FROM THE OBSESSION TO DRINK.

LOT/21

FIRST THREE STEPS 2019

OIL AND ACRYLIC ON CANVAS

60 X 60 CM



ARTWORK BY ROBERT P.

ROBERT POWER HAS BEEN PAINTING AND EXHIBITING FOR OVER TWENTY YEARS. HE DERIVES HIS SUBJECT MATTER FROM THE FICTIONAL WORLDS HE HAS CREATED THROUGH HIS WRITING, AS WELL AS FROM HIS TRAVELS AS A CONSULTANT IN INTERNATIONAL HEALTH. FOR TEN YEARS HE HAD A STUDIO AT THE CHOCOLATE FACTORY IN LONDON AND HAS HAD FIVE SOLO AND EIGHT GROUP EXHIBITIONS. HE HAS SOLD OVER SIXTY PAINTINGS, ALONGSIDE NUMEROUS COMMISSIONS INCLUDING IN LONDON, MELBOURNE AND ROME. HE IS ALSO A WRITER OF FICTION. HIS FIRST NOVEL, IN SEARCH OF THE BLUE TIGER (2012), WAS SHORT-LISTED FOR THE VICTORIAN PREMIER'S LITERARY AWARDS. SINCE THEN HE HAS WRITTEN FOUR MORE BOOKS, ALL PUBLISHED BY TRANSIT LOUNGE (WWW.ROBERTPOWERAUTHOR.COM). HIS LATEST WORK, LULU IN NEW YORK AND OTHER TALES (UNIVERSITY OF CHICAGO PRESS, USA; UNICORN PRESS, UK, 2017), IS A COLLABORATION WITH THE ACCLAIMED AMERICAN PAINTER, MAX FERGUSON, IN WHICH ROBERT HAS WRITTEN SHORT-STORIES DEPICTING SIXTY OF FERGUSON'S CANVASES.

LOT/22

GRATITUDE LIST ON A STARLIT NIGHT ON ST. KILDA BEACH 2019

OIL AND ACRYLIC ON CANVAS
60 X 60 CM



ARTWORK BY ROBERT P.

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LOT/23

BILL W., 2019; DR BOB, 2019.

OIL ON LINEN (DIPTYCH)
39 X 59 CM (OVERALL)



ARTWORK BY NATALIE B

WITH THE VINTAGE WASH OF A BYGONE ERA EXISTING PHOTOGRAPHS OF BILL W AND DR BOB OFTEN HIT ME WITH A LOOMING SPECTRALNESS. SMEARED WITH THE GHOSTS OF A SMOTHERING PATRIARCHY AND APPEARING AS ANACHRONISTIC IN THE CONTEMPORARY, STRAIGHT EDGED BLACK AND WHITE PHOTOGRAPHS OF BOTH MEN CAN SWIFTLY BE RENDERED DEFUNCT.

IN THESE PAINTINGS I ATTEMPT TO HUMANISE BOTH DR BOB AND BILL W, THUS DESTROYING THEIR ANONYMOUS MYSTIQUE. I WANT THE VIEWER TO CONNECT EMOTIONALLY WITH EACH MAN PERHAPS WITH A HINT OF RECOGNITION, THAT A-HA MOMENT WHERE WE UTTER, 'YOU TOO ARE LIKE ME!' THERE IS A DIVINE HUMAN POWER IN THE FOUNDATION OF ALCOHOLICS ANONYMOUS, BEING ONE ALCOHOLIC TALKING TO ANOTHER ALCOHOLIC, A POWER WHICH I ATTEMPT TO BRING TO LIFE IN THESE PAINTINGS.

LOT/24

I'M A FRAUD

OIL ON CANVAS

50 X 70 CM



ARTWORK BY ELLE P.

I PAINTED THIS PIECE AT THE KEMBALI RECOVERY CENTRE IN BALI. I DIDN'T WANT TO BE IN REHAB NOR ART THERAPY. THIS PIECE ENCAPSULATES MY FEELING THAT I WAS A FRAUD; BOTH ARTISTICALLY AND EXISTENTIALLY.

CONTEMPT PRIOR TO INVESTIGATION WAS HOW I FELT TOWARDS BOTH ART THERAPY AND ALSO RECOVERY. I HAVE ALWAYS BEEN A FAN OF INSTANT GRATIFICATION AND THEREFORE STARED AT THE BLANK CANVAS WITH NO ARTISTIC INTENTION, JUST WANTING TO SKIP TO THE FINAL RESULT. THROUGH SOBRIETY I'VE LEARNT TO 'LAY ASIDE PREJUDICE AND EXPRESS A WILLINGNESS' TO DO THINGS DIFFERENTLY. I'VE HAD TO CONSTANTLY LET GO OF EVERYTHING I THINK I KNOW. KEMBALI MEANS 'TO RETURN' IN INDONESIAN. I BELIEVE THIS PAINTING, PLUS OTHER EXPERIENCES OF BEING MINDFULLY IN THE MOMENT WITHOUT DRINK OR DRUG HAVE ALLOWED ME TO START TO RETURN TO MYSELF.

LOT/25

UNTITLED

INK ON PAPER (2)
45 X 32.5 CM (EACH)



ARTWORK BY ANONYMOUS

ART IS MY GIFT OF RECOVERY. THERE WERE MOMENTS AFTER I GOT SOBER THAT THE WORLD WAS SO RAW AND SCARY AND I HAD NO COPING SKILLS TO NAVIGATE THROUGH IT. THERE WAS A FEAR THAT MY SADNESS WOULD BREAK ME SO I HELD ON TO THE SAYING "GOD DOESN'T SAVE YOU FROM THE OCEAN TO DROWN YOU ON THE SHORE". THAT DIDN'T CHANGE THE FACT THAT I WAS STILL TOO ANXIOUS TO MEDITATE AND MY MIND RACED AT A PACE THAT NEEDED PEACE. IT WAS THE PERFECT STORM OF INSANITY BUT ART SEEMED TO HELP. ART ALLOWED ME TO STOP. THERE WERE TIMES THAT I WOULD CRY INTO A PAGE AS I DREW SMALL PATTERNS THAT ALLOWED ME TO PROCESS THE WORLD. ART BECAME A SAFE SPACE. I ONLY RECENTLY STARTED LETTING PEOPLE SEE WHAT WAS SOMETHING THAT I USED TO SHARE BETWEEN ME AND GOD. I HOPE THAT YOU LIKE IT, EACH PIECE OF WORK HAS A BIT OF ME AND A BIT OF THE LIFE RECOVERY GAVE BACK TO ME.

LOT/26

THE RECOVERY FOREST

ACRYLIC ON CANVAS

91 X 91 CM



ARTWORK BY HUGHIE R.

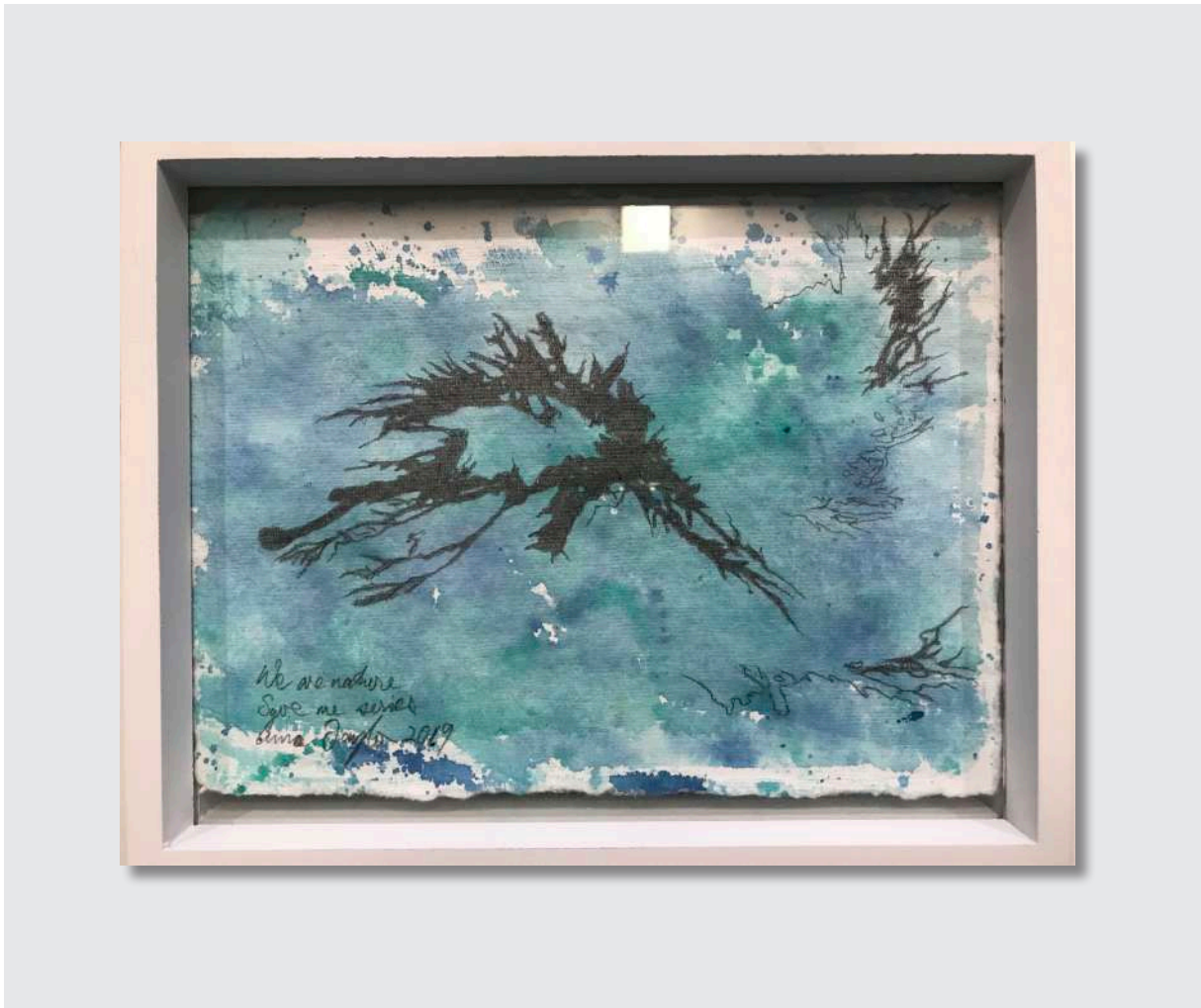
**2 YEARS AGO I PAINTED A SINGLE TREE FOR THE AA ART AUCTION, NOW I CAN PAINT A FORREST.
THE INDIGENOUS WISDOM SAYS DON'T DO ANYTHING TO THE EARTH THAT YOU WOULDN'T DO TO
YOUR MOTHER. EARTH MOTHER, MOTHER EARTH, SOURCE, GOD, RECOVERY FORREST.**

LOT/27

UNTITLED

INK ON PAPER

19 x 23CM



ARTWORK BY ANNA T.

MY ART PRACTICE IS A GIFT OF RECOVERY. BECOMING THE WOMAN I WAS MEANT TO BE HAS BEEN UTTERLY JOYOUS. AS OURS IS A DISEASE OF ISOLATION AND ART IS A MEANS OF CONNECTION.

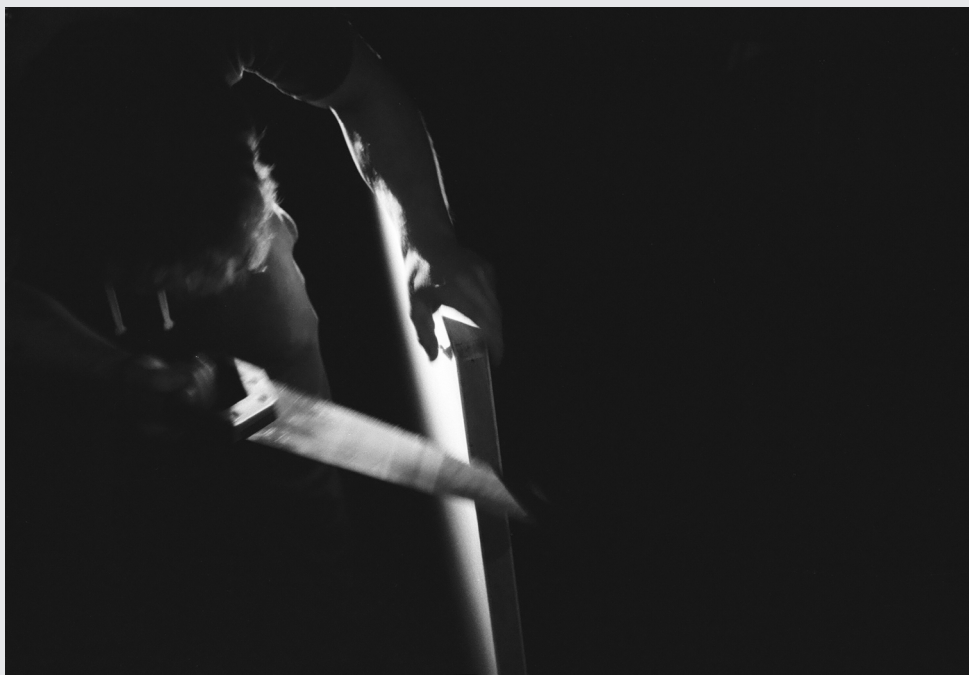
MY WORK CONCERNS OUR CLIMATE EMERGENCY. THESE PIECES ARE ABOUT CONNECTING US TO THE IRREFUTABLE FACT THAT WE ARE NATURE, IN NO WAY INDIVISIBLE. OUR VASCULAR SYSTEMS MIMIC ROOTS OF PLANTS, OR BARE BRANCHES TREES. THESE PIECES FROM MY ON GOING SAVE ME SERIES. OTHERS SEEING MY ART IS THE FINISHING TOUCH. CONNECTION!

LOT/28

WORKING ON A DOOR AT NIGHT

BLACK AND WHITE PHOTOGRAPH

27 X 35 CM



ARTWORK BY KATE P.

MY PIECE IS ABOUT THE WORK OF RECOVERY WHICH OCCURS IN DARKNESS. OFTEN COMING BACK TO THE LIGHT IN ANY PICTURE, I FIND MYSELF DRAWN TO THE PARTS OF THIS IMAGE THAT I WOULD NOT OTHERWISE NOTICE: THE WEIGHT OF A TOUCH, THE OUTLINE OF AN ARM, THE ANGLES AT WHICH WE MOVE. BY HIGHLIGHTING UNNOTICED PARTS, THIS PICTURE CREATES A LARGER WHOLE THROUGH WHICH RECOVERY MIGHT BE SEEN. GOD IN THE ATOM. I DRAW MY INFLUENCE FROM THE "GOLDEN AGE" OF PHOTOJOURNALISM (1930 - 1950) I.E. MARGARET BOURKE WHITE, ALFRED EINSENTAEDT, HENRI CARTIER-BRESSON.

LOT/29

BENCH OF SERENITY

AUSTRALIAN PLANTATION PINE
APPROX 100 CM WIDE, 90 CM TALL
AND 55 CM DEEP



ARTWORK BY CRAIG T. / MARK S. / DAVE S.

"CREATED BY SOBER CARPENTERS WHO NEEDED A PLACE TO SIT AND CHILL, THE BENCH OF SERENITY IS MADE OF SUSTAINABLY HARVESTED AUSTRALIAN PLANTATION PINE FEATURING A LEAN ANGLE SCIENTIFICALLY DETERMINED TO MAXIMISE RELAXATION AND WISE WORDS TO REMIND US WHERE PEACE COMES FROM."

LOT/30

SERENITY

SUMI INK ON PAPER

84 X 39 CM



ARTWORK BY TIM M.

書道, SHODO, IS THE ANCIENT JAPANESE ART OF THE WAY (DO) OF ARTISTIC HAND WRITING (SHO). THIS PIECE IS A DEPICTION OF THE JAPANESE WORD 冷静 (REISEI) MEANING SERENITY OR CALMNESS. I TAKE MY INSPIRATION FROM THE MOUNTAINS OF NORTHERN JAPAN AND THE REVERSE ANALOGY PROVIDED BY

HOKKAIDO NATIVE TARO TAMAI:

“SNOW-SURFING IS A LOT LIKE CALLIGRAPHY. I THINK OF IT AS A BIG CANVAS. AND JUST LIKE A BRUSH STROKE ON A PAGE, YOU ONLY GET ONE CHANCE. AND I CARRY THAT FEELING WHEN I DROP INTO A LINE. WHEN A PERSON DROPS IN ON A LINE THEY TAKE THEIR ENTIRE LIFE EXPERIENCE AND EXPRESS IT IN THAT SINGLE TURN.”

LOT/31

THE HUM OF THE UNIVERSE, 2

ACRYLIC ON STRETCHED CANVAS

86.5 X 76 CM



ARTWORK BY JUSTINE K.

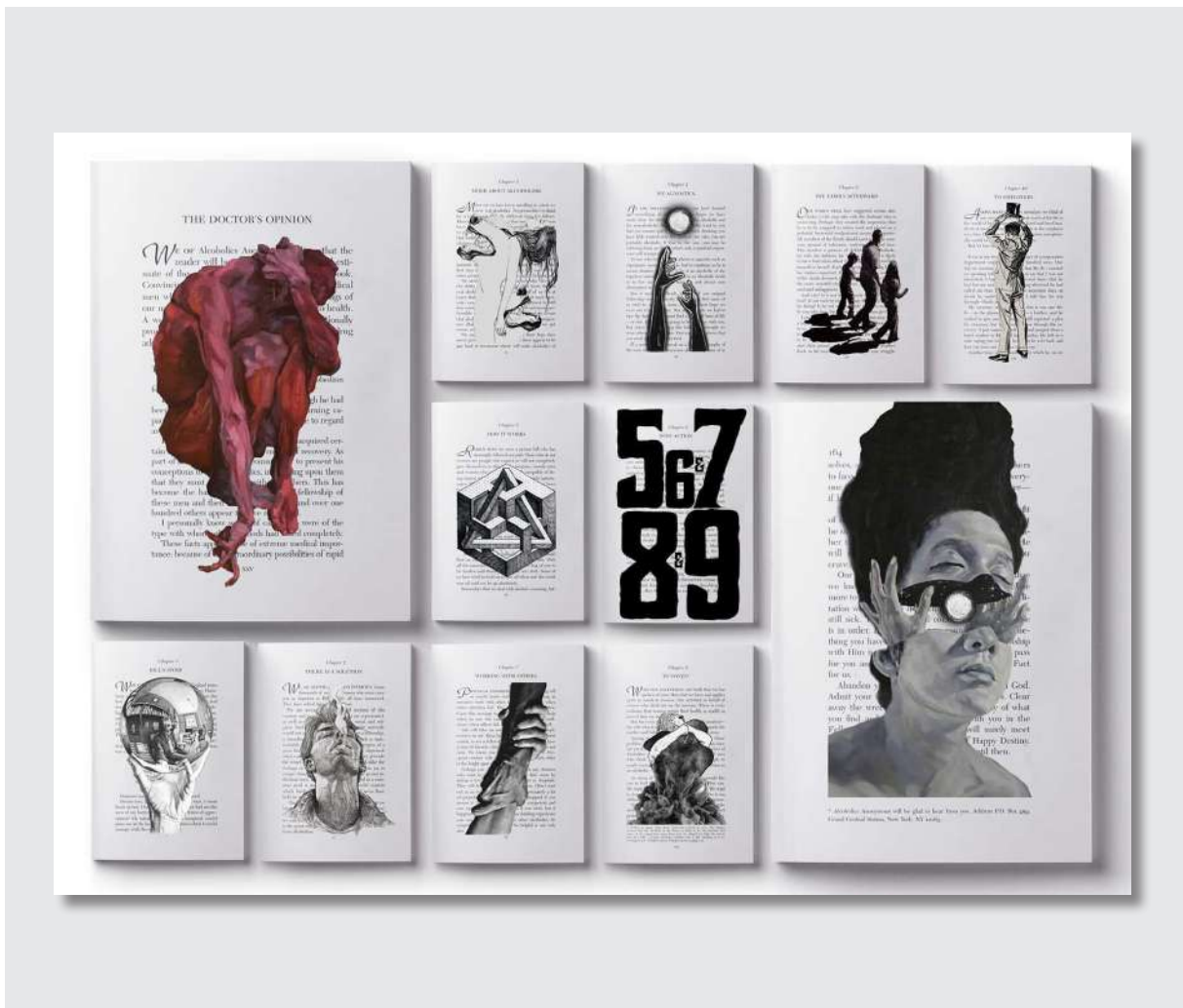
THIS IS THE HUM OF THE UNIVERSE. IT IS THE LIFE FORCE THAT RUNS THROUGH EVERYTHING, EVERYWHERE. MY RECOVERY IN AA HAS GIVEN ME MY CONNECTION TO THIS AND IT IS A CONNECTION THAT ONLY DEEPENS WITH TIME. IT IS INSEPARABLE FROM ME, IT IS MY "UNSUSPECTED INNER RESOURCE". SINCE LIVING THIS WAY OF LIFE IT HAS BECOME MY ALLY, MY FRIEND, MY GUIDE, MY STRENGTH AND MY HOPE. AA HAS GUIDED ME TO THIS, THE GREATEST GIFT OF MY LIFE. THANK YOU, I'LL BE ETERNALLY GRATEFUL.

LOT/32

HOPELESS TO RECOVERED

DIGITAL COLLAGE

42 X 59.4 CM



ARTWORK BY DEAN S.

MY INTENTION FOR THIS PIECE WAS TO BRING TO LIFE THE JOURNEY OF HOPELESS TO RECOVERED THROUGH THE 12 STEPS OF ALCOHOLICS ANONYMOUS. THIS IS AN EXPRESSION OF THE HOPELESS STATE UPON ENTERING RECOVERY, THE JOURNEY AND THE AWAKENING OF THE SPIRIT. ESTABLISHED ART WAS CURATED AND THROUGH MY EXPERIENCE IN DESIGN I CREATED THE IMAGERY OF THE BIG BOOK AND EDITED THE ARTWORK TO CREATE A DIGITAL COLLAGE ACHIEVING THE INTENT OF THIS PIECE.



AA 12 STEP OFFICE INCORPORATED

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ABSENTEE BID FORM

DATE OF AUCTION SATURDAY, 07 DECEMBER 2019

NAME OF AUCTION RECOVERY IN ART

I authorise you to register bids on a per lot basis up to the maximum bid I have specified for each lot:

LOT NUMBER	TITLE	MAXIMUM BID

PLEASE NOTE:

- The AA 12 Step Office offers this service as a convenience to members who are unable to attend the auction
- Lots will be bought as reasonably as is allowed by other bids, if any, and in accordance with the terms and conditions of auction sale.
- All purchases must be paid for and collected by 4pm on Monday, 16 December 2019
- Absentee bid forms must be received by 4pm on Saturday, 07 December 2019. We bear no responsibility for any errors which occur due to late instructions
- If identical absentee bids are received, precedence will be given to the bid received first
- It is the bidder's responsibility to verify if their bid was successful, or not

Name

Home Group

Email

Mobile

Signature

Date

SIGNATURE IS REQUIRED FOR EXECUTION OF ABSENTEE BIDS

PLEASE EMAIL COMPLETED AND SIGNED FORM TO EVENTS@AAMELBOURNE.ORG.AU

