

New Alcoholics Anonymous Meeting Steps in Frankston

Wednesdays 7:00pm – 8:30pm

Uniting Church (Back Hall),
16-18 High St, Frankston

First Meeting

22nd January 2020

Illustrated Steps Workshop

Introduction to Steps 1,2,3

Presented by Chris & David

Step One

We admitted we were powerless over alcohol - that our lives had become unmanageable.

Am I powerless over alcohol?

Has it made my life unmanageable?

Step Two

Came to believe that a Power greater than ourselves could restore us to sanity.

Does AA's spiritual program work for alcoholics?

Will it work for me?

Step Three

Made a decision to turn our will and our lives over to the care of God *as we understood Him*.

Am I willing to live a spiritual life?

Am I willing to do the rest of the steps?

Followed by a 13 Week Series covering all of the 12 steps –
Starting from Wednesday 29th January (see next page...)

Steps in Frankston Alcoholics Anonymous Group

Series Program and suggested Readings

Week	Step	<i>Suggested Readings</i>
1 29-Jan-20	Step One (Part A)	"The Doctors Opinion" "There is a Solution" "Step 1" of the 12 x 12
2 5-Feb-20	Step One (Part B)	"There is a Solution" "More about Alcoholism" "Step 1" of the 12 x 12
3 12-Feb-20	Step Two	"We Agnostics" "Step 2" of the 12 x 12
4 19-Feb-20	Step Three	"How it Works" up to page 64 "Step Three" of the 12 x 12
5 26-Feb-20	Step Four (Part A)	"How it Works" pages 64 to 71 "Step Four" of the 12 x 12
6 4-Mar-20	Step Four (Part B)	"How it Works" pages 64 to 71 "Step Four" of the 12 x 12
7 11-Mar-20	Step Five	"Into Action" up to page 75 "Step Five of the 12 x 12
8 18-Mar-20	Steps Six and Seven	"Into Action" page 76 "Step Six" and "Step Seven of the 12 x 12
9 25-Mar-20	Steps Eight and Nine	"Into Action" pages 76 to 84 "Step Eight" and "Step Nine" of the 12 x 12
10 1-Apr-20	Step Ten	"Into Action" pages 84 to 85 "Step Ten" of the 12 x 12
11 8-Apr-20	Step Eleven	"Into Action" pages 85 to 88 "Step Eleven" of the 12 x 12
12 15-Apr-20	Step Twelve (Part A)	"Working With Others" "Step Twelve" of the 12 x 12
13 22-Apr-20	Step Twelve (Part B)	"Working With Others" "Step Twelve" of the 12 x 12