



Online Meetings - Everyday

Monday- Friday 7:30 City	City Daily Reflections AA Group https://zoom.us/j/840805223
Monday- Friday 12:30pm South Melbourne	South Melbourne Recovery AA Group https://zoom.us/j/840805223
Monday 12:30pm - City	Gallery group https://zoom.us/j/523331702
Monday- Friday 12:30pm South Melbourne	South Melbourne Recovery AA Group https://zoom.us/j/840805223
Monday 6:30am - Hampton	Hamptom Sunrise Meeting https://zoom.us/j/288812447
Monday 7:00am - Malvern East	Breakfast with Bob https://zoom.us/j/348664995
Monday 12:00pm - Geelong	Geelong into Action https://zoom.us/j/572896804
Monday 4:00pm Traralgon	Traralgon Womens AA Group https://zoom.us/j/811461040
Monday 6:00pm - City	Arts Centre AA Group https://zoom.us/j/867685069
Monday-Fri 6:00pm Ballarat	Ballarat Online/Phone Big Book AA Group Dial-in number (AU : (03 9028 0274 Access code: 507928# International dial-in numbers: https://fccdl.in/i/ballarataa Join the online meeting: https://join.freeconferencerecall.com/ballarataa Online meeting ID: ballarataa
Monday 6:15pm Fairfield	Fairfield Steps AA Group https://zoom.us/j/934932947
Monday 6:30pm - South Yarra	Steps 10, 11 & 12 ZOOM ID: 787384430
Monday 7pm Eltham	Eltham Discussion meeting https://zoom.us/j/890022623
Monday 7:00pm - Armadale	Pass it on AA Group https://zoom.us/j/738299331
Monday 7:00pm - Eltham	Eltham Monday ZOOM ID: 890022623
Monday 7:00pm - Seddon	Seddon Step ZOOM ID: 3841988035
Monday 7:30pm Preston	Preston Beginners Discussion AA Group https://zoom.us/j/519842427
Monday 7:30pm St Kilda	It's The First Drink St Kilda AA Group https://zoom.us/j/349225950

Online Meetings

Tuesday 12:30 South Yarra	Living Sober - South Yarra https://zoom.us/j/994608679
Tuesday 7:00pm Albert Park	Way Of Life AA Group Big Book Study https://zoom.us/j/668792649
Tuesday 7:00pm	ODAAAT Daily Reflection Meeting AA Group https://zoom.us/j/325748284
Monday 7:00pm - Sunbury	Sunbury Beginners AA Group https://zoom.us/j/558328182
Monday 7:30pm - Preston	Preston Beginners Discussion AA Group https://zoom.us/j/519842427
Monday 7:30pm - St Kilda	It's The First Drink St Kilda AA Group ZOOM ID: 349225950
Monday 8:00pm - Mooroolbark	Mooroolbark AA Group ZOOM ID: 682293145
Monday 8:00pm - Euroa	Euroa AA Group https://zoom.us/j/302666579
Tuesday 8:00pm Albert Park	Way Of Life AA Group Speaker meeting https://zoom.us/j/666280293
City Tuesday 07:30	Online meeting. Please use meeting ID 157815019 or https://zoom.us/j/157815019
City Tuesday 12:30	Online meeting Zoom Meeting ID: 523331702; https://zoom.us/j/523331702
South Melbourne Tuesday 12:30	This is now an online meeting only. Zoom meeting link https://zoom.us/j/840805223 ; https://zoom.us/j/840805223
South Yarra Tuesday 12:30	Online meeting ZOOM ID: 835344048; https://zoom.us/j/835344048
Williamstown Tuesday 12:30	Big Book Lunch Online meeting ZOOM ID: 5478190234; https://zoom.us/j/5478190234 By Phone - Call 03 7018 2005 and enter meeting ID
Geelong Tuesday 12:30	Daily Reflections Online meeting ZOOM ID: 187513052; https://zoom.us/j/187513052 Use Zoom link or phone 03 7018 2005 and enter the meeting ID



Online Meetings

Carlton Tuesday 19:00 Online meeting

ZOOM ID: 711344562;
<https://zoom.us/j/711344562>
Use Zoom link or phone 03 7018 2005 and enter the meeting ID

Romsey Tuesday 19:00 Recovery Discussion Online meeting

Zoom Meeting ID: 2556955988;
<https://zoom.us/j/2556955988>

Drysdale Tuesday 19:00 Online meeting

Zoom Meeting ID: 7529379689;
<https://zoom.us/j/7529379689>

Preston Tuesday 19:00 Online Meeting

ZOOM ID: 325748284;
<https://zoom.us/j/325748284>

Werribee Tuesday 19:30 Online meeting

Zoom Meeting ID: 9431190832;
<https://zoom.us/j/9431190832>

Berwick Tuesday 19:30 Big Book Study Online meeting

ZOOM ID: 491408124;
<https://zoom.us/j/491408124>
Use Zoom link or phone 03 7018 2005 and enter the meeting ID

Bendigo Tuesday 20:00 Motorcycle Group Online meeting

Zoom Meeting ID: 6138032021;
<https://zoom.us/j/6138032021>

Hampton Tuesday 20:00 Online connection available

ZOOM ID: 955066911;
<https://zoom.us/j/955066911>

Templestowe Tuesday 20:00 Online meeting

Zoom Meeting ID: 239610271;
<https://zoom.us/j/239610271>

Hampton Wednesday 06:30 Sunrise Meeting Online meeting

Zoom Meeting ID: 288812447;
<https://zoom.us/j/288812447>

Preston Wednesday 06:30 Online meeting

Zoom Meeting ID: 276652341;
<https://zoom.us/j/276652341>

City Wednesday 07:30 Online meeting.

Please use meeting ID 157815019 or
<https://zoom.us/j/157815019>;
<https://zoom.us/j/157815019>

Bentleigh Wednesday 09:30 Daily Reflections Meeting Online meeting

ZOOM ID: 950090329;
<https://zoom.us/j/950090329>

Online Meetings

Diamond Creek Wednesday 10:00 Beginners Online meeting

Zoom Meeting ID: 977692825;
<https://zoom.us/j/977692825>

Brunswick West Wednesday 11:00 Online meeting

Zoom Meeting ID: 835738038;
<https://zoom.us/j/835738038>

City Wednesday 12:30 Online meeting

Zoom Meeting ID: 523331702;
<https://zoom.us/j/523331702>

South Melbourne Wednesday 12:30 This is now an online meeting only.

Zoom meeting link
<https://zoom.us/j/840805223>

Richmond Wednesday 18:00 GLBTIQ AA discussion meeting Online meeting

Zoom Meeting ID: 136233190;
<https://zoom.us/j/136233190>

Clifton Hill Wednesday 19:00 Big Book Study Online meeting

ZOOM ID: 174433146;
<https://zoom.us/j/174433146>
By Phone - Call 03 7018 2005 and enter meeting ID

St Kilda Wednesday 19:00 Beginners Meeting Please join us via Zoom

ZOOM ID: 7469855252;
<https://zoom.us/j/7469855252>

Williamstown Wednesday 19:00 Online meeting

ZOOM ID: 626824668;
<https://zoom.us/j/626824668>

Mernda Wednesday 19:00 Online meeting

ZOOM ID: 4415848617;
<https://zoom.us/j/4415848617>
Use Zoom link or phone 03 7018 2005 and enter the meeting ID

Ocean Grove Wednesday 19:30 Discussion Meeting Online meeting

Zoom Meeting ID: 379503005;
<https://zoom.us/j/379503005>

Torquay Wednesday 19:30 Big Book Study Connect via Zoom

ZOOM ID: 637230784;
<https://zoom.us/j/637230784>

St Kilda Wednesday 19:30 Daily Reflections Zoom meeting link

<https://zoom.us/j/492130675>;
<https://zoom.us/j/492130675>

Ashburton Wednesday 20:00 Online meeting

Zoom Meeting ID: 3812212086;
<https://zoom.us/j/3812212086>



Online Meetings

Hawthorn Wednesday 20:00	Online meeting ZOOM ID: 3076929294; https://zoom.us/j/3076929294 Use Zoom link or phone 03 7018 2005 and enter the meeting ID
City Thursday 07:30	Online meeting. Please use meeting ID 157815019 or https://zoom.us/j/157815019 ; https://zoom.us/j/157815019
City Thursday 12:30	Online meeting Zoom Meeting ID: 523331702; https://zoom.us/j/523331702
South Melbourne Thursday 12:30	This is now an online meeting only. Zoom meeting link https://zoom.us/j/840805223 ; https://zoom.us/j/840805223
South Yarra Thursday 12:30	Online meeting ZOOM ID: 835344048; https://zoom.us/j/835344048
Prahran Thursday 17:45	Online meeting Zoom Meeting ID: 751121575; https://zoom.us/j/751121575
Albert Park Thursday 18:00	Men's Big Book Study Online meeting Zoom Meeting ID: 589071654; https://zoom.us/j/589071654
Mitcham Thursday 18:00	Daily Reflections Topic Online meeting Zoom Meeting ID: 634207725; https://zoom.us/j/634207725
Newport Thursday 18:30	Western Unity AA literature study Online meeting ZOOM ID: 197030946; https://zoom.us/j/197030946
Albert Park Thursday 19:00	Men's Meeting Online meeting Zoom Meeting ID: 589071654; https://zoom.us/j/589071654
Mount Martha Thursday 19:30	Meeting now online Zoom ID 374214545; https://zoom.us/j/374214545
Burwood East Thursday 19:30	Discussion meeting Online meeting Zoom Meeting ID: 858060543; https://zoom.us/j/858060543
Malvern East Thursday 19:30	Online meeting Zoom Meeting ID: 333836466; https://zoom.us/j/333836466

Online Meetings

Oakleigh Thursday 20:00	Oakleigh AA has been moved online during the COVID-19 Crisis ZOOM ID: 764681416; https://zoom.us/j/764681416
Hampton Friday 06:30	Sunrise Meeting Online meeting Zoom Meeting ID: 288812447; https://zoom.us/j/288812447
City Friday 07:30 Daily Reflections	Online meeting. Please use meeting ID 157815019 or https://zoom.us/j/157815019 ; https://zoom.us/j/157815019
Sunbury Friday 10:00	Beginners Big Book Online meeting Zoom Meeting ID: 677665684; https://zoom.us/j/677665684
Pakenham Friday 10:30	Online meeting Zoom Meeting ID: 9016121124; https://zoom.us/j/9016121124
City Friday 12:30	Online meeting Zoom Meeting ID: 523331702; https://zoom.us/j/523331702
South Melbourne Friday 12:30	This is now an online meeting only. Zoom meeting link https://zoom.us/j/840805223 ; https://zoom.us/j/840805223
Hampton Friday 18:30	Online meeting Zoom Meeting ID: 800628456; https://zoom.us/j/800628456
St Kilda Friday 18:30	Online meeting Zoom Meeting ID: 974679393; https://zoom.us/j/974679393
Northcote Friday 19:00	Online meeting Zoom Meeting ID: 276211129; https://zoom.us/j/276211129?pwd=N1lkYXZmYVJ4YlR2YUIMnlaTEl4dz09 Password 209742
Woodend Friday 19:30	As Bill Sees It Discussion Online meeting Zoom Meeting ID: 485688978; https://zoom.us/j/485688978
South Yarra Friday 20:00	GLBTIQ Meeting Online meeting Zoom Meeting ID: 698677644; https://zoom.us/j/698677644
Bendigo Friday 20:00	Online meeting Zoom Meeting ID: 6244624462; https://zoom.us/j/6244624462



Online Meetings

Heidelberg Friday 22:00 **The Late Meeting Online meeting**

Zoom Meeting ID: 385167468;
<https://zoom.us/j/385167468>

St Kilda Saturday 08:00

Breakfast meeting Online meeting link available

Zoom Meeting ID: 129910686;
<https://zoom.us/j/129910686>

Newport Saturday 08:30

As Bill Sees It Discussion Online meeting

ZOOM ID: 796464247;
<https://zoom.us/j/796464247>

Geelong Saturday 08:30

Online connection available

ZOOM ID: 526219796;
<https://zoom.us/j/526219796>

Fitzroy North Saturday 10:00

Join Zoom Meeting

Meeting ID: 830724744;
<https://zoom.us/j/830724744>

Albert Park Saturday 10:30

Women's Meeting Online meeting -

Zoom ID 549263178;
<https://zoom.us/j/549263178>

Caulfield North Saturday 10:30

Meeting has moved to an online format until further notice.

Zoom Meeting ID 496167199;
<https://zoom.us/j/496167199>

Ringwood East Saturday 12:00

Women's Meeting Online meeting

Zoom Meeting ID: 761862415;
<https://zoom.us/j/761862415>

Geelong Saturday 12:00

Online meeting

Zoom Meeting ID: 210156173;
<https://zoom.us/j/210156173>

Brunswick Saturday 16:30

Young people in recovery Now an online meeting

Zoom Meeting ID 664000381;
<https://zoom.us/j/664000381>

Fitzroy Saturday 17:00

Steps and Traditions Meeting Online meeting

Zoom Meeting ID: 369141325;
<https://zoom.us/j/369141325>

Torquay Saturday 17:00

Surfcoast Serenity is now Zoom Meeting!

Zoom ID 391988525;
<https://zoom.us/j/391988525>

Prahran Saturday 18:00

Online meeting

Zoom Meeting ID: 376733485;
<https://zoom.us/j/376733485>

Online Meetings

Somerville Saturday 18:00 **Online meeting**

Zoom Meeting ID: 679552037;
<https://us04web.zoom.us/j/679552037?pwd=TjIKaThDVkpOVjZd0YwSFQ2NlVrZz09>
Password: 113790

Barwon Heads Saturday 19:00

Online meeting

Zoom Meeting ID: 358879968;
<https://zoom.us/j/358879968>

Eaglehawk Saturday 19:00

Online meeting

ZOOM ID: 145822003;
<https://zoom.us/j/145822003>
Use Zoom link or phone 03 7018 2005 and enter the meeting ID

Eltham Saturday 20:00

To join our Zoom Meeting click this link <https://zoom.us/j/482377749>

Frankston Saturday 20:00

Daily Reflections Online meeting

Zoom Meeting ID: 689812518;
<https://zoom.us/j/689812518>

Sunday 7:00am - Hampton

Sunrise Meeting

Zoom Meeting ID 288812447

Sunday 7:00am - Preston

Zoom Meeting ID 850728666

Sunday 10:00am - Eltham

New

Spiritual Concepts meeting

Zoom Meeting ID 312323187

Sunday 10:30am - Dandenong

Spiritual Concept Meeting

Zoom Meeting ID 3563665524 (03) 7018 2005

Enter the Zoom ID 3563665524 when prompted.

Online, Spiritual Concept, Open, Sunday, Morning
Dandenong Spiritual Concept AA Group

Sunday 10:30am - South Yarra

Progress Not Perfection

Zoom Meeting ID 394896349

Sunday 11:00am - Mount Martha

Spiritual Concept Meeting

Zoom Meeting ID 549568771

Sunday 11:00am - Ringwood East

Croydon Sunday

Zoom Meeting ID 794658624

Sunday 11:00am - Castlemaine

Castlemaine Sunday

Zoom Meeting ID 583911055

Sunday 2:30pm - Belgrave

Belgrave Sunday

Zoom Meeting ID 802215117



Online Meetings

Sunday 2:30pm - Womens Meeting
Greensborough Zoom Meeting ID 796646534

Sunday 4:00pm - Women's Discussion Meeting
Ashburton Zoom Meeting ID
677101295?pwd=RUFKWFJkakYxR
0VqbTRxQIVVbkVIZz09
Password: 512027

Sunday 5:00pm - St Serenity Now AA Group
Kilda Zoom Meeting ID 116822029

Sunday 6:00pm - Men's Big Book Study
Armadales Zoom Meeting ID 716336209

Sunday 6:00pm - Laverton Primary Purpose Group
Laverton Zoom Meeting ID 665345856

Sunday 6:00pm - Geelong Sunday Recovery AA Group
Geelong Zoom Meeting ID 940290048

Sunday 6:00pm - Northern Mens AA Group
Northcote **Men's Steps Meeting**
Zoom Meeting ID 593484941

Sunday 6:30pm - Beginners Steps Discussion
Glen Waverley Zoom Meeting ID 557282633
<https://zoom.us/j/557282633>

Sunday 7:00pm - The Deal Mens AA Group
Armadales Zoom Meeting ID 716336209

Sunday 7:00pm - Hurstbridge Recovery AA Group
Hurstbridge Zoom Meeting ID 772179960

Sunday 7:00pm - Prahran Recovery AA Group
Prahran Zoom Meeting ID 482795525

11Sunday 7:00pm - Steps in Rosanna - Step
Rosanna **Steps Meeting**
Zoom Meeting ID 813397632

Sunday 7:00pm - Spotswood/Newport AA Group
Newport Zoom Meeting ID 8445046155

Sunday 8:00pm - Pakenham AA Group
Pakenham Zoom Meeting ID 89016121124

Melbourne 24 hour for AA members Discord - Voice and
chat room **Text Chat**
Click to join
<https://discord.gg/cTmJp6f>

Online Meetings

Wednesday 1st Apr Diamond Beginners Group Zoom
10:00am **Meeting**

Zoom Meeting ID: 977692825
<https://zoom.us/j/977692825>

Topics

1. Where do we find courage (Topic 17)
2. Gratitude
3. Why is Anonymity important (Topic 59) (Tradition 12) (Anonymity is the spiritual foundation of all our traditions, ever reminding us to place principles before personalities.)
Phone: 0433506797

Suggested Alcoholics Anonymous Beginners Questions

Drinking

1. How do I know I am an alcoholic?
2. What does it feel like to have a craving for more after the first drink?
3. What have we lost because of our drinking?
4. How did we try to hide our drinking?
5. How did our drinking affect other people?
6. What lies did we tell about our drinking?
7. How is isolation dangerous?
8. How is our drinking different from "normal" drinkers?
9. When did we realise we had lost control of our drinking?
10. How did we lose the trust of our families?
11. Why did we decide to stop drinking?

Stopping

1. How did we initially stop drinking?
2. How do we best cope with withdrawal from alcohol?
3. What was our experience of the first 10 days sober?
4. What was our experience of the first 30 days sober?
5. What medical or other help did we need to stop drinking?
6. In early days, how did we cope with the urge to drink?
7. How do we deal with people who don't understand and want us to drink?
8. What is our experience with aches and pains, sleeplessness, or other physical symptoms in early sobriety?
9. What do we do at times and places where there is alcohol around?
10. What did we find helpful in early days of sobriety?

11. How to we handle parties and other events in early sobriety?
12. How do we explain to other people why we decided not to drink?
13. How have we managed big changes in early sobriety?
14. How many meetings do we need?

Step One

1. Why do we need abstinence?
2. What made us admit defeat?
3. What were the consequences of our craving for alcohol?
4. How were we obsessed with alcohol?
5. What is an example of having "no defence against the first drink"?
6. What excuses have we used to relapse?
7. What do we identify with when listening to other members?
8. What does it mean to be "powerless over alcohol"?
9. Why is honesty important to our sobriety?
10. How did we take Step One?

Hope

11. When did we find hope?
12. What have we learnt from older members?
13. What have we learnt from newcomers?
14. Why do we need a Higher Power?
15. How does the program work?
16. What do we pray for?
17. Where do we find courage?
18. Where do we find inspiration to stay sober?
19. How do we choose an AA Home Group?
20. What do we need to do to stay sober?
21. How did we stop relapsing?
22. What does AA promise?

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Friday 3rd Apr Working With Others AA Group -
7:30pm Beginners Steps Meeting - Online

This week's topic - "What are some personal examples of having no defence against the first drink?"
Online from Heidelberg
Use Zoom link

<https://zoom.us/j/558664634>

This is a Beginners Steps meeting where newcomers can find out more about AA's 12 Step program.

Working With Others AA Group

Beginners Steps Discussion Meeting

7:30pm Friday
3rd April, 2020

Use Zoom link

<https://zoom.us/j/558664634>

This week's question:

"What are some personal examples of having no defence against the first drink?"

Group website: www.aagroup.org.au
Group Contact Number: (03) 9028 2212



Sunday 5th Apr 2:00pm Step Four Workshop - Illustrated Steps

With Chris & David - live from Mill Park
Check back here on the AATimes for Zoom link on the day.

Confused about inventory?
See how it's done from the Big Book.

Zoom ID 415 776 321
<https://zoom.us/j/415776321>

Illustrated Steps
Step Four Workshop
With Chris and David
Confused about inventory?
See how it's done from the Big Book.
2:00pm Sunday 5th April
Online on Zoom
Check AATimes for Zoom Link

I'M RESENTFUL AT	THE CAUSE	AFFECTS MY	MY PART
Mr. Brown	His attention to my wife. Told my wife of my mistress. Brown may get my job on the office.	Sex relations. Self-esteem (fear). Sex relations. Self-esteem (fear). Security. Self-esteem (fear).	
Mrs. Jones	She's a nut - she snubbed me. She committed her husband for drinking. He's my friend. She's a gossip.	Personal relationship. Self-esteem (fear).	
My Employer	Unreasonable - Unjust - Overbearing - Threatens to fire me for drinking and paying my expense account.	Self-esteem (fear). Security.	
My Wife	Misunderstands and nags. Likes Brown. Wants house put in her name.	Pride - Personal sex relations - Security (fear).	

Monday 6th Apr 7:30pm Inner City District Meeting

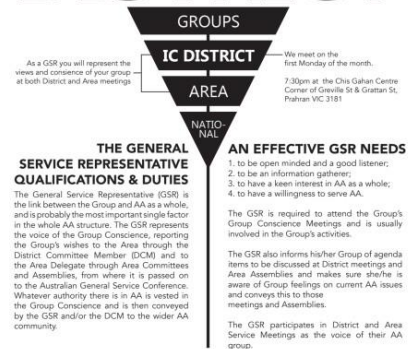
All members welcome, especially GSRs
Online Meeting
Via Zoom

Zoom Link
<https://us04web.zoom.us/j/6025404012>

Have your groups say in AA, please send a Group Service Representative to assist Inner City District to better help alcoholics.

mail@aainnercity.com
Mark M - 0407 955 512

EVERY AA GROUP has a voice, have your say at INNER CITY DISTRICT



For more info email:
mail@aainnercity.com
For all contributions,
Account name: Melbourne Inner City District AA
BSB: 033 109
Account number: 288688
Please use group name as reference so your donation can be identified.

Sunday 5th Apr 7:00pm Steps in Rosanna - Step 12

chaired by Ali from Hurstbridge
Rosanna Fire Station Community House
232 Lower Plenty Road, Rosanna (map)

Zoom Meeting ID 813397632
<https://zoom.us/j/813397632>

Phone: 0412811237

ONLINE!
Steps in Rosanna
Step 12
5 April

This series will be chaired by Ali from Hurstbridge

Join us on
Sunday, 5 April
from 7:00 PM
to 8:30 PM

Online via Zoom - ID 813397632

Each week, we discuss one or two steps.
Great for newcomers and old-timers alike.

Rosanna Fire Station Community House
232 Lower Plenty Road, Rosanna

Thursday 16th Apr 8:00pm Oakleigh 64th Anniversary - Now online

Online Meeting
From Oakleigh

Zoom ID: 764681416
<https://zoom.us/j/764681416>

OAKLEIGH
THURSDAY 16TH APRIL 2020
64th ANNIVERSARY @ 8 PM

Online
Zoom ID 764681416

All Welcome
Great Night Assured
Bring A Plate & A Friend