



**Powerless over alcohol**

**Restored to sanity**

Admitting this is true

Believing this is possible

Living in the solution

By step ten, sanity has returned

- Step One
- Step Two
- Step Three
- Step Four
- Step Five
- Step Six
- Step Seven
- Step Eight
- Step Nine
- Step Ten
- Step Eleven
- Step Twelve

Physical craving  
Mental obsession

**House Cleaning**

Taking inventory and sharing it.  
Being ready to change and praying for help.  
Looking for the harm we've done and making amends.

Continuing inventory.  
Prayer and meditation.  
Practicing these principles.  
Helping others.

Deciding to go on

Daily program

# Sunday Steps Studio

## Steps Two & Three

A visual workshop presented live online by experienced Melbourne AA members Chris and David.

This workshop is a simple overview of the second and third steps using readings from the Big Book of Alcoholics Anonymous.

For newcomers the workshop provides a vision of AA's spiritual program before they launch into the steps themselves. And for older members, it's a refresher on how to keep the program simple when carrying the message on to others.

# 7<sup>th</sup> February 2021

## 2:00pm AEDT

**Join via Zoom ID 415 776 321**

Join Zoom Meeting