



## November 2022

**Monday 28th Nov 6:30pm** **Outer Eastern District (Vic) Monthly Meeting**  
**See flyer next page** GSRs and interested AA members - come and join our meeting on last Monday of each month, online at 6.30pm  
 Zoom ID: 436 775 7038, Password: 88  
<https://zoom.us/j/4367757038>

**Tuesday 29th Nov 7:30pm** **Peace of Mind Group - Try Meditation Evening**  
**See yer next page** Practise Step 11 - opportunity for newcomers and older members to share tips & experiences  
 St Josephs Hall South Yarra  
 Fitzgerald Street, South Yarra  
 Patrick B 0419 390 22

**Wednesday 30th Nov 4:00pm** **Sisterhood in Recovery - Online Topic Meeting**  
**See flyer next page** Topic: Tradition Eleven  
 Online from Melbourne  
 Zoom Meeting ID: 836 9632 4570  
<https://zoom.us/j/83696324570>  
 Email to request password  
[sisterhoodinrecoveryonline@gmail.com](mailto:sisterhoodinrecoveryonline@gmail.com)  
 Waiting room open from 3:45pm

## December 2022

**Thursday 1st Dec 6:30pm** **46th Anniversary Galiamble and Winja AA Meeting**  
**See flyer next page** Guest speakers and light refreshments provided  
 St Kilda Town Hall  
 99A Carlisle Street St , St Kilda VIC 3182  
 (Corner Carlisle Street and Nepean Hwy)  
[galiamble@ngwala.org.au](mailto:galiamble@ngwala.org.au)  
 Galiamble Staff 03 9534 1602

**Thursday 1st Dec 7:00pm** **Steps on Uni Hill - Step Eleven**  
**See flyer next page** Janefield Community Centre  
 2 Manchester Cres, Bundoora VIC 3083  
 "On awakening let us think about the twenty-four hours ahead. We consider our plans for the day."

**Thursday 1st Dec 8:00pm** **Geensborough 42nd Anniversary**  
**See flyer next page** Grace Park Hall, Duncan Avenue Reserve  
 135 Henry St, Greensborough  
 (Cnr Henry St and Duncan Ave  
 Entry via Duncan Ave)  
 Bring a plate and a friend

**Friday 2nd Dec 7:30pm** **Working With Others AA Group - Beginners Steps Discussion Meeting**  
**See flyer next page** This week's topic: What convinced us to try the steps?  
 St Johns Anglican Church Heidelberg  
 1 Burgundy St, Heidelberg  
 (Near cnr Rosanna Road)  
 This is a Beginners Steps meeting where newcomers can find out more about AA's 12 Step program.  
 Group Contact Number: (03) 9028 2212

## December 2022 (continued)

**Saturday 3rd Dec 11:30am** **Mildura Combined Meetings Anniversary**  
**See flyer next page** And welcome Alanon participation  
 Chivell House, Church of Christ  
 131 Deakin Ave, Mildura  
 11am - Welcome cuppa  
 11.30am - 1pm Topic Meeting  
 1pm - 3pm - Lunch ( gold coin donation )  
 3pm - ID Meeting  
 Contact: 0438 256 205, or 0431 104 674

**Saturday 3rd Dec Meeting 1:30pm** **Parkdale Ladies Gentle Yoga & Meditation**  
**See flyer next page** Step 11 Meditation  
 St.David's Parkdale Church Hall  
 128 Parkers Road, Parkdale Vic 3195  
 Zoom Meeting ID: 825 0566 4305  
 Password: 042154  
 7th Tradition Donation. BYO yoga mat, cushion, blanket. Ph: 417773553

**Sunday 4th Dec 11:30am** **Area D Workshop and Assembly**  
**Workshop 11:30am** 11:30am Concepts Workshop and 1:00pm Assembly  
**Assembly 1:00pm** Bacchus Marsh Public Hall  
 207 Main Street, Bacchus Marsh  
[theareadsecretary@gmail.com](mailto:theareadsecretary@gmail.com)

**Sunday 4th Dec 6:30pm** **Beginners Steps Discussion Meeting**  
**See flyer next page** This week's topic - What did we do after taking step three?  
 Mount Street Neighbourhood House  
 5 Panoramic Grove Glen Waverley  
 (Alternative entrance 6 Mount Street)  
 Group Contact Number: (03) 9028 2212

## New Meetings

<b>Thomastown</b>	<b>Friday 7:30pm</b>	<b>Brotherhood in Recovery Mens Meeting</b> Barry Road Community Activity Centre, 36 Barry Rd, Thomastown VIC 3074,
<b>Yarraville</b>	<b>Tuesday 7:30pm</b>	<b>Yarraville Step 11 Meditation</b> Yarraville Senior Citizens Centre 48 Fehon St, Yarraville VIC

## Recently changed meetings

<b>Frankston</b>	<b>Friday 7:30pm</b>	<b>Frankston Beginners Friday</b> Ebdale Community Hub 20 Ebdale St, Frankston VIC (Was Frankston Uniting Church (MainHall), 16-18 High St, Frankston)
<b>Rochester</b>	<b>Tuesday 8:00pm</b>	<b>Rochester Tuesday In-person</b> Nanneella Memorial Hall 480 Echuca-Nanneella Rd, Nanneella (Was Rochester Community House, 43 MacKay St, Rochester VIC )
<b>Online from Melbourne</b>	<b>Sunday Thursday 8:00pm (Was 9:00pm)</b>	<b>On Retiring At Night 20 Min Meditation Online Sunday</b> Zoom Meeting ID: 737 1364 4056 Passcode: 164

## Meetings recently closed down

<b>St Kilda</b>	<b>Sat 4:30pm</b>	<b>Chapter 7 St Kilda Saturday</b> (Was at Uniting Church 163 Chapel St)
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To receive a free copy of this newsletter via email each week, contact [editor@aatimes.org.au](mailto:editor@aatimes.org.au)

Page 1 of 2

AA Times is available for download at [www.aatimes.org.au](http://www.aatimes.org.au) and is emailed once a week to those who request a copy. For further information or to have events and information included in AA Times, go to the website or email [editor@aatimes.org.au](mailto:editor@aatimes.org.au). AA Times is produced by AA members as a free service to members and others interested in the activities of AA groups in Victoria. All reasonable effort is made to keep this information up to date and correct. Please let us know about errors or omissions.

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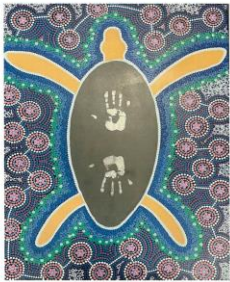


# AA Times

Alcoholics Anonymous Events in Victoria, Australia

28th November 2022

Available online at  
[www.aatimes.org.au](http://www.aatimes.org.au)



**NGWALA WILLUMBONG WOULD LIKE TO INVITE YOU TOO THE 46TH ANNIVERSARY GALIAMBLE AND WINJA AA MEETING**

Please join us for celebration of the 46th annual Galiamble AA meeting at St Kilda Town Hall.

Guest speakers will be invited from the community to talk on the night and some light refreshments, tea and coffee will be provided.

Come along to have a yarn with some old friends and celebrate our anniversary.

**LET'S HEAL TOGETHER FOR TODAY KEEP IT SIMPLE RECOVERY IS THE KEY**

Thursday 1st December 2022 at 6:30pm – 9:30pm

Doors open at 6:30pm, Meeting starts at 7:30pm

Where: St Kilda Town Hall, 99A Carlisle St, St Kilda 3182



No one can attend the meeting under the influence of Alcohol please respect others

NEW MEETING

## BROTHERHOOD IN RECOVERY

THOMASTOWN MENS I.D MEETING

Starts Friday 2<sup>ND</sup> DEC 2023 - 7:30 – 9:00pm

Barry Road Community Activity Centre

36 Barry Road, Thomastown 3074

Gem: 0468 342 223 - Colin: 0490 058 114



TRY MEDITATION EVENING

Join other members to meditate and practise Step 11

7.30 pm, Tuesday, 29 November



We welcome you to PEACE OF MIND MEDITATION GROUP in SOUTH YARRA at 7.30 PM, TUESDAY NIGHTS

Venue: St Joseph's Hall, Fitzgerald Street, South Yarra – follow the signs when you arrive, we're in a new room being the main hall itself.

The meeting begins with a short meditation followed by sharing on Step 11 or on your recovery in general. It is a one-hour meeting.

The type and length of meditation varies from week to week, e.g. 8 – 15 minutes usually, live or recorded, it could be guided or just using silence to meditate, contemplate or reflect.

You don't need to have completed the other Steps if you want to practise Step 11. Everyone welcome.

We would love to see as many newcomers and members as possible on the 29<sup>th</sup> as an opportunity for everyone there to pass on or pick up tips on meditation and practising Step 11 and have a cup of tea too.

## Steps on UNI HILL

7pm Thursday 1<sup>st</sup> Dec

## Step Eleven



“On awakening let us think about the twenty-four hours ahead. We consider our plans for the day.”

AA Steps Meeting every Thursday @ 7:00pm  
Janefield Community Centre  
2 Manchester Cres, Bundoora VIC 3083

Steps on Uni Hill Alcoholics Anonymous Group phone: 0414 948 345  
unihill.aagroup.org.au email: unihill@aagroup.org.au

ALCOHOLICS ANONYMOUS OUTER EASTERN DISTRICT

MONTHLY DISTRICT MEETING

Held online, on the last Monday evening of every month at 6:30pm

ZOOM DETAILS  
ID 436 775 7038  
PASSCODE 88

CSR's and interested AA members - please come join our monthly Outer Eastern District Meeting being held on the last Monday of every month at 6:30pm on ZOOM.

If you are interested in AA service and carrying the message to the suffering alcoholic - WE NEED YOU! All welcome. "AA is more than a set of principles; it is a society of alcoholics in action" (Inside AA Australia pamphlet, 2014, p. 3)

## Beginners Steps Discussion Meeting

7:30pm Friday  
2nd December, 2022

St Johns Anglican Church  
1 Burgundy St, Heidelberg  
Working With Others AA Group  
Website: [www.aagroup.org.au](http://www.aagroup.org.au)  
Group Contact: (03) 9028 2212

Question this week:  
**What convinced us to try the steps?**

Working With Others AA Group

## Beginners Steps Discussion AA Meeting

Mount Street Neighbourhood House  
Enter through 5 Panoramic Grove  
Glen Waverley  
(Alternative entrance 6 Mount Street)

6:30pm Sunday  
4th December, 2022

Topic this week:

**What did we do after taking step three?**

Group website: [www.aagroup.org.au](http://www.aagroup.org.au)  
Group Contact Number: (03) 9028 2212

1<sup>ST</sup> DEC 8PM

Bring a plate, Bring a friend !!

## GREENSBOROUGH

4<sup>2</sup>nd ANNIVERSARY

Grace Park Hall  
Duncan Avenue Reserve  
135 Henry St, Greensborough VIC  
Cnr Henry St and Duncan Ave (entry via Duncan Ave)

MILDURA ALCOHOLICS ANONYMOUS ANNIVERSARY

Combined Mildura Meetings  
And welcome Alanon participation

Date: Saturday 3<sup>rd</sup> December 2022  
Venue: Chivel House next door to Church of Christ  
131 Deakin Ave, Mildura VIC 3500

7:1am Welcome Cuppa  
7:30am – 1pm Topic Meeting  
1pm – 3pm Fellowship Lunch - (gold coin donation)  
3pm – 4:30pm ID Meeting

Contact: 0438 256 205 or 0431 104 674

**PARKDALE LADIES**  
AA Meeting followed by Meditation & Gentle Yoga

Also join by Zoom ID: 825 0566 4305 call Jackie 0417 773 553 for passcode

GENTLE & NURTURING MOVEMENT, BREATHING & MEDITATION Every Saturday

NO EXPERIENCE NECESSARY 128 Parkers Road, Parkdale Victoria

BYO MAT, CUSHION, BLANKET, (CHAIRS AVAIL) Meeting 1.30pm

7TH TRADITION DONATION Yoga 3.20pm AEDT

**NO BOOKINGS NECESSARY**

*Sisterhood in Recovery*  
International Women's Online Topic Meeting

Topic: Tradition Eleven  
“Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press, radio, and films.”

Wednesday 30th of November 2022  
Waiting Room Opens 3:45pm  
Meeting 4pm-5pm AEST

Zoom Meeting  
ID: 836 9632 4570  
Password: Via email by 3:45pm to  
[sisterhoodinrecoveryonline@gmail.com](mailto:sisterhoodinrecoveryonline@gmail.com)